

Geriatrician Outreach for General Practitioners

Patient planning and care in the community

General Practitioners now have **FREE** dedicated access to advice from a Geriatrician at Royal North Shore Hospital to assist in patient planning and management.

> Who do I contact?

- Contact the Local Geriatrician from RNS directly using the contact details below:

Dr Praveenan Sivabalan **0434 579 132**
(available 10am – 2pm Tuesday – Friday)
Email: **NSLHD-geriatricianadvice@health.nsw.gov.au**

> Can I access the service?

- Yes- Any General Practitioner in the Municipality of Mosman, City of Willoughby, Municipality of Lane Cove, and North Sydney Council.

> What types of patients would be suitable to discuss with the Geriatrician?

- All patients (mostly aged 75 and over), particularly those at risk of hospitalisation over the next few months. Can be in the community or at an RACF. Common topics may include: medication management, frailty, cognition impairment, falls, depression, and other age-related issues.

> What will this look like?

- Joint care planning that is flexible to your preferences and needs:



Book a time to discuss your patients, or simply call for quick ad-hoc advice.



In-person (at your practice), telephone and video options available.



Questions may also be submitted via email.