

2020 Alcohol Brief Intervention Initiative

Sydney North Health Network (SNHN) is seeking expressions of interest from GPs willing to contribute to a knowledge base on alcohol interventions in general practice. We need GPs with a diverse range of experience on this issue to ask patients about their alcohol use and help them minimize harm from alcohol.

Aims:

- Improving the GP and patient experience when identifying alcohol use and risks in general practice.
- Raising GP awareness of the effects of alcohol related harm in the community
- Improving GP confidence in providing brief interventions in general Practice
- Addressing the stigma and shame that can be associated with alcohol issues
- Improving understanding of how GPs can routinely address alcohol harms given the competing priorities in consultations.

Payment: GPs will be remunerated \$600 on completion of the program.

Dates: 4-month programs beginning February 2020.

About the program

Key Points

- For the purposes of this project, there is no patient follow-up or specified screening tool, and no identifiable patient data will be collected.
- GPs complete a pre-activity of online education and survey.
- After 4 months GPs complete an online Reflections Survey about their interactions with patients (what was effective, lessons learned, difficulties encountered). This will be de-identified and shared with participating GPs to accelerate learning and compiled to form a knowledge base to inform future work on addressing alcohol risk reduction.
- GPs must enter data from patient interactions in the 'Alcohol' field in their practice software.
- Monthly practice data submitted routinely via Pen CAT, and baseline and 4-month data on number of patients screened by the participating GP, is the only quantitative data required.
- Where possible, attend SNHN alcohol related education events and a focus group of participating GPs.

Benefits

- Addressing the second leading cause of preventable mortality and morbidity in Australia after smoking.
- Improving alcohol brief intervention skills.
- Access to knowledge gained from the brief intervention group.
- Meeting alcohol screening QI PIP requirement.
- Potential to gain Category 1 CPD points.
- Remuneration from SNHN.

Achieving together - *better health, better care*

Expression of Interest - 2020 Alcohol Brief Intervention Initiative

GP Name:	
Practice:	
Practice address:	
Mobile:	
Email address:	

Please return your form to Pat Simmonds psimmonds@snhn.org.au or if you have any questions please call 9432 8256 or email Pat.