



NORTHERN BEACHES LOCAL GOVERNMENT AREA HEALTH PROFILE

Northern Beaches Local Government Area (LGA) is one of 9 LGAs in the Sydney North Health Network (SNHN) region. Northern Beaches LGA was formed in May 2016 through the merger of Manly, Pittwater and Warringah LGAs.

Key Areas: Childhood immunisation rates, obesity and risky alcohol consumption

HEALTH DRIVERS

Northern Beaches LGA is an affluent area ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage. There is a small area of comparatively high socio-economic disadvantage in the suburbs of Narraweena, Narrabeen, Brookvale and Allambie Heights.



5.2% of people aged 16-64 years receive unemployment benefits
SNHN: 4.7%; NSW: 9.0%



34.6% of people aged 17 years participating in tertiary education
SNHN: 41.8%; NSW: 28.6%



23.1% of low-income families experience financial stress from mortgage or rent
SNHN: 28.8%; NSW: 29.3%

VULNERABLE GROUPS

Children

5.3%
(2,925)

of children in low-income, welfare-recipient families
SNHN: 5.3%; NSW: 20.6%



Older People

17.0% (46,679)

of the total population aged 65+ years
SNHN: 16.4%; NSW: 16.7%

Between 2021-2041, there will be an increase of **51.1%** in the 65+ years population
SNHN: 53.7%; NSW: 58.9%



Disability

3.7% of the population have severe or profound disability
SNHN: 3.7%; NSW: 5.4%



HEALTH RISK FACTORS



Obesity

21.7 per 100
(18+ years) obese
SNHN: 20.1; NSW: 30.9



Alcohol

21.2 per 100
(18+ years) engaging in high risk drinking
SNHN: 16.6; NSW: 15.5



Smoking

8.9 per 100
(18+ years) current smokers
SNHN: 7.9; NSW: 14.4

CHILDHOOD IMMUNISATION

IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%



1-year-old

93%
fully immunised
SNHN: 93.9%
NSW: 94%



2-years-old

90.1%
fully immunised
SNHN: 90.3%
NSW: 90.2%



5-years-old

92.8%
fully immunised
SNHN: 92.5%
NSW: 94.6%

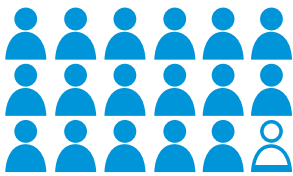
CANCER SCREENING

Bowel cancer screening participation rates among people aged **50-74 years in the Northern Beaches (44.3%)** are higher than both SNHN (42.4%) and NSW (40.0%) rates.

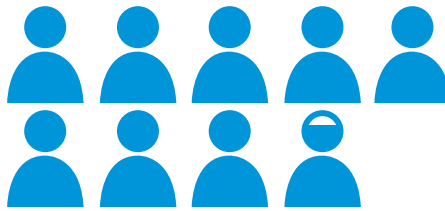
Cervical cancer screening participation rates among women aged **20-69 years in Manly (68%), Pittwater (68.5%) and Warringah (65.4%)** are higher than both SNHN (62.7%) and NSW (55.9%) rates.

Breast cancer screening participation rate among women aged **50-74 years in the Northern Beaches (55.3%)** is higher than both SNHN (53.4%) and NSW (53.3%) rates.

MENTAL HEALTH



17.1 per 100
(15+ years) report mental and behavioural problems
SNHN: 15.7; NSW: 18.8

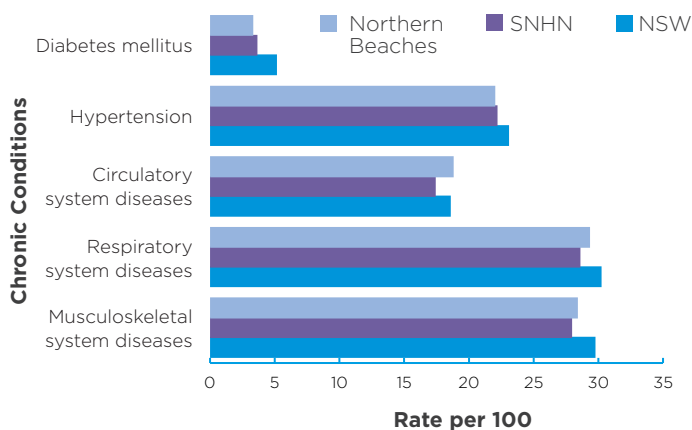


8.9 per 100
(18+ years) report high or very high psychological distress
SNHN: 8.9; NSW: 12.4



2,334 per 100,000
mental health related hospitalisations
SNHN: 2,515; NSW: 2,048

CHRONIC CONDITIONS



POTENTIALLY PREVENTABLE HOSPITALISATIONS



1,778 per 100,000
NSW: 2,161 per 100,000

PRIMARY HEALTHCARE

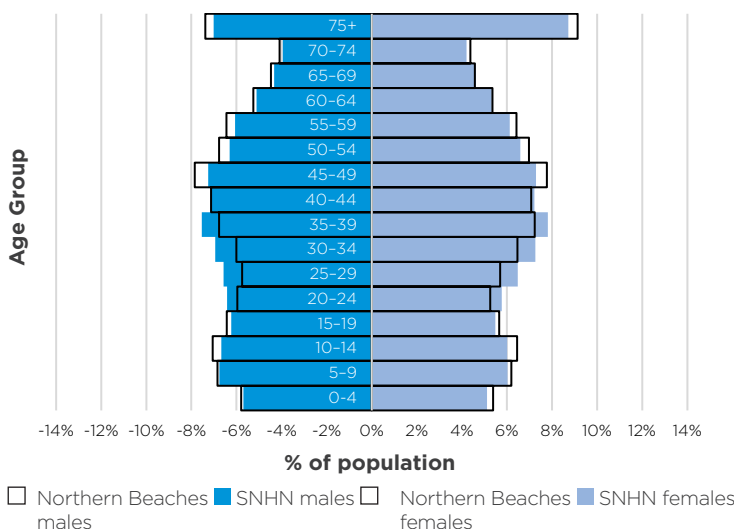


70 GP practices in the Northern Beaches region

109 GPs per 100,000 people SNHN: 132 per 100,000 people; NSW: 123 per 100,000 people

DEMOGRAPHY

Age structure comparison by sex for Northern Beaches and SNHN



Total population 274,041. Between 2021-2041, the total population will increase by 10% to 296,625
SNHN: 18.7%; NSW: 25.6

Area: 254.2 km²

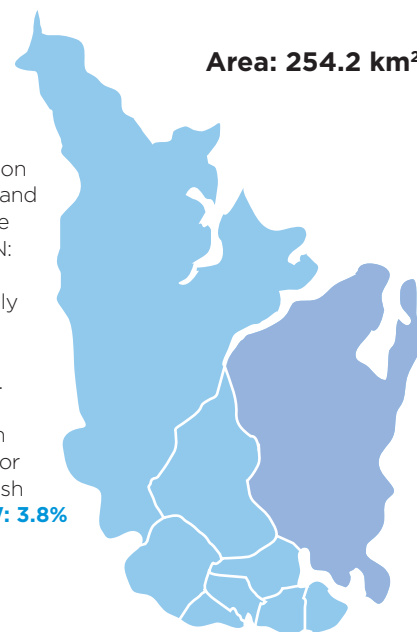
CALD

14% of the population is from a culturally and linguistically diverse background (SNHN: 25.7%; NSW:21%)
The largest culturally and linguistically diverse groups are Chinese and Italian.

1.3% of people born overseas report poor proficiency in English
SNHN: 3.4%; NSW: 3.8%

Aboriginal

0.6% (1,720) of the population identify as Aboriginal and Torres Strait Islander
SNHN: 0.4%; NSW: 3.4%



Sources

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- Australian Bureau of Statistics (ABS) 2021, *Regional Population by Age and Sex*, Australia, cat no. 3235, viewed September 2021.
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- NSW: Department of Planning & Environment 2020. 2019 New South Wales State and Local Government Area population and household projections. NSW Planning Department of Planning & Environment, Sydney, viewed September 2021.