

Achieving together - *better health, better care*

## 2020 Alcohol Brief Intervention Initiative

Sydney North Health Network (SNHN) is seeking expressions of interest from GPs willing to contribute to a knowledge base on alcohol interventions in general practice. We need GPs with a diverse range of experience on this issue to ask patients about their alcohol use and help them minimize harm from alcohol.

### Aims:

- Understanding how GPs can routinely address alcohol related harms given the competing priorities in consultations
- Understanding how GPs assess the effectiveness of alcohol screening and BI from the patient perspective
- Understanding how GPs assess the effectiveness of alcohol screening and BI from the GP perspective
- Raising GP awareness of alcohol related harm
- Increasing the number of GPs routinely doing alcohol screening and interventions

**Payment:** GPs will be remunerated \$600 on completion of the program.

**Dates:** 3-month programs commencing August 2020.

## About the program

### Key Points

- For the purposes of this project, there is no patient follow-up or specified screening tool, and no identifiable patient data will be collected.
- Activities include pre-activity reading, a pre-activity survey, conducting alcohol screening and brief interventions on a minimum of 15 patients, and providing insights on the interventions (what was effective, difficulties encountered).
- These insights will be de-identified and shared with participating GPs to accelerate learning and compiled to form a knowledge base to inform future work on addressing alcohol risk reduction.
- GPs must enter data from patient interactions in the 'Alcohol' field in their practice software.
- Where possible, attend SNHN alcohol related education events and a focus group of participating GPs.

### Benefits

- Addressing the second leading cause of preventable mortality and morbidity in Australia after smoking.
- Improving alcohol brief intervention skills.
- Access to knowledge gained from the brief intervention group.
- Meeting alcohol screening QI PIP requirement.
- The initiative is a CPD accredit activity and attracts 40 CPD points.
- Remuneration from SNHN.

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## Expression of Interest - 2020 Alcohol Brief Intervention Initiative

GP Name:	
Practice:	
Practice address:	
Mobile:	
Email address:	

Please return your form to Pat Simmonds [psimmonds@snhn.org.au](mailto:psimmonds@snhn.org.au) or if you have any questions please call 9432 8256 or email Pat.