

Domestic Violence services during COVID-19



Women's safety and domestic violence organisations have identified that coercive control and domestic abuse has increased as a result of the COVID-19 pandemic, and will continue to worsen.

If you are experiencing domestic violence call 1800 65 64 63. If you or someone you know is in immediate danger call the Police on 000. These lines are open 24/7.

Women's shelters:

- Delvena Women's Refuge - 9428 4929
New procedures are in place and are continuing to offer services to women experiencing domestic violence.
- Mary's House - 8937 2094
Continuing to offer domestic violence support, working remotely and any face-to-face contact is limited to 15 minutes.

Domestic and family violence services:

- CatholicCare - 8425 8707
Providing a range of services to assist women, men and children experiencing domestic and family violence.
www.catholiccaredbb.org.au/family-youth-children/domestic-family-violence

Extensive list of services and information:

- NSW Government
coronavirus.dcj.nsw.gov.au/services/domestic-and-family-violence
- Lower North Shore Domestic Violence Network
www.northshoredomesticviolence.org.au

Health and relationship counselling:

- Lifeline - 13 11 14
Crisis support line, available 24/7.
- MensLine Australia - 1300 78 99 78 mensline.org.au
- Relationships Australia - 1300 364 277
- Headspace - 1800 650 890 headspace.org.au
For 12 to 25 year olds

For further updates on COVID-19 visit www.northsydney.nsw.gov.au
Please don't hesitate to give us a call with any enquiries on (02) 9936 8100

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