



RYDE LOCAL GOVERNMENT AREA HEALTH PROFILE

Ryde Local Government Area (LGA) is one of 9 LGAs in the Sydney North Health Network (SNHN) region.

Key Areas: Pockets of socio-economic disadvantage, a large culturally and linguistically diverse (CALD) population, an ageing population, breast and cervical cancer screening rates

HEALTH DRIVERS



5.4% of people aged 16-64 years receive unemployment benefits
SNHN: 4.7%; NSW: 9.0%



42.7% of people aged 17 years participating in tertiary education
SNHN: 41.8%; NSW: 28.6%



37.2% of low-income families experience financial stress from mortgage or rent
SNHN: 28.8%; NSW: 29.3%

Ryde LGA is an affluent area, ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage. There is an area of comparatively high socio-economic disadvantage in the suburbs of Eastwood, Gladesville, Marsfield, Macquarie Park, Ryde, and West Ryde.

VULNERABLE GROUPS

Children

8.2%
(1,784)

of children in low-income, welfare-recipient families
SNHN: 5.3%; NSW: 20.6%



Older People

14.5% (19,274)

of the total population aged 65+ years
SNHN: 16.4%; NSW: 16.7%

Between 2021-2041, there will be an increase of **80.3%** in the 65+ years population
SNHN: 53.7%; NSW: 58.9%



Disability

4.6% of the population have severe or profound disability
SNHN: 3.7%; NSW: 5.4%



HEALTH RISK FACTORS



Obesity

21.2 per 100
(18+ years) obese
SNHN: 20.1; NSW: 30.9



Alcohol

11.7 per 100
(18+ years) engaging in high risk drinking
SNHN: 16.6; NSW: 15.5



Smoking

9.4 per 100
(18+ years) current smokers
SNHN: 7.9; NSW: 14.4

CHILDHOOD IMMUNISATION

IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%



1-year-old

95.1%
fully immunised
SNHN: 93.9%
NSW: 94%



2-years-old

91%
fully immunised
SNHN: 90.3%
NSW: 90.2%



5-years-old

93.4%
fully immunised
SNHN: 92.5%
NSW: 94.6%

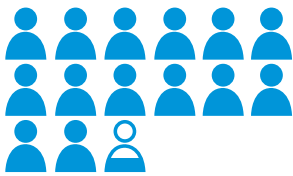
CANCER SCREENING

Bowel cancer screening participation rate among people aged **50-74 years in Ryde (40.9%)** is lower than the SNHN rate (42.4%) and similar to the NSW rate (40.0%).

Cervical cancer screening participation rate among women aged **20-69 years (54.6%)** is lower than both SNHN (62.7%) and NSW (55.9%) rates.

Breast cancer screening participation rate among women aged **50-74 years (50.7%)** is lower than both SNHN (53.4%) and NSW (53.3%) rates.

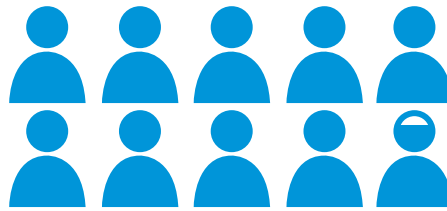
MENTAL HEALTH



14.4 per 100

(15+ years) report mental and behavioural problems

SNHN: 15.7; NSW: 18.8



9.9 per 100

(18+ years) report high or very high psychological distress

SNHN: 8.9; NSW: 12.4

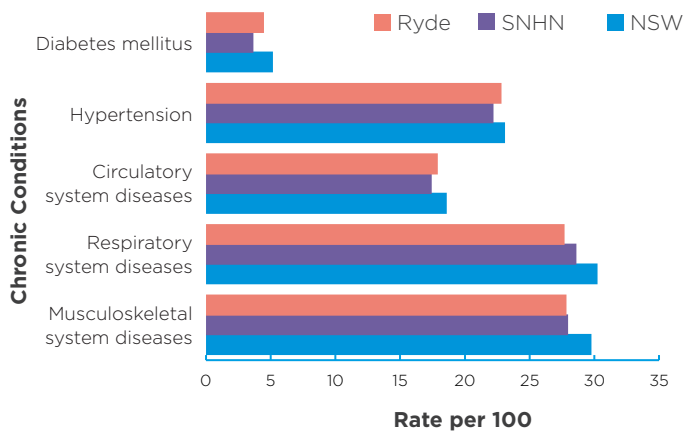


2,412 per 100,000

mental health related hospitalisations

SNHN: 2,515; NSW: 2,048

CHRONIC CONDITIONS



POTENTIALLY PREVENTABLE HOSPITALISATIONS



1,711 per 100,000

NSW: 2,161 per 100,000

PRIMARY HEALTHCARE



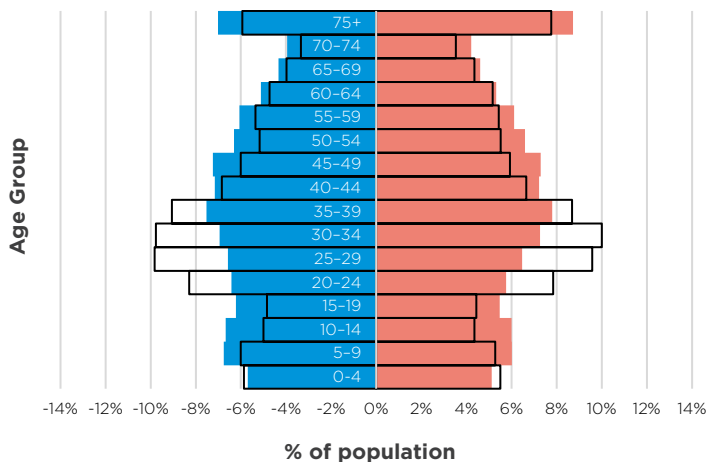
49 GP practices in the Ryde region

135 GPs per 100,000

people **SNHN: 132 per 100,000 people; NSW: 123 per 100,000 people**

DEMOGRAPHY

Age structure comparison by sex for Ryde and SNHN



□ Ryde males ■ SNHN males □ Ryde females ■ SNHN females

Total population 133,224. Between 2021-2041, the total population will increase by 42.8% to 211,554
SNHN: 18.7%; NSW: 25.6%

Area: 40.5 km²

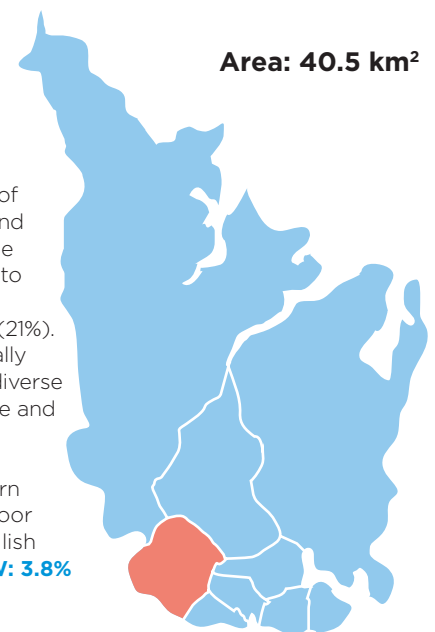
CALD

Ryde LGA has a higher proportion of people culturally and linguistically diverse (41.9%) compared to the SNHN region (25.7%) and NSW (21%). The largest culturally and linguistically diverse groups are Chinese and South Korean.

7.2% of people born overseas report poor proficiency in English
SNHN: 3.4%; NSW: 3.8%

Aboriginal

0.4% (510) of the population identify as Aboriginal and Torres Strait Islander
SNHN: 0.4%; NSW: 3.4%



Sources

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