

Dear General Practitioner,

### **New NSW Pregnancy Choices Helpline and website**

NSW Health has engaged Family Planning NSW to provide the new NSW Pregnancy Choices Helpline and dedicated website. From **Saturday 8 May 2021**, this helpline will replace the NSW Pregnancy Options Helpline operated by healthdirect Australia.

Patients can get free and confidential information on pregnancy choices via the new helpline on **1800 008 463** between 8.00 am and 8.00 pm Monday to Friday.

Patients can also find more information and a live chat feature 24 hours a day, seven days a week on the [Pregnancy Choices website](#).

Health professionals can provide information and help with finding services for continuing a pregnancy, terminating a pregnancy or seeking pregnancy choices counselling.

The [Pregnancy Choices website](#) features information on all pregnancy choices, including parenting (either with a partner or alone), adoption or foster care, and abortion. It also covers contraception and reproductive and sexual health service providers.

### **Conscientious objections**

Under the *Abortion Law Reform Act 2019*, medical practitioners who have a conscientious objection to termination of pregnancy must:

- give information on how to locate or contact a medical practitioner who they believe does not have a conscientious objection
- transfer the care to another health service provider who can provide the service.

All practitioners must meet the requirement to provide information by directing a patient to the Pregnancy Choices Helpline on **1800 008 463** or to the [Pregnancy Choices website](#). The [Pregnancy Choices Helpline flyer](#) features the contact details for the helpline and is available on the NSW Health website.

If you have any questions or concerns, please contact Tim Duck, Manager Community Care and Priority Populations, Health and Social Policy at [Tim.Duck@health.nsw.gov.au](mailto:Tim.Duck@health.nsw.gov.au).

Yours sincerely



Elizabeth Koff  
**Secretary, NSW Health**

Encl. brochure

8/5/21