



NORTH SYDNEY LOCAL GOVERNMENT AREA HEALTH PROFILE

North Sydney Local Government Area (LGA) is one of 9 LGAs in the Sydney North Health Network (SNHN) region.

Key Areas: Childhood immunisation rates, ageing population, financial stress from mortgage or rent, and breast cancer screening rates

HEALTH DRIVERS

North Sydney LGA is an affluent area, ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage. There is a small area of comparatively high socio-economic disadvantage in the suburb of Kirribilli.



4.1% of people aged 16-64 years receive unemployment benefits
SNHN: 4.7%; NSW: 9.0%



33.2% of people aged 17 years participating in tertiary education
SNHN: 41.8%; NSW: 28.6%



33% of low-income families experience financial stress from mortgage or rent
SNHN: 28.8%; NSW: 29.3%

VULNERABLE GROUPS

Children

3.9% (380) of children in low-income, welfare-recipient families
SNHN: 5.3%; NSW: 20.6%



Older People

15.8% (11,901) of the total population aged 65+ years
SNHN: 16.4%; NSW: 16.7%

Between 2021-2041, there will be an increase of **53.7%** in the 65+ years population
SNHN: 53.7%; NSW: 58.9%



Disability

2.1% of the population have severe or profound disability
SNHN: 3.7%; NSW: 5.4%



HEALTH RISK FACTORS



Obesity
18.9 per 100 (18+ years) obese
SNHN: 20.1; NSW: 30.9



Alcohol
19.8 per 100 (18+ years) engaging in high risk drinking
SNHN: 16.6; NSW: 15.5



Smoking
7.9 per 100 (18+ years) current smokers
SNHN: 7.9; NSW: 14.4

CHILDHOOD IMMUNISATION

IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%



1-year-old

94.6% fully immunised
SNHN: 93.9%
NSW: 94%



2-years-old

89.8% fully immunised
SNHN: 90.3%
NSW: 90.2%



5-years-old

89.5% fully immunised
SNHN: 92.5%
NSW: 94.6%

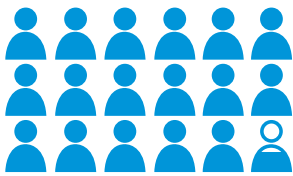
CANCER SCREENING

Bowel cancer screening participation rate among people aged **50-74 years in North Sydney (42.0%)** is similar to the SNHN rate (42.4%) and higher than the NSW rate (40.0%).

Cervical cancer screening participation rate among women aged **20-69 years (62.1%)** is similar to the SNHN rate (62.7%) and higher than the NSW rate (55.9%).

Breast cancer screening participation rate among women aged **50-74 years (50.7%)** is lower than both SNHN (53.4%) and NSW (53.3%) rates.

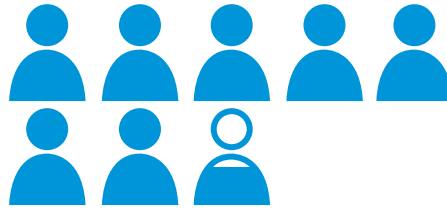
MENTAL HEALTH



17.6 per 100

(15+ years) report mental and behavioural problems

SNHN: 15.7; NSW: 18.8



7.6 per 100

(18+ years) report high or very high psychological distress

SNHN: 8.9; NSW: 12.4

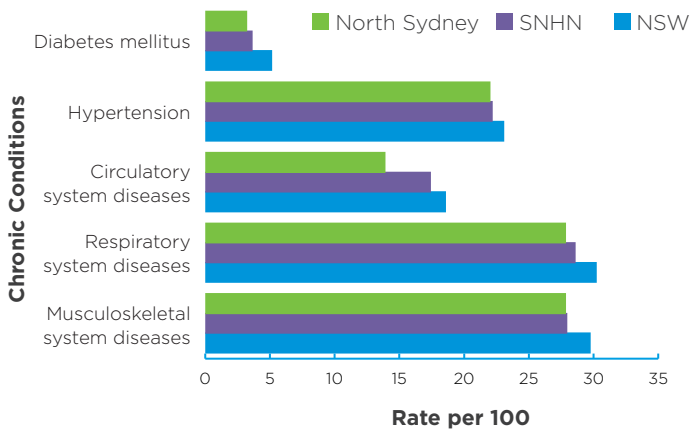


2,957 per 100,000

mental health related hospitalisations

SNHN: 2,515; NSW: 2,048

CHRONIC CONDITIONS



POTENTIALLY PREVENTABLE HOSPITALISATIONS



1,465 per 100,000

NSW: 2,161 per 100,000

PRIMARY HEALTHCARE



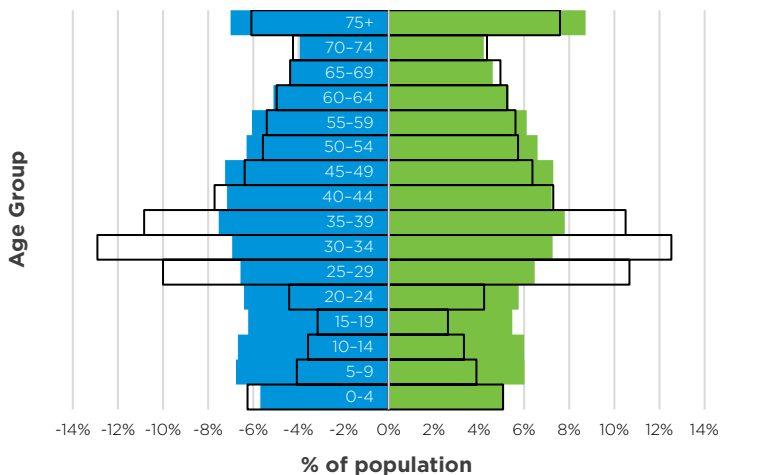
24 GP practices in the North Sydney region

144 GPs per 100,000

people SNHN: 132 per 100,000 people; NSW: 123 per 100,000 people

DEMOGRAPHY

Age structure comparison by sex for North Sydney and SNHN



□ North Sydney males ■ SNHN males □ North Sydney females ■ SNHN females

Total population 75,094. Between 2021-2041, the total population will increase by 15.5% to 89,800
SNHN: 18.7%; NSW: 25.6%

Area: 10.5 km²

CALD

22.9% of the population is from a culturally and linguistically diverse background (SNHN: 25.7%; NSW: 21%). The largest culturally and linguistically diverse groups are Chinese and Indian.

1.6% of people born overseas report poor proficiency in English
SNHN: 3.4%; NSW: 3.8%

Aboriginal

0.3% (249) of the population identify as Aboriginal and Torres Strait Islander
SNHN: 0.4%; NSW: 3.4%



Sources

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- Australian Bureau of Statistics (ABS) 2021, *Regional Population by Age and Sex*, Australia, cat no. 3235, viewed September 2021.
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