



Mental Health in Residential Aged Care for RNs

Aim: To develop the capacity of RNs to provide specialised clinical care for residents experiencing mental health symptoms.

Target audience: Registered Nurses working in Aged Care facilities in the Sydney North Health Network Region.

Facilitator: Ann Gaffney (Anglicare Emotional Wellbeing in Older Persons Program, Sydney North Primary Health Network).

This course involves self-directed study covering different learning activities:

MHPOD

Selected topics within the 'Mental Health Professional Online Development' portal.

Coaching

2 online coaching sessions with the Anglicare Program Clinician.

Reflective Nursing Practice

Self-directed activity as guided by the Anglicare Program clinician, involving a recommended webinar.

Prerequisites:

- An interest in meeting the mental health needs of older persons in your care.
- Access to the internet and a device to use to complete online learning activities.

Enquiries and Registration: Contact Ann Gaffney for a registration form.

Phone: 0407 008 478

Email: ann.gaffney@anglicare.org.au

Registrations are limited; applications will be accepted on a first come, first served basis.

All learning activities must be completed by 31 May 2020