

## USUAL PREGNANCY TESTS TO EXPECT



Week	Where	What to expect
< 10 weeks	GP	<ul style="list-style-type: none"> <li>Confirm pregnancy.</li> <li>Routine blood and urine tests.</li> <li><b>Ask GP to provide hardcopy of pathology results for 1st antenatal clinic visit.</b></li> <li>Dating scan if required</li> <li>Contact booking- in clinic.</li> </ul>
11 - 13.6 weeks	Ultrasound	<ul style="list-style-type: none"> <li>Nuchal Translucency screen + biochemistry.</li> </ul>
11.5 - 14 weeks	GP	<ul style="list-style-type: none"> <li>Review NT screen &amp; all results.</li> <li>Influenza vaccination.</li> </ul>
14 weeks	Booking-in Clinic	<ul style="list-style-type: none"> <li>1st Hospital Antenatal Clinic visit with Midwife. <b>Take hard copy of pathology results</b> provided by your GP.</li> </ul>
16 weeks	Antenatal Clinic	<ul style="list-style-type: none"> <li>Hospital Antenatal Clinic visit or notes review.</li> </ul>
18 - 19 weeks	Ultrasound	<ul style="list-style-type: none"> <li>Morphology ultrasound.</li> </ul>
20 weeks	GP	<ul style="list-style-type: none"> <li>Review ultrasound result.</li> <li>Routine visit.</li> </ul>
24 weeks	GP	<ul style="list-style-type: none"> <li>Routine visit, <b>obtain request forms for oral glucose, FBC and Rh D tests. Results needed at the 28 week clinic visit.</b></li> <li>Discuss signs of preterm labour.</li> </ul>
28 weeks	Antenatal Clinic	<ul style="list-style-type: none"> <li>Routine visit.</li> <li>Rh D immunoglobulin immunisation if Rh negative.</li> </ul>
31 weeks	GP	<ul style="list-style-type: none"> <li>Routine visit.</li> <li>Pertussis immunisation.</li> </ul>
34 weeks	GP	<ul style="list-style-type: none"> <li>Routine visit.</li> </ul>
36 weeks	Antenatal Clinic	<ul style="list-style-type: none"> <li>Routine visit (Rh D immunoglobulin immunisation if Rh negative).</li> <li>Low vaginal swab for Group B Streptococcus.</li> <li>Discussion re signs of labour + birth plan.</li> </ul>
38 and 39 weeks	GP	<ul style="list-style-type: none"> <li>Routine visit (39 weeks optional for 2nd and subsequent babies).</li> </ul>
40 weeks	Antenatal Clinic	<ul style="list-style-type: none"> <li>Arrange and discuss ANC visit at 41 weeks - Induction of labour.</li> </ul>
41 weeks	Antenatal Clinic	<ul style="list-style-type: none"> <li>Routine visit + fetal assessment + plan for induction of labour.</li> </ul>
Up to 6 weeks postnatal	GP	<ul style="list-style-type: none"> <li>Review summary of labour/ puerperium sent by hospital</li> <li>Assess mother</li> <li>Assess baby</li> </ul>

Note: This timeline is a guide only, there may be variations between hospital clinics.

## SAC CONTACTS

GP Phone:

### Antenatal Booking Offices:

Hornsby Ku-ring-gai	9485 6699
Northern Beaches - Manly	9105 5000
Royal North Shore	9463 2378
Ryde	9858 7549

### Antenatal Clinic Phone:

Shared Antenatal Care is a partnership between General Practice and the hospitals of the Northern Sydney Local Health District.

[www.snhn.org.au](http://www.snhn.org.au)

Sydney North Health Network is supported by funding from the Australian Government under the PHN Program

# GP SHARED ANTENATAL CARE

Select the right care for you and your family



# GP Shared Antenatal Care

## an introduction

### INTRODUCING SHARED ANTENATAL CARE

#### What is GP Shared Antenatal Care?

GP Shared Antenatal Care is sharing your pregnancy care between a General Practitioner (also known as your 'GP' or 'local doctor') and your nearest public hospital.

#### Am I suitable for GP Shared Antenatal Care?

If you have an uncomplicated pregnancy and no history of obstetric problems, GP Shared Antenatal Care could be the right option for you.

Your GP or the Hospital Antenatal Clinic can advise if you are suitable.

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For enquiries about Shared Antenatal Care or help during your pregnancy, ask to be put through to the Hospital Antenatal Clinic.

Hornsby Ku-ring-gai	9485 6699
Northern Beaches Hospital	9105 5000
Royal North Shore	9463 2378
Ryde	9858 7549

### ABOUT SHARED ANTENATAL CARE

#### What are the advantages of GP Shared Antenatal Care?

Choosing GP Shared Antenatal Care enables you to:

- have most of your antenatal appointments with your GP at a time convenient to you, and
- still have access to specialist care at the hospital.

#### How does GP Shared Antenatal Care work?

Your check-ups will be shared between your GP's surgery and the Hospital Antenatal Clinic.

#### How do I choose GP Shared Antenatal Care?

As soon as you know you are pregnant, let your GP know which antenatal care option you would prefer. If you choose GP Shared Antenatal Care, you still need to book in for the birth of your baby with your nearest hospital [as soon as the pregnancy is confirmed](#) (6-8 weeks after the last menstrual period).



#### What is an Antenatal Care Record Card?

When you commence GP Shared Antenatal Care, your GP will give you a yellow Antenatal Care Record Card. It is important that you take this with you to all your visits to your GP and the Hospital Antenatal Clinic as it contains important information about how your pregnancy is progressing.

#### Usual baby and mother checks

Your GP will be providing most of the routine baby checks and immunisations for your baby. GP Shared Antenatal Care can help establish a good relationship with your GP for you and your baby's future medical needs.

