

# NORTHERN BEACHES LOCAL GOVERNMENT AREA HEALTH PROFILE

Northern Beaches Local Government Area (LGA) is one of 9 LGAs in the Sydney North Health Network (SNHN) region. Northern Beaches LGA was formed in May 2016 through the merger of Manly, Pittwater and Warringah LGAs.

**Key Areas: Childhood immunisation rates, obesity and risky alcohol consumption**

## HEALTH DRIVERS

**Northern Beaches LGA is an affluent area** ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage. There is a small area of comparatively high socio-economic disadvantage in the suburbs of Narrabeena, Narrabeen, Brookvale and Allambie Heights.



**1.7%** of people aged 16-64 years receive unemployment benefits  
**SNHN: 1.8%; NSW: 5.2%**



**37.1%** of people aged 17 years participating in tertiary education  
**SNHN: 44.4%; NSW: 29.4%**



**27.3%** of low-income families experience financial stress from mortgage or rent  
**SNHN: 35.1%; NSW: 31.9%**

## VULNERABLE GROUPS

### Children

**2.5% (1,337)** of children in low-income, welfare-recipient families  
**SNHN: 2.9%; NSW: 11.7%**



### Older People

**18.0% (47,445)** of the total population aged 65+ years  
**SNHN: 17.4%; NSW: 17.5%**  
Between 2021-2041, there will be an increase of **62.3%** in the 65+ years population  
**SNHN: 57.8%; NSW: 55.4%**



### Disability

**3.9%** of the population have severe or profound disability  
**SNHN: 3.9%; NSW: 5.8%**



## HEALTH RISK FACTORS



**Obesity**  
**21.7 per 100** (18+ years) obese  
**SNHN: 20.1; NSW: 30.9**



**Alcohol**  
**21.2 per 100** (18+ years) engaging in high risk drinking  
**SNHN: 16.6; NSW: 15.5**



**Smoking**  
**8.9 per 100** (18+ years) current smokers  
**SNHN: 7.9; NSW: 14.4**

## CHILDHOOD IMMUNISATION

**IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%**



**1-year-old**

**95.5%** fully immunised  
**SNHN: 96.5% NSW: 95.5%**



**2-years-old**

**93.1%** fully immunised  
**SNHN: 93.8% NSW: 91.7%**



**5-years-old**

**94.1%** fully immunised  
**SNHN: 94.5% NSW: 95.1%**

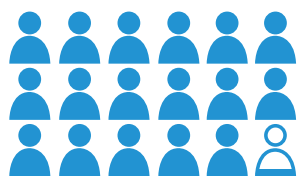
## CANCER SCREENING

**Bowel cancer screening** participation rate among people aged **50-74 years in the Northern Beaches (40.8%)** is higher than both SNHN (38.6%) and NSW (35.4%) rates.

**Cervical cancer screening** participation rates among women aged **20-69 years in Manly (68%), Pittwater (68.5%) and Warringah (65.4%)** are higher than both SNHN (62.7%) and NSW (55.9%) rates.

**Breast cancer screening** participation rate among women aged **50-74 years in the Northern Beaches (41.4%)** is similar to the SNHN (41.8%) rate and lower than the NSW (46.1%) rate.

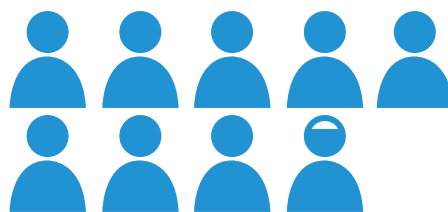
## MENTAL HEALTH



**17.1 per 100**

(15+ years) report mental and behavioural problems

**SNHN: 15.7; NSW: 18.8**



**8.9 per 100**

(18+ years) report high or very high psychological distress

**SNHN: 8.9; NSW: 12.4**

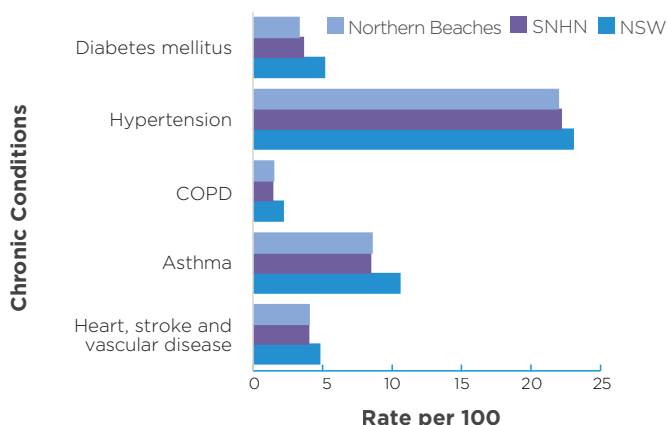


**2,334 per 100,000**

mental health related hospitalisations

**SNHN: 2,515; NSW: 2,048**

## CHRONIC CONDITIONS



## POTENTIALLY PREVENTABLE HOSPITALISATIONS



**1,625 per 100,000**

NSW: 2,064 per 100,000

## PRIMARY HEALTHCARE



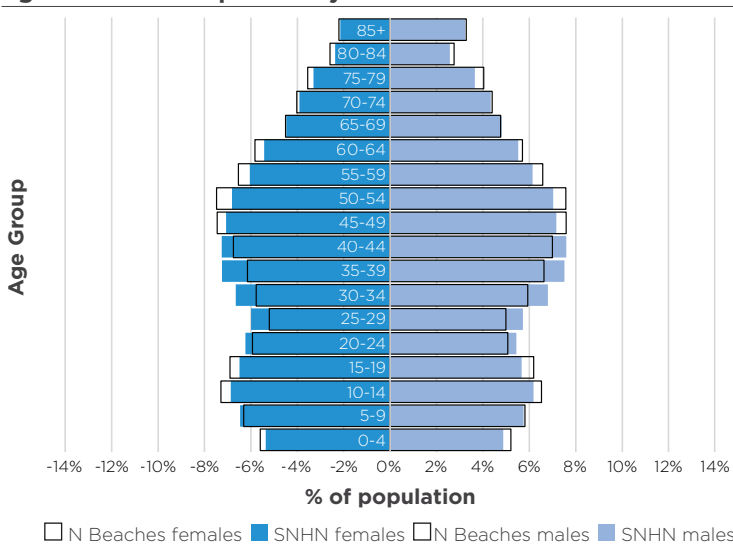
**65** GP practices in the Northern Beaches region

**123 GPs per 100,000 people**

**SNHN: 144 per 100,000 people; NSW: 123 per 100,000 people**

## DEMOGRAPHY

### Age structure comparison by sex for Northern Beaches and SNHN



### CALD

15.4% of the population is from a culturally and linguistically diverse background (SNHN: 29%; NSW: 23%)

The largest culturally and linguistically diverse groups are Chinese and Brazilian.

1.2% of people born overseas report poor proficiency in English

**SNHN: 3.8%; NSW: 4%**

### Aboriginal

**0.6% (1,706)** of the population identify as Aboriginal and Torres Strait Islander

**SNHN: 0.5%; NSW: 3.4%**

**Area: 254.2 km<sup>2</sup>**

**Total population 263,298.** Between 2021-2041, the total population will increase by 5.7% to 289,529

**SNHN: 13%; NSW: 20.9%**

## Sources

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