NSW Rural Doctors Network and partner organisations are coordinating a response to provide General Practice and primary health care workforce support to areas of NSW affected by natural disasters. We are seeking expressions of interest from healthcare professionals who can provide assistance and relief in communities. Learn more and register your interest:

www.nswrdn.com.au/recovery

This document aggregates resources and information that health professionals may find useful as they and their communities work through recovery.

Organisation name	Resource 1	Resource 2	Resource 3
Aboriginal Health & Medical Research Council of NSW	Self-care toolkit		
Australian Association of Practice Management	AAPM Bushfire response		
ABC	INTERVIEW: Keeping mental health in check this bushfire season	Plan for an emergency	
Australian College of Rural & Remote Medicine WORLD LEADERS IN RURAL PRACTICE	Support for communities	Advice for pharmacists	
Australian Government Department of Health	Mental Health support for Australians	Information for Australians affected by bushfires	Mental health response to bushfire trauma

Australian Government Department of Human Services	NSW bushfires assistance		
Supporting nurses in primary health care	Bushfire information for primary health care professionals		
Beyond Blue	Looking after yourself after a disaster		
crana improving remote health plus	CRANA bush support services	Helping children in bushfire season (Australian Psychological Society fact sheet)	Psychological preparedness for bushfires (Australian Psychological Society fact sheet)
Emerging Minds	Supporting children after bushfires	Community trauma toolkit	

NSW RURAL DOCTORS NETWORK CELEBRATING 30 YEARS	#RuralHealthTogether self-care resource	Natural disaster and emergency primary health workforce response		
NSW Rural Fire Service	Bush fire survival plan			
NATIONAL RURAL HEALTH ALLIANCE LTD	Resources for people in bushfire affected communities			
NSW Health	Managing your mental health during and after a bushfire	P2 masks factsheet	SWS PHN: Bushfire support resources	
Please select links below to access individual NSW Primary Health Network bushfire and disaster ma				
_	Central & Eastern Sydney	Nepean Blue Mountains - Health Professionals	South Eastern NSW (Coordinare)	
NSW and ACT PHNs An Australian Government Initiative	Hunter New England Central Coast	North Coast NSW	South Western Sydney	
	Nepean Blue Mountains - Planning for Disaster	Northern Sydney (Sydney North Health Network)	Western NSW bushfire recovery	
	Nepean Blue Mountains - community	<u>Murrumbidgee</u>	Western NSW & Supporting Community	
RACGP Royal Australian College of General Practitioners	Bushfire information for GPs	Bushfire fact sheet	Mental health and emergencies fact sheet	
SARRAH Services for Australian Rural and Remote Allied Health	Links for those affected by bushfires			

Thank you to the partners involved in this initiative.







































