

WILLOUGHBY LOCAL GOVERNMENT AREA HEALTH PROFILE

Willoughby Local Government Area (LGA) is one of 9 LGAs in the Sydney North Health Network (SNHN) region.

Key Areas: A large culturally and linguistically diverse (CALD) population, bowel cancer screening rates, and financial stress from mortgage or rent

HEALTH DRIVERS

Willoughby LGA is an affluent area, ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage. There is a small area of comparatively high socio-economic disadvantage in the suburbs of Chatswood and Artarmon.



1.6% of people aged 16-64 years receive unemployment benefits
SNHN: 1.8%; NSW: 5.2%



50.1% of people aged 17 years participating in tertiary education
SNHN: 44.4%; NSW: 29.4%



39.7% of low-income families experience financial stress from mortgage or rent
SNHN: 35.1%; NSW: 31.9%

VULNERABLE GROUPS

Children

2.8% (433) of children in low-income, welfare-recipient families
SNHN: 2.9%; NSW: 11.7%



Older People

15.8% (11,929) of the total population aged 65+ years
SNHN: 17.4%; NSW: 17.5%

Between 2021-2041, there will be an increase of **43.1%** in the 65+ years population
SNHN: 57.8%; NSW: 55.4%



Disability

3.9% of the population have severe or profound disability
SNHN: 3.9%; NSW: 5.8%



HEALTH RISK FACTORS



Obesity
17.9 per 100 (18+ years) obese
SNHN: 20.1; NSW: 30.9



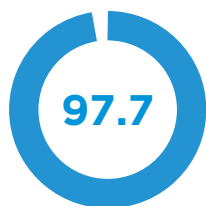
Alcohol
14.5 per 100 (18+ years) engaging in high risk drinking
SNHN: 16.6; NSW: 15.5



Smoking
7.7 per 100 (18+ years) current smokers
SNHN: 7.9; NSW: 14.4

CHILDHOOD IMMUNISATION

IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%



1-year-old

97.7% fully immunised
SNHN: 96.5%
NSW: 95.5%



2-years-old

94.8% fully immunised
SNHN: 93.8%
NSW: 91.7%



5-years-old

94.6% fully immunised
SNHN: 94.5%
NSW: 95.1%

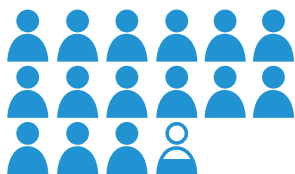
CANCER SCREENING

Bowel cancer screening participation rate among people aged **50-74 years in Willoughby (35.9%)** is lower than the SNHN (38.6%) rate and similar to the NSW (35.4%) rate.

Cervical cancer screening participation rate among women aged **20-69 years (58.6%)** is lower than the SNHN rate (62.7%) and higher than the NSW rate (55.9%).

Breast cancer screening participation rate among women aged **50-74 years in Willoughby (40.9%)** is similar to the SNHN (41.8%) rate and lower than the NSW (46.1%) rate.

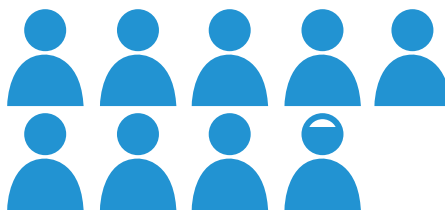
MENTAL HEALTH



15.3 per 100

(15+ years) report mental and behavioural problems

SNHN: 15.7; NSW: 18.8



8.9 per 100

(18+ years) report high or very high psychological distress

SNHN: 8.9; NSW: 12.4

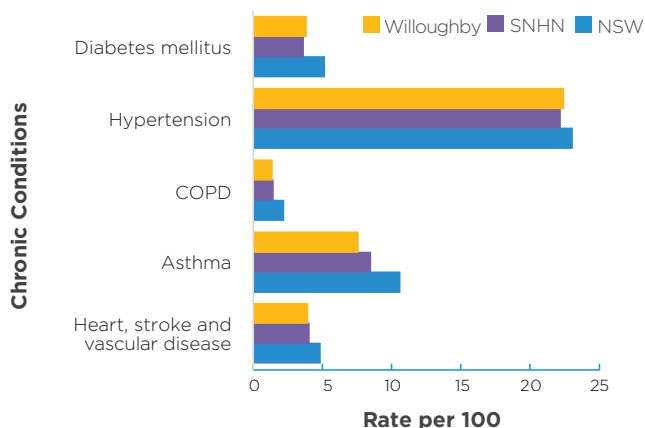


2,654 per 100,000

mental health related hospitalisations

SNHN: 2,515; NSW: 2,048

CHRONIC CONDITIONS



POTENTIALLY PREVENTABLE HOSPITALISATIONS



1,554 per 100,000

NSW: 2,064 per 100,000

PRIMARY HEALTHCARE



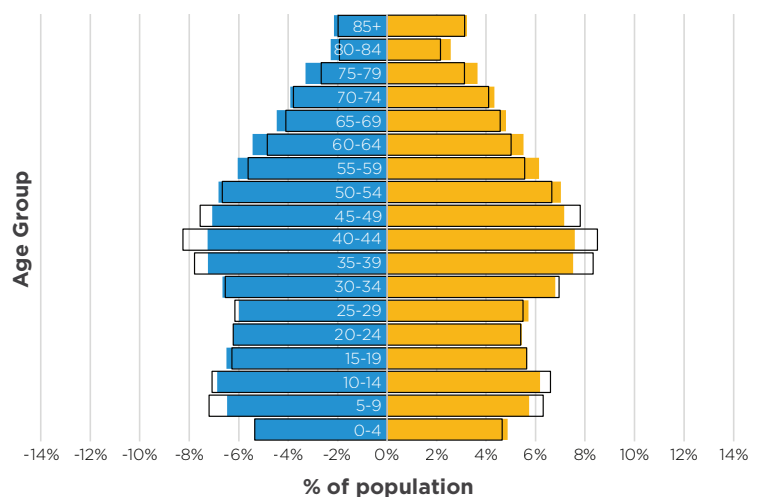
27 GP practices in the Willoughby region

208 GPs per 100,000 people

SNHN: 144 per 100,000 people; NSW: 123 per 100,000 people

DEMOGRAPHY

Age structure comparison by sex for Willoughby and SNHN



Willoughby females SNHN females Willoughby males SNHN males

Total population 75,473. Between 2021-2041, the total population will increase by 10.1% to 89,235
SNHN: 13%; NSW: 20.9%

Area: 22.4 km²

CALD

Willoughby LGA has a higher proportion of people culturally and linguistically diverse (38.3%) compared to the SNHN region (29%) and NSW (23%). The largest culturally and linguistically diverse groups are Chinese and Indian.

6.3% of people born overseas report poor proficiency in English

SNHN: 3.8%; NSW: 4%

Aboriginal

0.3% (207) of the population identify as Aboriginal and Torres Strait Islander
SNHN: 0.5%; NSW: 3.4%



Sources

- Australian Bureau of Statistics (ABS) 2022, *Census of Population and Housing 2021*, ABS, Canberra, viewed October 2022, <https://www.abs.gov.au>.
- Australian Bureau of Statistics (ABS) 2023, *Regional Population by Age and Sex, Australia*, cat no. 3235, viewed October 2023.
- Cancer Institute NSW 2022, *Reporting for Better Cancer Outcomes Performance Report 2023 Northern Sydney Primary Health Network*, Cancer Institute NSW, Sydney.
- Centre for Epidemiology and Evidence 2022, *Health Statistics New South Wales*, NSW Ministry of Health, Sydney, viewed November 2023, www.healthstats.nsw.gov.au.
- Department of Health 2023, *Health Workforce- Online Data Tool*, Department of Health, Canberra, viewed October 2023, hwd.health.gov.au/webapi/jsf/login.xhtml.
- NSW: Department of Planning & Environment 2022, *2020 New South Wales State and Local Government Area population and household projections*, NSW Planning Department of Planning & Environment, Sydney, viewed September 2022.
- Public Health Information Development Unit (PHIDU) 2023, *Social Health Atlas of Australia* September 2023 release, PHIDU, Adelaide, viewed November 2023, phidu.torrens.edu.au/social-health-atlases.