

# KU-RING-GAI LOCAL GOVERNMENT AREA HEALTH PROFILE

Ku-ring-gai Local Government Area (LGA) is one of 9 LGAs in the Sydney North Health Network (SNHN) region.

## Key Areas: Childhood immunisation and an older population

### HEALTH DRIVERS

**Ku-ring-gai LGA is an affluent area**, ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage.



**1.2%** of people aged 16-64 years receive unemployment benefits  
**SNHN: 1.8%; NSW: 5.2%**



**49.0%** of people aged 17 years participating in tertiary education  
**SNHN: 44.4%; NSW: 29.4%**



**30.3%** of low-income families experience financial stress from mortgage or rent  
**SNHN: 35.1%; NSW: 31.9%**

### VULNERABLE GROUPS

#### Children

**2.4% (651)** of children in low-income, welfare-recipient families  
**SNHN: 2.9%; NSW: 11.7%**



#### Older People

**19.2% (23,865)** of the total population aged 65+ years  
**SNHN: 17.4%; NSW: 17.5%**  
Between 2021-2041 there will be an increase of **56.0%** in the 65+ years population  
**SNHN: 57.8%; NSW: 55.4%**



#### Disability

**3.9%** of the population have severe or profound disability  
**SNHN: 3.9%; NSW: 5.8%**



### HEALTH RISK FACTORS



#### Obesity

**15.4 per 100** (18+ years) obese  
**SNHN: 20.1; NSW: 30.9**



#### Alcohol

**15.8 per 100** (18+ years) engaging in high risk drinking  
**SNHN: 16.6; NSW: 15.5**



#### Smoking

**5.1 per 100** (18+ years) current smokers  
**SNHN: 7.9; NSW: 14.4**

### CHILDHOOD IMMUNISATION

**IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%**



**1-year-old**

**98.0%** fully immunised  
**SNHN: 96.5% NSW: 95.5%**



**2-years-old**

**93.2%** fully immunised  
**SNHN: 93.8% NSW: 91.7%**



**5-years-old**

**95.3%** fully immunised  
**SNHN: 94.5% NSW: 95.1%**

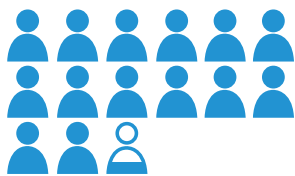
### CANCER SCREENING

**Bowel cancer screening** participation rate among people aged **50-74 years in Ku-ring-gai (39.0%)** is similar to the SNHN (38.6%) rate and higher than the NSW (35.4%) rate.

**Cervical cancer screening** participation rate among women aged **20-69 years (64.8%)** is higher than both SNHN (62.7%) and NSW (55.9%) rates.

**Breast cancer screening** participation rate among women aged **50-74 years in Ku-ring-gai (43.1%)** is higher than the SNHN (41.8%) rate and lower than the NSW (46.1%) rate.

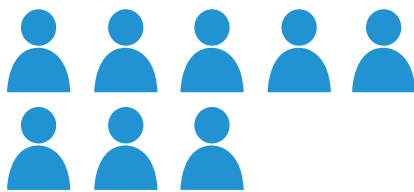
## MENTAL HEALTH



**14.3 per 100**

(15+ years) report mental and behavioural problems

SNHN: 15.7; NSW: 18.8



**8.0 per 100**

(18+ years) report high or very high psychological distress

SNHN: 8.9; NSW: 12.4

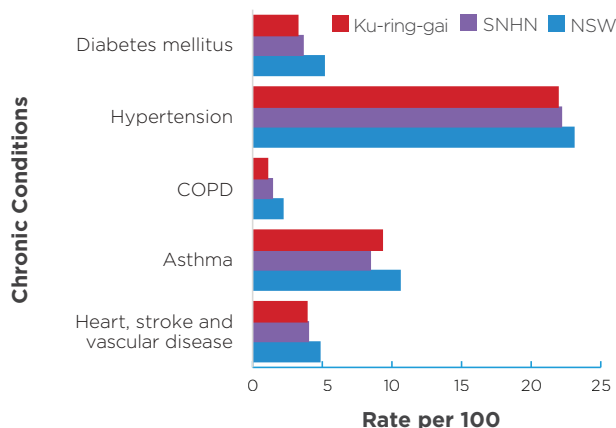


**2,849 per 100,000**

mental health related hospitalisations

SNHN: 2,515; NSW: 2,048

## CHRONIC CONDITIONS



## POTENTIALLY PREVENTABLE HOSPITALISATIONS



**1,571 per 100,000**

NSW: 2,064 per 100,000

## PRIMARY HEALTHCARE



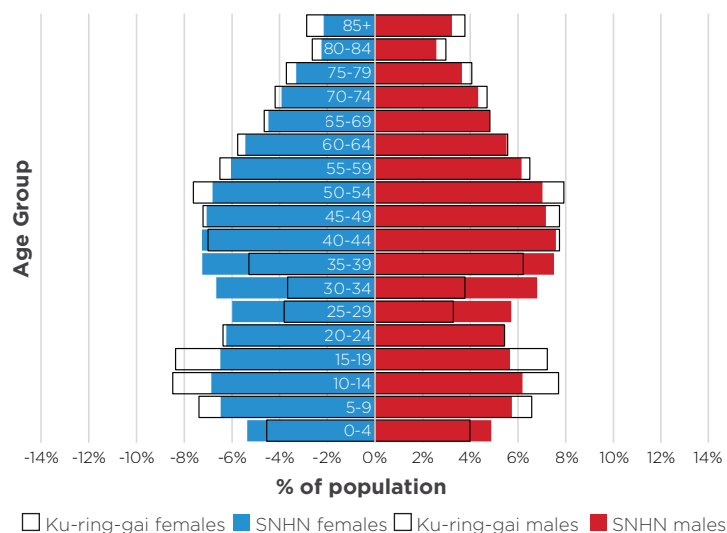
**33** GP practices in the Ku-ring-gai region

**136 GPs per 100,000 people**

SNHN: 144 per 100,000 people; NSW: 123 per 100,000 people

## DEMOGRAPHY

### Age structure comparison by sex for Ku-ring-gai and SNHN



**Total population 124,172.** Between 2021-2041, the total population will increase by 10.5% to 140,760

SNHN: 13%; NSW: 20.9%

**Area: 85.4 km<sup>2</sup>**

### CALD

30.8% of the population is from a culturally and linguistically diverse background (SNHN: 29%; NSW: 23%). The largest culturally and linguistically diverse groups are Chinese and Indian.

4.2% of people born overseas report poor proficiency in English

SNHN: 3.8%; NSW: 4%

### Aboriginal

**0.2% (299)** of the population identify as Aboriginal and Torres Strait Islander

SNHN: 0.5%; NSW: 3.4%

## Sources

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