



WILLOUGHBY LOCAL GOVERNMENT AREA HEALTH PROFILE

Willoughby Local Government Area (LGA) is one of 9 LGAs in the Sydney North Health Network (SNHN) region.

Key Areas: A large culturally and linguistically diverse (CALD) population, childhood immunisation rates and financial stress from mortgage or rent

HEALTH DRIVERS

Willoughby LGA is an affluent area, ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage. There is a small area of comparatively high socio-economic disadvantage in the suburbs of Chatswood and Artarmon.



4.1% of people aged 16-64 years receive unemployment benefits
SNHN: 4.7%; NSW: 9.0%



52.7% of people aged 17 years participating in tertiary education
SNHN: 41.8%; NSW: 28.6%



34.1% of low-income families experience financial stress from mortgage or rent
SNHN: 28.8%; NSW: 29.3%

VULNERABLE GROUPS

Children

4.7% (756) of children in low-income, welfare-recipient families
SNHN: 5.3%; NSW: 20.6%



Older People

14.6 (11,878) of the total population aged 65+ years
SNHN: 16.4%; NSW: 16.7%

Between 2021-2041, there will be an increase of **62.8%** in the 65+ years population
SNHN: 53.7%; NSW: 58.9%



Disability

3.4% of the population have severe or profound disability
SNHN: 3.7%; NSW: 5.4%



HEALTH RISK FACTORS



Obesity
17.9 per 100 (18+ years) obese
SNHN: 20.1; NSW: 30.9



Alcohol
14.5 per 100 (18+ years) engaging in high risk drinking
SNHN: 16.6; NSW: 15.5



Smoking
7.7 per 100 (18+ years) current smokers
SNHN: 7.9; NSW: 14.4

CHILDHOOD IMMUNISATION

IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%



1-year-old
94.7% fully immunised
SNHN: 93.9%
NSW: 94%



2-years-old
89.4% fully immunised
SNHN: 90.3%
NSW: 90.2%



5-years-old
91.6% fully immunised
SNHN: 92.5%
NSW: 94.6%

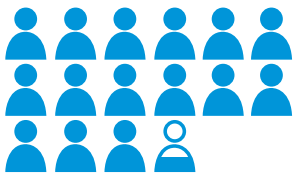
CANCER SCREENING

Bowel cancer screening participation rate among people aged **50-74 years** in **Willoughby (41.0%)** is lower than the SNHN (42.4%) rate and similar to the NSW (40.0%) rate.

Cervical cancer screening participation rate among women aged **20-69 years (58.6%)** is lower than the SNHN rate (62.7%) and higher than the NSW rate (55.9%).

Breast cancer screening participation rate among women aged **50-74 years (53.2%)** is similar to both SNHN (53.4%) and NSW (53.3%) rates.

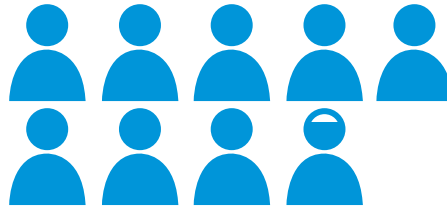
MENTAL HEALTH



15.3 per 100

(15+ years) report mental and behavioural problems

SNHN: 15.7; NSW: 18.8



8.9 per 100

(18+ years) report high or very high psychological distress

SNHN: 8.9; NSW: 12.4

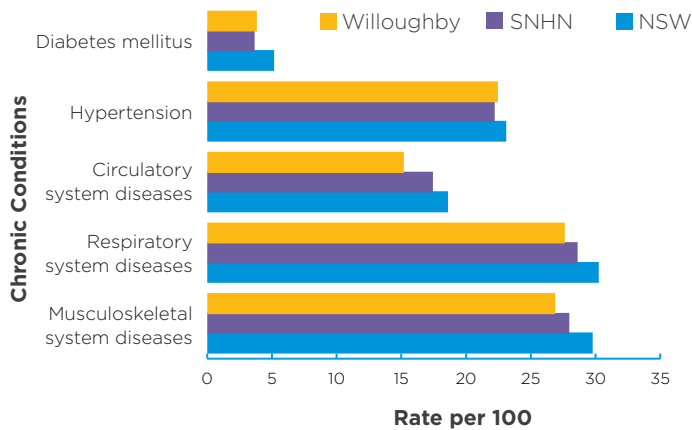


2,654 per 100,000

mental health related hospitalisations

SNHN: 2,515; NSW: 2,048

CHRONIC CONDITIONS



POTENTIALLY PREVENTABLE HOSPITALISATIONS



1,643 per 100,000

NSW: 2,161 per 100,000

PRIMARY HEALTHCARE



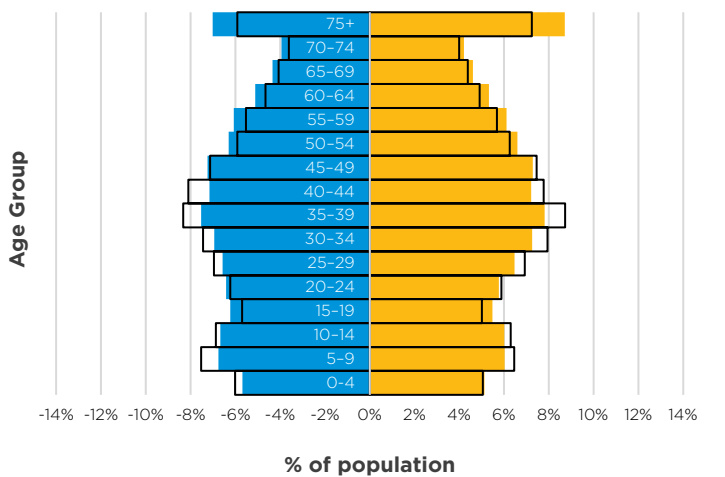
26 GP practices in the Willoughby region

224 GPs per 100,000 people

SNHN: 132 per 100,000 people; NSW: 123 per 100,000 people

DEMOGRAPHY

Age structure comparison by sex for Willoughby and SNHN



□ Willoughby males ■ SNHN males □ Willoughby females ■ SNHN females

Total population 81,196.

Between 2021-2041, the total population will increase by 28.5% to 104,160

SNHN: 18.7%; NSW: 25.6%

Area: 22.4 km²

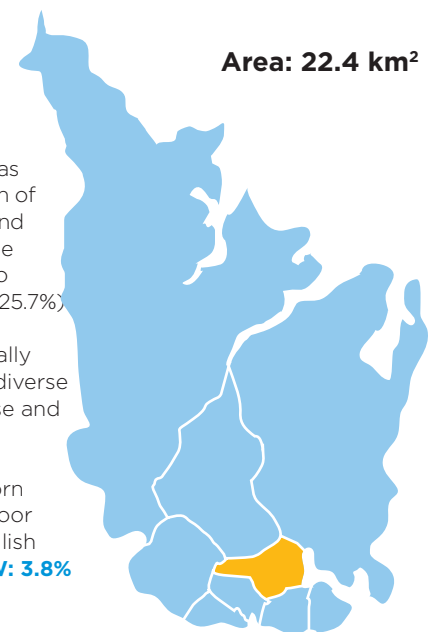
CALD

Willoughby LGA has a higher proportion of people culturally and linguistically diverse (37%) compared to the SNHN region (25.7%) and NSW (21%). The largest culturally and linguistically diverse groups are Chinese and South Korean.

6.5% of people born overseas report poor proficiency in English
SNHN: 3.4%; NSW: 3.8%

Aboriginal

0.2% (157) of the population identify as Aboriginal and Torres Strait Islander
SNHN: 0.4%; NSW: 3.4%



Sources

- Australian Bureau of Statistics (ABS) 2018, *Census of Population and Housing 2016*, ABS, Canberra, viewed September 2021, www.abs.gov.au.
- Australian Bureau of Statistics (ABS) 2021, *Regional Population by Age and Sex*, Australia, cat no. 3235, viewed September 2021.
- Cancer Institute NSW 2020, *Reporting for Better Cancer Outcomes Performance Report 2020 Northern Sydney Primary Health Network*, Cancer Institute NSW, Sydney.
- Cancer Institute NSW 2020, *Cancer Statistics NSW 2018-2019*, Cancer Institute NSW, Sydney, viewed September 2021, www.cancer.nsw.gov.au.
- Centre for Epidemiology and Evidence 2020, *Health Statistics New South Wales*, NSW Ministry of Health, Sydney, viewed September 2021, www.healthstats.nsw.gov.au.
- Department of Health 2021, *Health Workforce- Online Data Tool*, Department of Health, Canberra, viewed September 2021, hwd.health.gov.au/webapi/jsf/login.xhtml.
- NSW: Department of Planning & Environment 2020, *2019 New South Wales State and Local Government Area population and household projections*. NSW Planning Department of Planning & Environment, Sydney, viewed September 2021.