

# Dementia Demystified:

a **FREE** webinar series for the community



Northern Beaches  
DEMENTIA ALLIANCE

27th October, 12:30pm

*Dancing Around Dementia – strategies for prevention*

**BOOK HERE**

3rd November, 11:00am

*Conversations about Dementia - communication and understanding*

**BOOK HERE**

10th November, 12:30pm

*Dementia - warning signs and why early diagnosis helps*

**BOOK HERE**

17th November, 11:00am

*Conversations with Carers – real experiences and perspectives*

**BOOK HERE**

24 November, 11:00am

*Let's build dementia-friendly communities – how you can contribute*

**BOOK HERE**

For more information visit [snhn.org.au/communityhealth/nbda](https://snhn.org.au/communityhealth/nbda)  
or contact [dementiaalliancenb@gmail.com](mailto:dementiaalliancenb@gmail.com)

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