

# KU-RING-GAI LOCAL GOVERNMENT AREA HEALTH PROFILE

Ku-ring-gai Local Government Area (LGA) is one of 9 LGAs in the Sydney North Health Network (SNHN) region.

## Key Areas: Childhood immunisation and an older population

### HEALTH DRIVERS

**Ku-ring-gai LGA is an affluent area**, ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage.



**3.5%** of people aged 16-64 years receive unemployment benefits  
SNHN: 4.7%; NSW: 9.0%



**47.2%** of people aged 17 years participating in tertiary education  
SNHN: 41.8%; NSW: 28.6%



**23.9%** of low-income families experience financial stress from mortgage or rent  
SNHN: 28.8%; NSW: 29.3%

### VULNERABLE GROUPS

#### Children

**3.5% (946)** of children in low-income, welfare-recipient families  
SNHN: 5.3%; NSW: 20.6%



#### Older People

**18.5% (23,594)** of the total population aged 65+ years  
SNHN: 16.4%; NSW: 16.7%

Between 2021-2041 there will be an increase of **40.3%** in the 65+ years population  
SNHN: 53.7%; NSW: 58.9%



#### Disability

**3.6%** of the population have severe or profound disability  
SNHN: 3.7%; NSW: 5.4%



### HEALTH RISK FACTORS



**Obesity**  
**15.4 per 100** (18+ years) obese  
SNHN: 20.1; NSW: 30.9



**Alcohol**  
**15.8 per 100** (18+ years) engaging in high risk drinking  
SNHN: 16.6; NSW: 15.5



**Smoking**  
**5.1 per 100** (18+ years) current smokers  
SNHN: 7.9; NSW: 14.4

### CHILDHOOD IMMUNISATION

**IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%**



**1-year-old**

**93.5%** fully immunised  
SNHN: 93.9%  
NSW: 94%



**2-years-old**

**90.4%** fully immunised  
SNHN: 90.3%  
NSW: 90.2%



**5-years-old**

**92.9%** fully immunised  
SNHN: 92.5%  
NSW: 94.6%

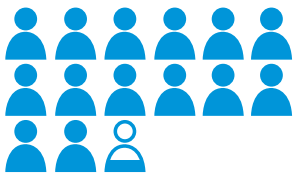
### CANCER SCREENING

**Bowel cancer screening** participation rate among people aged **50-74 years in Ku-ring-gai (42.5%)** is similar to the SNHN rate (42.4%) and higher than the NSW rate (40.0%).

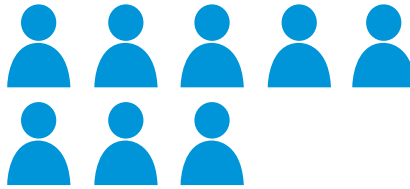
**Cervical cancer screening** participation rate among women aged **20-69 years (64.8%)** is higher than both SNHN (62.7%) and NSW (55.9%) rates.

**Breast cancer screening** participation rate among women aged **50-74 years (53.1%)** is similar to both SNHN (53.4%) and NSW (53.3%) rates.

## MENTAL HEALTH



**14.3 per 100**  
(15+ years) report mental and behavioural problems  
**SNHN: 15.7; NSW: 18.8**

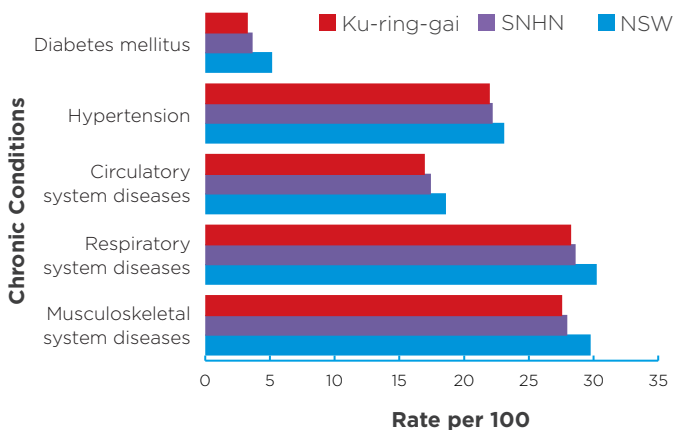


**8.0 per 100**  
(18+ years) report high or very high psychological distress  
**SNHN: 8.9; NSW: 12.4**



**2,849 per 100,000**  
mental health related hospitalisations  
**SNHN: 2,515; NSW: 2,048**

## CHRONIC CONDITIONS



## POTENTIALLY PREVENTABLE HOSPITALISATIONS



**1,566 per 100,000**  
NSW: 2,161 per 100,000

## PRIMARY HEALTHCARE

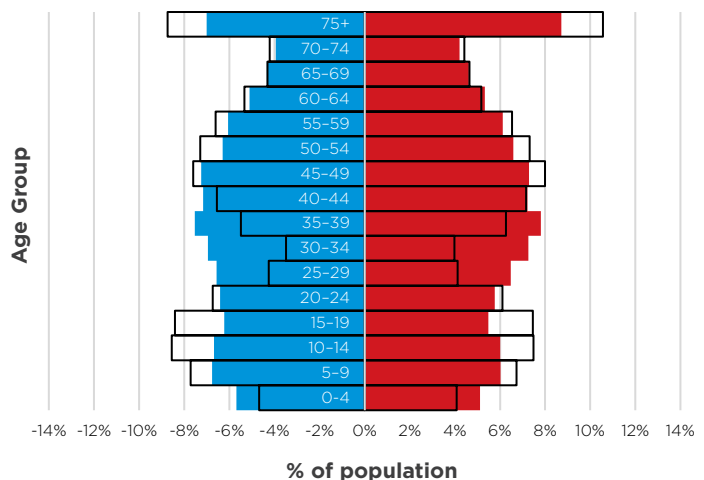


**36** GP practices in the Ku-ring-gai region

**131 GPs per 100,000 people**  
SNHN: 132 per 100,000 people; NSW: 123 per 100,000 people

## DEMOGRAPHY

Age structure comparison by sex for Ku-ring-gai and SNHN



□ Ku-ring-gai males ■ SNHN males □ Ku-ring-gai females ■ SNHN females

**Total population 127,603.** Between 2021-2041, the total population will increase by 14.5% to 151,818  
**SNHN: 18.7%; NSW: 25.6%**

Area: 85.4 km<sup>2</sup>

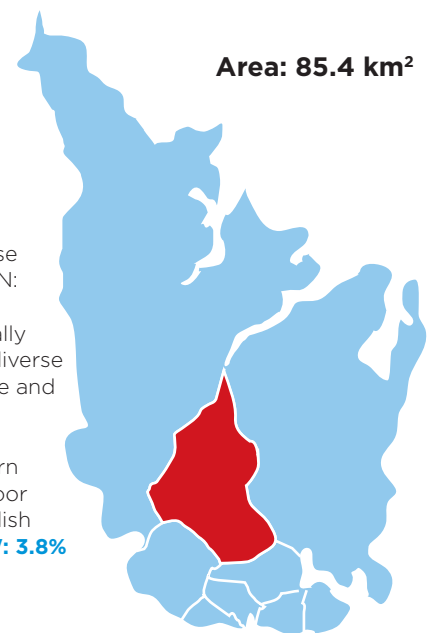
### CALD

25.7% of the population is from a culturally and linguistically diverse background (SNHN: 25.7%; NSW: 21%). The largest culturally and linguistically diverse groups are Chinese and South Korean.

3.3% of people born overseas report poor proficiency in English  
**SNHN: 3.4%; NSW: 3.8%**

### Aboriginal

**0.2% (259)** of the population identify as Aboriginal and Torres Strait Islander  
**SNHN: 0.4%; NSW: 3.4%**



## Sources

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