

# NORTH SYDNEY LOCAL GOVERNMENT AREA HEALTH PROFILE

North Sydney Local Government Area (LGA) is one of 9 LGAs in the Sydney North Health Network (SNHN) region.

**Key Areas: Childhood immunisation rates, financial stress from mortgage or rent, and breast and bowel cancer screening rates**

## HEALTH DRIVERS

**North Sydney LGA is an affluent area**, ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage. There is a small area of comparatively high socio-economic disadvantage in the suburb of Kirribilli.



**1.5%** of people aged 16-64 years receive unemployment benefits  
**SNHN: 1.8%; NSW: 5.2%**



**49.7%** of people aged 17 years participating in tertiary education  
**SNHN: 44.4%; NSW: 29.4%**



**42.8%** of low-income families experience financial stress from mortgage or rent  
**SNHN: 35.1%; NSW: 31.9%**

## VULNERABLE GROUPS

### Children

**2.4% (219)** of children in low-income, welfare-recipient families  
**SNHN: 2.9%; NSW: 11.7%**



### Older People

**16.9% (11,752)** of the total population aged 65+ years  
**SNHN: 17.4%; NSW: 17.5%**  
Between 2021-2041, there will be an increase of **50.2%** in the 65+ years population  
**SNHN: 57.8%; NSW: 55.4%**



### Disability

**2.5%** of the population have severe or profound disability  
**SNHN: 3.9%; NSW: 5.8%**



## HEALTH RISK FACTORS



**Obesity**  
**18.9 per 100** (18+ years) obese  
**SNHN: 20.1; NSW: 30.9**



**Alcohol**  
**19.8 per 100** (18+ years) engaging in high risk drinking  
**SNHN: 16.6; NSW: 15.5**



**Smoking**  
**7.9 per 100** (18+ years) current smokers  
**SNHN: 7.9; NSW: 14.4**

## CHILDHOOD IMMUNISATION

**IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%**



**1-year-old**  
**95.9%** fully immunised  
**SNHN: 96.5% NSW: 95.5%**



**2-years-old**  
**93.6%** fully immunised  
**SNHN: 93.8% NSW: 91.7%**



**5-years-old**  
**93.4%** fully immunised  
**SNHN: 94.5% NSW: 95.1%**

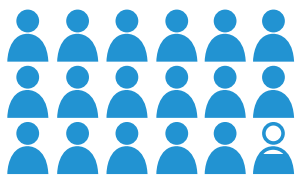
## CANCER SCREENING

**Bowel cancer screening** participation rate among people aged **50-74 years in North Sydney (36.7%)** is lower than the SNHN (38.6%) rate and higher than the NSW (35.4%) rate.

**Cervical cancer screening** participation rate among women aged **20-69 years (62.1%)** is similar to the SNHN rate (62.7%) and higher than the NSW rate (55.9%).

**Breast cancer screening** participation rate among women aged **50-74 years in Northern Sydney (40.2%)** is lower than both SNHN (41.8%) and NSW (46.1%) rates.

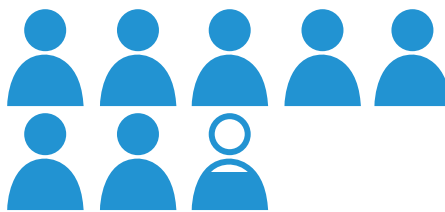
## MENTAL HEALTH



**17.6 per 100**

(15+ years) report mental and behavioural problems

SNHN: 15.7; NSW: 18.8



**7.6 per 100**

(18+ years) report high or very high psychological distress

SNHN: 8.9; NSW: 12.4

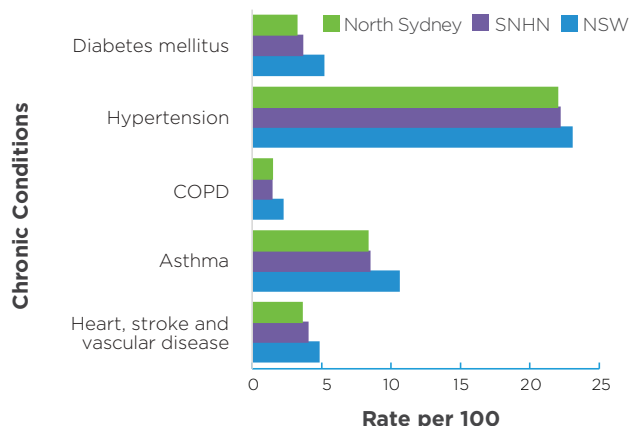


**2,957 per 100,000**

mental health related hospitalisations

SNHN: 2,515; NSW: 2,048

## CHRONIC CONDITIONS



## POTENTIALLY PREVENTABLE HOSPITALISATIONS



**1,471 per 100,000**

NSW: 2,064 per 100,000

## PRIMARY HEALTHCARE



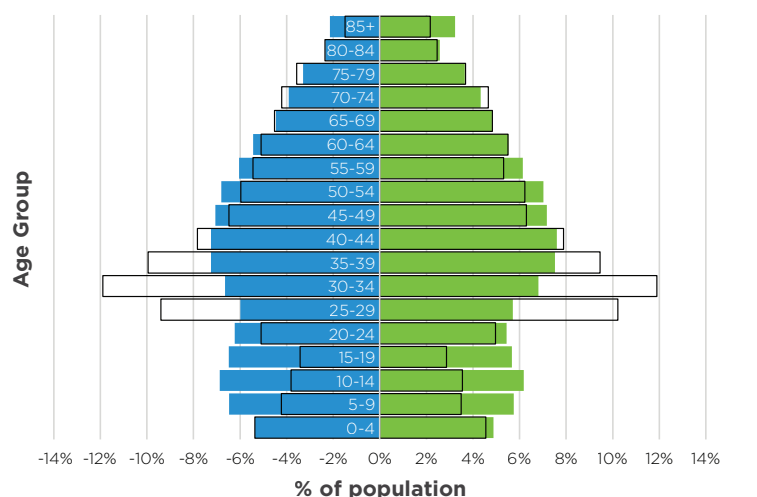
**25** GP practices in the North Sydney region

**202 GPs per 100,000 people**

SNHN: 144 per 100,000 people; NSW: 123 per 100,000 people

## DEMOGRAPHY

### Age structure comparison by sex for North Sydney and SNHN



□ North Sydney females ■ SNHN females □ North Sydney males ■ SNHN males

**Total population 69,341.** Between 2021-2041, the total population will increase by 11.7% to 83,980  
SNHN: 13%; NSW: 20.9%

**Area: 10.5 km<sup>2</sup>**

### CALD

25.8% of the population is from a culturally and linguistically diverse background (SNHN: 29%; NSW: 23%). The largest culturally and linguistically diverse groups are Chinese and Indian.

1.7% of people born overseas report poor proficiency in English  
SNHN: 3.8%; NSW: 4%

### Aboriginal

**0.4% (278)** of the population identify as Aboriginal and Torres Strait Islander  
SNHN: 0.5%; NSW: 3.4%



## Sources

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