



KU-RING-GAI LOCAL GOVERNMENT AREA HEALTH PROFILE

Ku-ring-gai Local Government Area (LGA) is one of 9 LGAs in the Sydney North Health Network (SNHN) region.

Key Areas: Childhood immunisation and an older population

HEALTH DRIVERS

Ku-ring-gai LGA is an affluent area, ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage.



1.7% of people aged 16-64 years receive unemployment benefits
SNHN: 2.4%; NSW: 6.2%



47.2% of people aged 17 years participating in tertiary education
SNHN: 43.1%; NSW: 28.3%



23.9% of low-income families experience financial stress from mortgage or rent
SNHN: 28.8%; NSW: 29.3%

VULNERABLE GROUPS

Children

1.9% (505) of children in low-income, welfare-recipient families
SNHN: 2.5%; NSW: 10.3%



Older People

19% (23,707) of the total population aged 65+ years
SNHN: 17.1%; NSW: 17.2%

Between 2021-2041 there will be an increase of **56%** in the 65+ years population
SNHN: 57.8%; NSW: 55.4%



Disability

3.9% of the population have severe or profound disability
SNHN: 3.9%; NSW: 5.8%



HEALTH RISK FACTORS



Obesity
15.4 per 100 (18+ years) obese
SNHN: 20.1; NSW: 30.9



Alcohol
15.8 per 100 (18+ years) engaging in high risk drinking
SNHN: 16.6; NSW: 15.5



Smoking
5.1 per 100 (18+ years) current smokers
SNHN: 7.9; NSW: 14.4

CHILDHOOD IMMUNISATION

IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%



1-year-old

93.5% fully immunised
SNHN: 93.9%
NSW: 94%



2-years-old

90.4% fully immunised
SNHN: 90.3%
NSW: 90.2%



5-years-old

92.9% fully immunised
SNHN: 92.5%
NSW: 94.6%

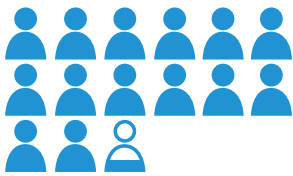
CANCER SCREENING

Bowel cancer screening participation rate among people aged **50-74 years in Ku-ring-gai (36.1%)** is higher than the SNHN rate (34.8%) and similar to the NSW rate (36.3%).

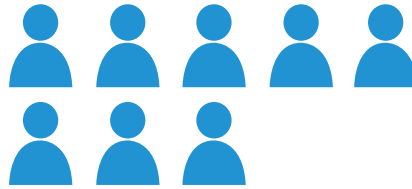
Cervical cancer screening participation rate among women aged **20-69 years (64.8%)** is higher than both SNHN (62.7%) and NSW (55.9%) rates.

Breast cancer screening participation rate among women aged **50-74 years (47.6%)** is similar to the SNHN (48.5%) rate and lower than the NSW (49.4%) rate.

MENTAL HEALTH



14.3 per 100
(15+ years) report mental and behavioural problems
SNHN: 15.7; NSW: 18.8

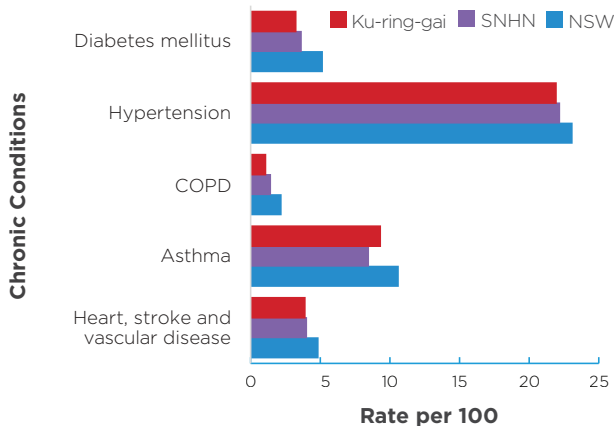


8.0 per 100
(18+ years) report high or very high psychological distress
SNHN: 8.9; NSW: 12.4



2,849 per 100,000
mental health related hospitalisations
SNHN: 2,515; NSW: 2,048

CHRONIC CONDITIONS



POTENTIALLY PREVENTABLE HOSPITALISATIONS



1,571 per 100,000
NSW: 2,064 per 100,000

PRIMARY HEALTHCARE

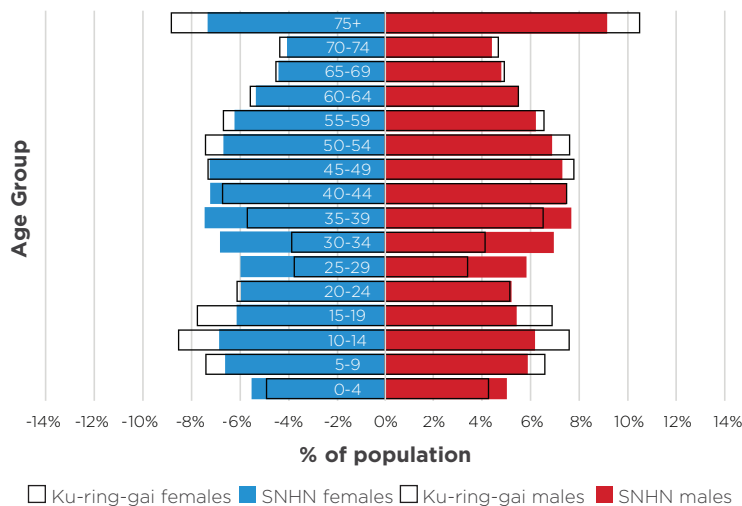


35 GP practices in the Ku-ring-gai region

121 GPs per 100,000 people
SNHN: 131 per 100,000 people; NSW: 122 per 100,000 people

DEMOGRAPHY

Age structure comparison by sex for Ku-ring-gai and SNHN



Total population 124,659. Between 2021-2041, the total population will increase by 10.5% to 140,760
SNHN: 13%; NSW: 20.9%

Area: 85.4 km²

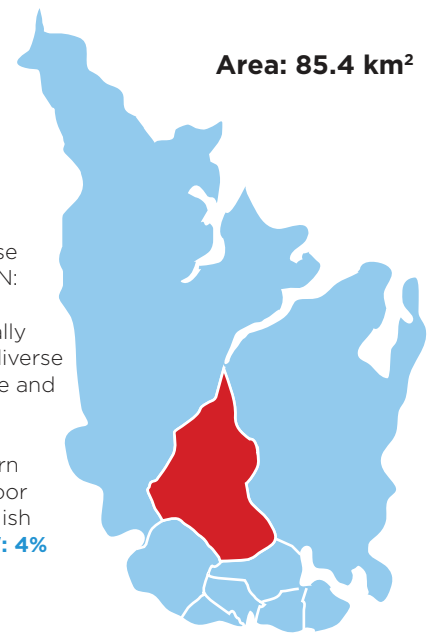
CALD

30.8% of the population is from a culturally and linguistically diverse background (SNHN: 29%; NSW: 23%). The largest culturally and linguistically diverse groups are Chinese and Indian.

4.2% of people born overseas report poor proficiency in English
SNHN: 3.8%; NSW: 4%

Aboriginal

0.2% (299) of the population identify as Aboriginal and Torres Strait Islander
SNHN: 0.5%; NSW: 3.4%



Sources

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