

Alcohol and Other Drugs (AOD)

On average it takes 18 years for a person to ask for help with their alcohol dependence. Whether the problem is alcohol, or other drugs, feel ready to provide the care they need.

Upskill

- [AOD Clinical Attachments with NSLHD Drug and Alcohol Specialists](#)
- [NEW Australian guidelines to reduce health risks from drinking alcohol](#)
- [NEW GP Guide to Performance and Image Enhancing Drugs](#)

Online Education for GPs

- [RACGP AOD Training](#) – Essential Skills Training (4 hours, 8 CPD Points), Treatment Skills Training (8 hours, 40 CPD Points, remuneration on successful completion).
- [RACGP AOD Project ECHO](#) – Discuss cases with your peers online on Thursday evenings
- [Home Alcohol Withdrawal and Relapse Prevention](#) (webinar)
- [Youth Services: Alcohol and Other Drugs + The latest on e-cigarettes](#) (webinar)
- [SNHN and University of Sydney AOD Webinars for GPs](#)

HealthPathways for AOD (Login: healthpathways; Password: gateway)

Addiction and Drug Misuse

[Alcohol](#)

[Benzodiazepines](#)

[Cannabis](#)

[Codeine - Chronic Use and Deprescribing](#)

[Drug Seekers](#)

[Methamphetamine \(Ice\)](#)

[Opioids](#)

[Opioid Treatment Program \(OTP\)](#)

[Problem Gambling](#)

Addiction and Drug Misuse Requests

[Drug and Alcohol Treatment](#)

[Drug and Alcohol Support](#)

[Drug and Alcohol Advice](#)

[Problem Gambling Counselling](#)

For patients – online/telephone resources

- [Drinks Meter](#) – Smart Phone App to manage alcohol consumption
- [Online counselling](#) – Alcohol and Drug Information Service (ADIS) for patients, families and friends
- [Get Healthy Alcohol Reduction Program](#) – Support to drink less, a telephone service

Hard copy resources

 Send your order to Pat Simmonds psimmonds@snhn.org.au

- [Standard Drinks Guide](#)
- [Coping with aggression, alcohol and drug use in the home](#) A guide for teenagers
- [Managing aggression, alcohol and drug use in the home](#) A guide for those concerned about children 5-12 years
- [Your Guide to Dealing with Teenagers and Alcohol](#) For parents/carers

The **Primary Care Team** at Sydney North Health Network is available for your enquiries and to provide support via email, phone or a visit to your practice. For more information, or if you would like to join the AOD Balint Group or AOD Advisory Group, please contact our team. Phone: 9432 8250 or email: pca@snhn.org.au.

Topic next month: Dementia