

Gilimbaa artist: Rachael Sarra, Goreng Goreng

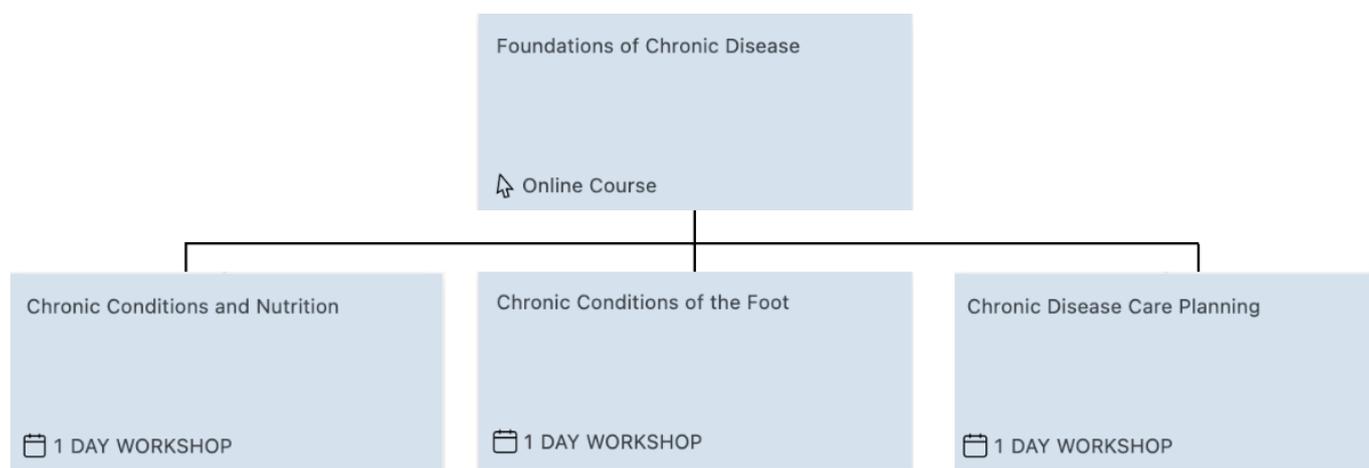
Chronic Disease Pathway

**Pathway
Information**



THE BENCHMARK GROUP
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Chronic Disease Learning Pathway



PATHWAY SUMMARY

The pathway starts with the free online program, Foundations of Chronic Disease which focuses on the foundational knowledge designed as an introduction to the field of chronic disease management. You will then be able to choose from a range of extended learning options. Launching in quarter 4, these options will include 3 nationally accredited programs - conditions of the foot, care planning and nutrition.

The 3 nationally accredited programs are supported by funding from the Australian Government Department of Health under the Chronic Disease Support Project.

COST

Foundations of Chronic Disease - Free program

Care Planning, Foot Health, and Nutrition are fully funded by The Australian Government Department of Health

ENTRY REQUIREMENTS

The program is aimed at a range of health professionals working within Aboriginal and/or Torres Strait Islander Health or have Aboriginal and/or Torres Strait Islander clients.

Relevant roles would include:

- Aboriginal and/or Torres Strait Islander Health Workers or Practitioners
- Registered Nurses
- Enrolled Nurses
- General Practitioners
- General Practice Registrars
- Allied Health Workers
- Social and Emotional Wellbeing Workers
- Others on request.



Foundations of Chronic Disease

Online only program with an estimated 10 hours of active learning

The program includes detailed information on the determinants of health, indigenous health, chronic disease frameworks, the patient journey, health literacy, and chronic conditions.

Upon successful completion of the program students should have the ability to:

- Understand the burden of chronic disease
- Identify priority groups
- Understand their role in Close the Gap
- Understand the patient journey and link to coordinated care, cultural safety, health literacy and communication styles
- Identify the need for prevention and the use of prevention tools
- Understand care coordination.

Chronic Conditions of the Foot

(CHCCCS013 Provide basic foot care)

One day face to face workshop with estimated 10 hours of active learning

The program aims to provide students with the skills and knowledge required to recognise general foot conditions, determine foot care requirements, and prepare and use basic equipment and medications for those people not requiring services of a professional podiatrist in a range of residential and community service contexts.

Upon successful completion of the program students should have the ability to:

- Safely perform a basic foot care assessment
- Determine foot care requirements
- Prepare and use basic equipment and materials
- Document foot, skin and nail care according to organisational requirements
- Make appropriate referrals in a timely manner.

Chronic Disease Care Planning

(CHCCCS001 Address the needs of people with chronic disease)

One day face to face workshop with an estimated 7 hours of active learning

The program aims to provide students with the skills and knowledge necessary to determine the supports required for chronic disease management, support person-centric care, engage the client, identify and manage risk factors, and contributing to a multi-disciplinary service approach within the care planning model.

Upon successful completion of the program students should have the ability to:

- Determine the persons chronic disease management needs, identify risk factors, understand engagement
- Support the person in behaviour change, recognise the need for referrals, recognise the need for follow-up and review
- Apply effective care planning techniques to support the management process.

Chronic Conditions and Nutrition

(HLTHPS010 Interpret and use information about nutrition and diet)

One day face to face workshop with an estimated 7 hours of active learning

The program aims to provide students with the skills and knowledge required to interpret and use basic information about nutritional principles and healthy diet.

Upon successful completion of the program students should have the ability to:

- Access nutritional and dietary information
- Use information about diet and nutrition
- Maintain own knowledge of nutrition.



About The Benchmark Group

The Benchmark Group is a Registered Training Organisation (RTO 21824) delivering a range of clinical skills courses and programs to meet the needs of a broad range of health professionals across Australia.

As an RTO working in the health sector, our focus is on the delivery of courses and programs designed to provide healthcare professionals with the opportunity to expand their skills and careers. We concentrate on skills and knowledge that can be immediately implemented in a vocational context.

Skills learnt today can be used tomorrow.

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