

Child Youth and Family Health Service

Primary and Community Health



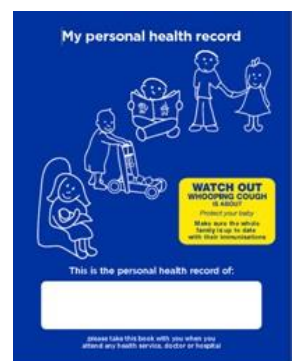
Child and Family Community Nursing

FREE service for families with babies and children from birth to 5 years delivered by registered nurses with specialised training in child and family health.

NSLHD Child and Family Health Nurses
are part of a multidisciplinary team of professionals.

SERVICES PROVIDED

- Child growth, physical and brain development checks, including Personal Health Record (Blue Book) assessments and secondary screening (ASQ3 and ASQ-SE2)
- Parenting support and information regarding infant mental health; young children's sleep and crying patterns; child development; child behaviour; play and safety, etc.
- Breastfeeding support
- Child and family nutrition
- Child protection concerns
- Parenting groups including cultural groups
- Adjusting to parenting and parent wellbeing particularly for families with complex vulnerabilities
- Multicultural resources including interpreter services
- Referral to community supports; Extended Parenting* and Specialised Nursing services*; Physiotherapy*; Occupational Therapy*; Oral Health*; Perinatal Infant Mental Health, Child Health and Adult Mental Health services*; Paediatrician services*; and other community and allied health services



For contact details and information visit

www.nslhd.health.nsw.gov.au/CYFH

HORNSBY KU-RING-GAI and FAMILY HEALTH CENTRES

- **Berowra** 123 Berowra Waters Rd BEROWRA HEIGHTS 2082
- **Brooklyn** accessed through the Berowra Child and Family Health Centre
- **Galston** 17 Arcadia Rd (cnr Glade and Arcadia Rd) GALSTON 2159
- **Hornsby** 59 Florence St HORNSBY 2077
- **Pennant Hills** 5 Fisher Ave PENNANT HILLS 2120
- **St Ives** St Ives Shopping Village ST IVES 2075

Phone **9485 7540**
Phone **9485 7540**
Phone **9483 7955**
Phone **9485 7520**
Phone **9485 7566**
Phone **9485 7555**
Phone **9456 7037**

Universal Health Home Visit (new baby's home visit) **Hornsby Ku-ring-gai Central Intake**

HORNSBY KU-RING-GAI EXTENDED PARENTING SERVICE (Secondary Services)*

- **Hornsby Ku-ring-gai Family Care Support Service** Building 14 Hornsby Hospital
3-7 Derby Rd HORNSBY 2077

Phone **9485 6112**

NORTH SHORE RYDE CHILD and FAMILY HEALTH CENTRES

- **Chatswood** 57 Hercules St CHATSWOOD 2067
- **Cremorne** 108 Parraween St CREMORNE 2090
- **Crows Nest** Level 4 2 Ernest Place CROWS NEST 2065
- **Lane Cove** 172 Longueville Rd LANE COVE 2066
- **Marsfield** 1 Trafalgar Place MARSFIELD 2122
- **Top Ryde** 26 Argyle St RYDE 2112
- **West Ryde** 3 Anthony Rd WEST RYDE 2112

Phone **9926 4640**
Phone **9926 5955**
Phone **9926 5990**
Phone **9926 5940**
Phone **9926 5930**
Phone **9926 5944**
Phone **9926 5920**

Universal Health Home Visits (new baby's home visit) contact **local Child and Family Health Centre**

NORTH SHORE RYDE EXTENDED PARENTING SERVICE (Secondary Services)*

- **Ryde Family Care Centre** currently operating from Ryde Child and Family Health Centre
- **Ryde Outreach Service** 26 Argyle Ave RYDE 2112

Phone **9926 5944**
Phone **9926 5945**

NORTHERN BEACHES CHILD and FAMILY HEALTH CENTRES

- **Avalon** 59 Old Barrenjoey Rd AVALON 2107
- **Balgowlah** Stockland Shop 61/215 Condamine St BALGOWLAH 2093
- **Brookvale Community Health Centre** 612-624 Pittwater Rd BROOKVALE 2100
- **Frenchs Forest** Forest Way Shopping Centre FRENCHS FOREST 2086
- **Mona Vale Community Health Centre** Coronation St MONA VALE 2031

Phone **9918 3741**
Phone **9948 8061**
Phone **9388 5140**
Phone **9926 5899**
Phone **9998 6260**

Universal Health Home Visits (new baby's home visit) contact **NSLHD Health Contact Centre - option 4**
or Northern Beaches Central Intake

1300 732 503
Phone **9951 0266**

NORTHERN BEACHES EXTENDED PARENTING SERVICE (Secondary Services)*

- **Family Care Centre** 21 Dalwood Ave SEAFORTH 2092
- **Early Childhood Parenting Support Service** 21 Dalwood Ave SEAFORTH 2092

Phone **9951 0321**
Phone **9951 0377**

GENERAL PRACTICE-COMMUNITY LIAISON NURSE: CHILD and FAMILY

- Consultation and facilitation of referrals, particularly for children and families with complex vulnerabilities

Phone **9462 9694**
or **0472 808 691**



For contact details and information visit

www.nslhd.health.nsw.gov.au/CYFH

Interpreters can be arranged if required

*A fee may apply for families ineligible for Medicare

