



# Geriatrician Outreach to General Practice Service

## Patient planning and care in the community- free service

General Practitioners now have access to a FREE service where a dedicated Geriatrician from your local public hospital can assist in patient planning and management.

### ► Who do I contact?

Contact the Local Geriatrician contact details below:

#### **Hornsby and Ku-ring-gai**

Dr Alexandra Annesley and Dr Charmere Linton | **0478 784 215**

**Email:** [NSLHD-HKHS-Geriatricianadvice@health.nsw.gov.au](mailto:NSLHD-HKHS-Geriatricianadvice@health.nsw.gov.au)

#### **Ryde and Hunters Hill**

Dr Linda Xu | **0451 829 527** | **Email:** [NSLHD-Ryde-Geriatricianadvice@health.nsw.gov.au](mailto:NSLHD-Ryde-Geriatricianadvice@health.nsw.gov.au)

#### **Lower North Shore Area**

Dr Praveen Sivabalan | **0434 579 132** | **Email:** [NSLHD-Geriatricianadvice@health.nsw.gov.au](mailto:NSLHD-Geriatricianadvice@health.nsw.gov.au)

### ► Can I access the service?

Yes - Any General Practitioner and patient in the Ryde/Hunters Hill, Hornsby/Ku-ring-gai or LNS region can access the service. There is no formal referral process.

### ► What types of patients would be suitable to discuss with the Geriatrician?

All patients (mostly aged 70 and over), particularly those at risk of hospitalisation over the next few months. Common topics may include: medication management, frailty, cognition impairment, falls, depression, and other age-related issues.

### ► What will this look like?

Joint care planning that is flexible to your preferences and needs:



Book a time to discuss your patients, or simply call for quick ad-hoc advice.



In-person (at your practice), telephone and video options available.



Questions may also be submitted via email.

This is a joint initiative of Sydney North PHN and Northern Sydney Local Health District.  
**Please contact us for more information at:** [NSLHD-SNHN-Collaborativecommissioning@health.nsw.gov.au](mailto:NSLHD-SNHN-Collaborativecommissioning@health.nsw.gov.au)



Northern Sydney  
Local Health District

