

Medication Management Reviews

Domiciliary Medication Management Review (DMMR) – MBS Item 900

A DMMR, also known as a Home Medication Review (HMR), is a collaborative medication review for eligible patients living in the community.



Steps for initiating and claiming a HMR/DMMR (Item 900)

1. Identify patient as being a subject to a chronic medical condition and/or complex medication regimen but their therapeutic goals are not being met
2. With patient's consent, create HMR referral including the relevant clinical information required for the review (cheat sheet available on request – please email pcait@snhn.org.au to access)
3. Refer patient to a Credentialed Pharmacist ([Sydney North Health Network Directory of Credentialed Pharmacists](#))
4. Develop a written medication management plan following discussion with patient
5. Claim Item 900

Benefits are payable only once in each 12 month period, except where there has been a significant change in the patient's condition or medication regimen requiring a new DMMR.

Who is eligible?

Patients who:

- currently take five or more regular medications
- take more than 12 doses of medication per day
- have had significant changes to their medication treatment regimen in the last three months
- take medication with a narrow therapeutic index or medications requiring therapeutic monitoring
- are experiencing symptoms suggestive of an adverse drug reaction
- are displaying sub-optimal response to treatment with medicines
- are suspected of non-compliance or inability to manage medication related therapeutic devices
- have difficulty managing their own medicines because of literacy or language difficulties, dexterity problems or impaired sight, confusion/dementia or other cognitive difficulties
- attend a number of different doctors, both general practitioners and specialists
- have been recently discharged from a facility or hospital (in the last four weeks).