

# Geriatrician Outreach for General Practitioners

Patient planning and care in the community

General Practitioners now have FREE dedicated access to advice from Geriatricians at Ryde, HKHS and LNS to assist in patient planning and management.

## > Who do I contact? How do I refer?

- Contact the Sydney North Health Network to have further information

**Email:** [NSLHD-SNHN-Collaborativecommissioning@health.nsw.gov.au](mailto:NSLHD-SNHN-Collaborativecommissioning@health.nsw.gov.au)

Or call 02 9432 8250 Asking for the Collaborative Commissioning team.

## > Can I access the service?

- Yes- Any General Practitioner in the Ryde/Hunters Hill, HKHS and LNS region
- For Northern Beaches, GPs can refer to the GEM unit (PH: 02 9998 6271)

## > What types of patients would be suitable to discuss with the Geriatrician?

- Yes- All patients (mostly aged 65 and over), particularly those at risk of hospitalisation over the next few months. Common topics may include: medication management, frailty, cognition impairment, falls, depression, and other age-related issues.

## > What will this look like?

- Joint care planning that is flexible to your preferences and needs:



Book a time to discuss your patients, or simply call for quick ad-hoc advice.



In-person (at your practice), telephone and video options available.



Questions may also be submitted via email.