



SYDNEY NORTH HEALTH NETWORK HEALTH PROFILE

Sydney North Health Network (SNHN) is one of 31 Primary Health Networks (PHNs) in Australia covering 9 Local Government Areas (LGAs) in the Northern Sydney region.

Key Areas: Childhood immunisation rates, ageing population and a growing culturally and linguistically diverse (CALD) population

HEALTH DRIVERS

SNHN is ranked the least socio-economically disadvantaged PHN in Australia. However, there are pockets of high socio-economic disadvantage within Hornsby, Hunters Hill, North Sydney, Northern Beaches, Ryde and Willoughby LGAs.



4.7% of people aged 16-64 years receive unemployment benefits
NSW: 9.0%



41.8% of people aged 17 years participating in tertiary education
NSW: 28.6%



28.8% of low-income families experience financial stress from mortgage or rent
NSW: 29.3%

VULNERABLE GROUPS

Children

5.3%
(9,724)

of children in low-income, welfare-recipient families
NSW: 20.6%



Older People

16.4% (157,036)

of the total population aged 65+ years
NSW: 16.7%

Between 2021-2041, there will be an increase of **53.7%** in the 65+ years population
NSW: 58.9%



Disability

3.7% of the population have severe or profound disability
NSW: 5.4%



HEALTH RISK FACTORS



Obesity

20.1 per 100
(18+ years) obese
NSW: 30.9



Alcohol

16.6 per 100
(18+ years) engaging in high risk drinking
NSW: 15.5



Smoking

7.9 per 100
(18+ years) current smokers
NSW: 14.4

CHILDHOOD IMMUNISATION

IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%



1-year-old

93.9%
fully immunised
NSW: 94%



2-years-old

90.3%
fully immunised
NSW: 90.2%



5-years-old

92.5%
fully immunised
NSW: 94.6%

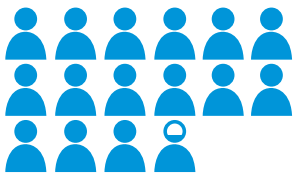
CANCER SCREENING

Bowel cancer screening participation rate among people aged **50-74 years in SNHN (42.4%)** is higher than the NSW rate (40.0%).

Cervical cancer screening participation rate among women aged **20-69 years (62.7%)** is higher than the NSW rate (55.9%).

Breast cancer screening participation rate among women aged **50-74 years (53.4%)** is similar to the NSW rate (53.3%).

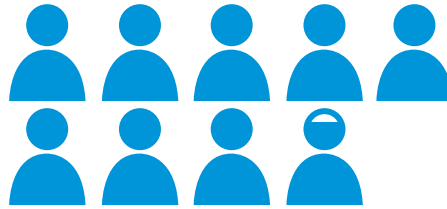
MENTAL HEALTH



15.7 per 100

(15+ years) report mental and behavioural problems

NSW: 18.8



8.9 per 100

(18+ years) report high or very high psychological distress

NSW: 12.4

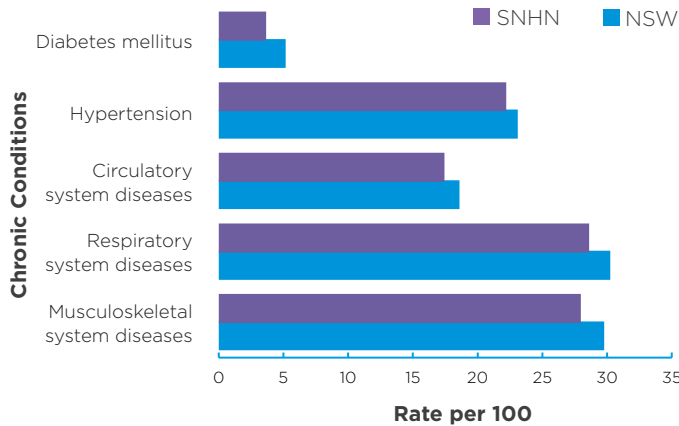


2,515 per 100,000

mental health related hospitalisations

NSW: 2,048

CHRONIC CONDITIONS



POTENTIALLY PREVENTABLE HOSPITALISATIONS



1,680 per 100,000

NSW: 2,142 per 100,000

Cellulitis, kidney and urinary tract infections, and dental conditions accounted for 37.1% of potentially preventable hospitalisations.

PRIMARY HEALTHCARE

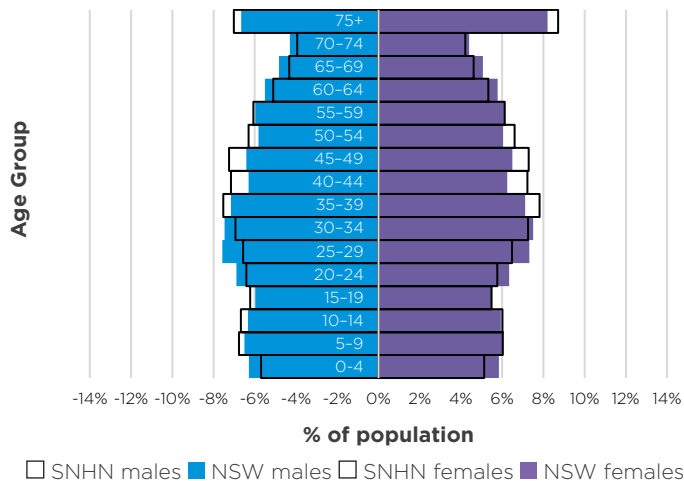


298 GP practices in the SNHN region

132 GPs per 100,000 people **NSW: 123 per 100,000 people**

DEMOGRAPHY

Age structure comparison by sex for SNHN and NSW



Total population 954,923. Between 2021-2041, the total population will increase by 18.7% to 1,166,399

NSW: 25.6%

Area: 899.9 km²

CALD

SNHN has a higher proportion of people culturally and linguistically diverse (25.7%) compared to NSW (21%).

The largest culturally and linguistically diverse groups are Chinese and Indian.

3.4% of people born overseas report poor proficiency in English

NSW: 3.8%

Aboriginal

0.4% (4,080) of the population identify as Aboriginal and Torres Strait Islander

NSW: 3.4%



Sources

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For more information, visit www.snhn.org.au

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