



# NORTH SYDNEY LOCAL GOVERNMENT AREA HEALTH PROFILE

North Sydney Local Government Area (LGA) is one of 9 LGAs in the Sydney North Health Network (SNHN) region.

**Key Areas: Childhood immunisation rates, financial stress from mortgage or rent, and breast and bowel cancer screening rates**

## HEALTH DRIVERS

North Sydney LGA is an affluent area, ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage. There is a small area of comparatively high socio-economic disadvantage in the suburb of Kirribilli.



**2.0%** of people aged 16-64 years receive unemployment benefits  
SNHN: 2.4%; NSW: 6.2%



**47.4%** of people aged 17 years participating in tertiary education  
SNHN: 43.1%; NSW: 28.3%



**33%** of low-income families experience financial stress from mortgage or rent  
SNHN: 28.8%; NSW: 29.3%

## VULNERABLE GROUPS

### Children

**2.1% (211)** of children in low-income, welfare-recipient families  
SNHN: 2.5%; NSW: 10.3%



### Older People

**16.3% (11,337)** of the total population aged 65+ years  
SNHN: 17.1%; NSW: 17.2%

Between 2021-2041, there will be an increase of **50.2%** in the 65+ years population  
SNHN: 57.8%; NSW: 55.4%



### Disability

**2.5%** of the population have severe or profound disability  
SNHN: 3.9%; NSW: 5.8%



## HEALTH RISK FACTORS



**Obesity**  
**18.9 per 100** (18+ years) obese  
SNHN: 20.1; NSW: 30.9



**Alcohol**  
**19.8 per 100** (18+ years) engaging in high risk drinking  
SNHN: 16.6; NSW: 15.5



**Smoking**  
**7.9 per 100** (18+ years) current smokers  
SNHN: 7.9; NSW: 14.4

## CHILDHOOD IMMUNISATION

**IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%**



**1-year-old**

**94.6%** fully immunised  
SNHN: 93.9%  
NSW: 94%



**2-years-old**

**89.8%** fully immunised  
SNHN: 90.3%  
NSW: 90.2%



**5-years-old**

**89.5%** fully immunised  
SNHN: 92.5%  
NSW: 94.6%

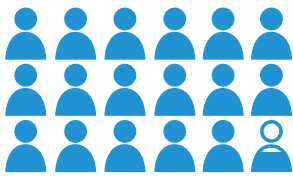
## CANCER SCREENING

**Bowel cancer screening** participation rate among people aged **50-74 years in North Sydney (24.9%)** is lower than the SNHN rate (34.8%) and NSW rate (36.3%).

**Cervical cancer screening** participation rate among women aged **20-69 years (62.1%)** is similar to the SNHN rate (62.7%) and higher than the NSW rate (55.9%).

**Breast cancer screening** participation rate among women aged **50-74 years (46.8%)** is lower than both SNHN (48.5%) and NSW (49.4%) rates.

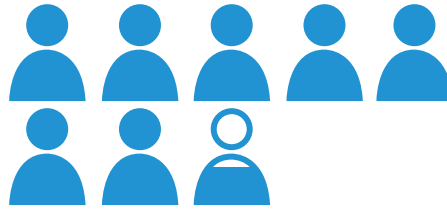
## MENTAL HEALTH



**17.6 per 100**

(15+ years) report mental and behavioural problems

**SNHN: 15.7; NSW: 18.8**



**7.6 per 100**

(18+ years) report high or very high psychological distress

**SNHN: 8.9; NSW: 12.4**

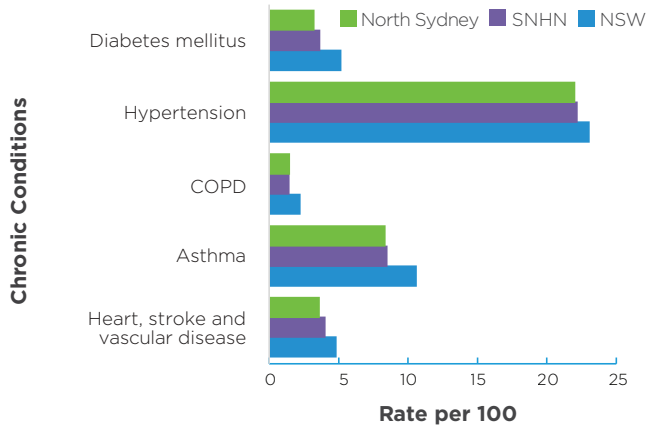


**2,957 per 100,000**

mental health related hospitalisations

**SNHN: 2,515; NSW: 2,048**

## CHRONIC CONDITIONS



## POTENTIALLY PREVENTABLE HOSPITALISATIONS



**1,471 per 100,000**

**NSW: 2,064 per 100,000**

## PRIMARY HEALTHCARE



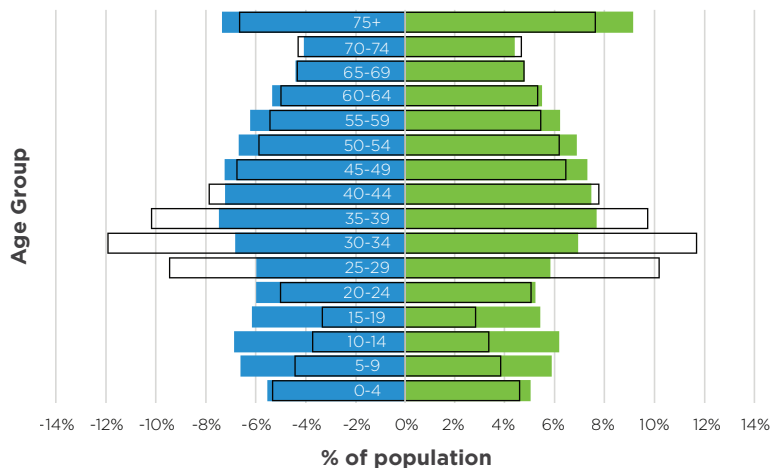
**23** GP practices in the North Sydney region

**149 GPs per 100,000**

**SNHN: 131 per 100,000 people; NSW: 122 per 100,000 people**

## DEMOGRAPHY

### Age structure comparison by sex for North Sydney and SNHN



□ North Sydney females ■ SNHN females □ North Sydney males ■ SNHN males

**Total population 69,460.** Between 2021-2041, the total population will increase by 11.7% to 83,980

**SNHN: 13%; NSW: 20.9%**

**Area: 10.5 km<sup>2</sup>**



### CALD

25.8% of the population is from a culturally and linguistically diverse background (SNHN: 29%; NSW: 23%).

The largest culturally and linguistically diverse groups are Chinese and Indian.

1.7% of people born overseas report poor proficiency in English

**SNHN: 3.8%; NSW: 4%**

### Aboriginal

**0.4% (278)** of the population identify as Aboriginal and Torres Strait Islander

**SNHN: 0.5%; NSW: 3.4%**

## Sources

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