

## DATE

Thursday  
11 November 2021

## TIME

**6:30pm**  
Registration and  
canapes  
**6:50pm**  
AGM  
**7:30pm**  
Presentations and  
discussion  
**9:30pm**  
Close

## REGISTRATION

Given COVID-19 restrictions, the AGM and symposium will be held with a limited number of spaces to attend face to face at the Northside Conference Centre. A second option will be available to attend online via the interactive livestreamed webinar. The event will adhere to the NSW Health COVID-19 guidelines and requirements. If the face-to-face option is not possible at the time of the event, those registrants will still be able to register to participate via livestream.

[Click here](#) to register for the face-to-face event (gourmet canapes provided) at Northside Conference Centre (Cnr Pole Lane & Oxley Street, Crows Nest). *Limited spots available.*

[Click here](#) to register to attend via livestreamed webinar.

## 2021 | The future of primary health care

Join us for the 2021 AGM and Health Professionals Symposium. This event includes keynote presentations and a world-leading expert panel who will discuss and explore the future of primary care, including a system that will be better integrated to prevent disease and promote health whilst meeting people's multi-disciplinary needs.

### Keynote speakers and panellists



**Julie McCrossin AM**  
Australian radio  
broadcaster and  
journalist



**Professor Ian Hickie**  
Co-Director, Health and  
Policy at University of  
Sydney's Brain and Mind  
Centre



**Dr Kirsten Meisinger, MD**  
Director of Provider  
Engagement and Regional  
Medical Director, The Cambridge  
Health Alliance



**Dr Patrick Coleman**  
Nephrologist and  
general physician



**A/Prof Charlotte Hespe**  
GP, and Head of General Practice  
and Primary Care Research for  
University of Notre Dame



**Shivaun Conn** Dietitian,  
Nutritionist, Health Coach  
and Health Presenter

### Learning outcomes

- Recognise the focus of an integrated system within mental health, innovation and technology, prevention and wellbeing
- Describe what it means to have a person-centred approach in health
- Explore what the future of Primary Health Care could look like



This education is a CPD Activity under the RACGP CPD Program, 4 points. Activity no 289710.

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# 2021 | The future of primary health care

## AGM and Health Professionals Symposium

### About the speakers

**Julie McCrossin AM**, Australian radio broadcaster and journalist

Julie has over 20 years' experience as a broadcaster with ABC Radio National, ABC TV and Network Ten and is now a freelance journalist and broadcaster.



**Professor Ian Hickie** Professor Ian Hickie is Co-Director, Health and Policy at The University of Sydney's Brain and Mind Centre. He is an NHMRC Senior Principal Research Fellow (2013-2017 and 2018-22), having previously been one of the inaugural NHMRC Australian Fellows (2008-12). He was an inaugural Commissioner on Australia's National Mental Health Commission (2012-18) overseeing enhanced accountability for mental health reform and suicide prevention. He is an internationally renowned researcher in clinical psychiatry, with particular reference to medical aspects of common mood disorders, depression and bipolar disorder. He is now focused on the development of real-time personalised and measurement-based care systems for use in partnership with young people and their families. These systems promote early intervention, use of new and emerging technologies and suicide prevention. In his role with the National Mental Health Commission, and his independent research, health system and advocacy roles, Professor Hickie has been at the forefront of the move to have mental health and suicide prevention integrated with other aspects of health care (notably chronic disease and ambulatory care management).

**Dr Kirsten Meisinger, MD** is an international expert on Patient Centred Medical Homes and healthcare system transformation. She was National Faculty Co-Chair for the Centres for Medicare and Medicaid Services (CMS) initiative "Transforming Clinical Practices Initiative", an initiative which transformed over 140,000 US practices to value-based, patient-centred medical care. Kirsten is a MD and cares for an active Family Medicine panel at the Union Square Family Health Centre, an award winning Patient Centred Medical Home practice that was selected as one of the top 30 Ambulatory care sites in the US by the Robert Wood Johnson Foundation in 2010. Kirsten has faculty appointments at Harvard Medical School and Tufts University as well as core faculty at the Institute for HealthCare Improvement.



**Shivaun Conn** is an Accredited Practising Dietitian (APD), Accredited Nutritionist (AN), Health Coach, Certified Trainer & Assessor, Director of Discovery Health Coaching, Director of Accredited Health Coaching Australia, Former Vice President of Accredited Health Coaching Australia, and Professional Member of Dietitians Australia (DA) and Health Coaches Australia & New Zealand (HCANZA). Shivaun has worked for over 18 years as a dietitian and presenter, and 10 years as an executive health coach.

Shivaun co-authored Victoria University Polytechnic's Health Coaching Diploma and is a current lecturer. She delivers online health coaching training courses to health professionals via Accredited Health Coaching Australia, and regularly presents at health and training conferences around Australia.

**Dr Patrick Coleman MB, BAO, BCh, MRCPI, FRACP**

Dr Patrick Coleman is a Nephrologist and General Physician working on the Northern Beaches of Sydney. Patrick graduated in medicine from University College Cork, Ireland in 1991. He has also worked on the Sunshine Coast, Dublin and in Sydney. Besides his commitment to the provision of comprehensive patient care and the promotion of optimising and maintaining patients' quality of life, he also has a keen interest in training and education having held multiple related positions in Ireland and Australia. He resides on the Northern Beaches where he enjoys spending as much time as possible with his two young children, partaking in a balanced, active, lifestyle and the multiple benefits of living in a wonderful environment.



**A/Prof Charlotte Mary Hespe MBBS (Hons), DCH (Lon), FRACGP, FAICD, GCUT (UNDA)**

Charlotte Hespe works in clinical General Practice in Inner City Glebe as a Principal of a 16 Dr Group Practice. She also works as Head of General Practice and Primary Care Research for University of Notre Dame, Australia, School of Medicine, Sydney. She is passionate about improving health outcomes for her patients and the Australian Community and to this end has been actively involved with the RACGP, GP Networks, Medical Education (through undergraduate, post graduate and Registrar student teaching) and GP research for most of her GP career. Charlotte is currently Chair of the RACGP NSW/ACT Faculty Council and a Director on the National RACGP Board. She is a vocal advocate for the urgent need to invest in General Practice as the key to delivery of high quality value based care and improving health outcomes in the Australian setting.

This has led to her completing a PhD on Implementation of Best Practice guidelines in the real world of General Practice - using CVD preventive care as the topic for opportunity to improve.