

### **COMMUNITY ANNOUNCEMENT - MEDIA RELEASE**

Date: 24 October 2019

# Are you a local senior resident or a carer of a local senior experiencing some level of frailty?

## We need your help and participation in shaping aged care services within the Northern Sydney region

Sydney North Health Network (SNHN) and the Northern Sydney Local Health District (NSLHD) are working together to help shape aged health care experiences in our region.

We want locals caring for seniors, and seniors themselves to register and come along to our day-long session, sharing your health care and frailty experiences.

This session is the first of two feedback sessions we are running on local aged care services.

We are keen to understand your local aged health care and frailty experiences better. At the feedback session, we will discuss the reality of aged care, your challenges, and the opportunities for shaping services across the Northern Sydney region.

When: Wednesday 6th November 2019

Where: Sydney North Health Network offices (a local, not-for-profit organisation)

Time: starts at 9:30 am - 4:30 pm

Food and beverages: catering will be provided to registered attendees.

Where:

Sydney North Health Network offices

Level 5. 475 Victoria Avenue, Chatswood (we are directly across the road from the Chatswood RSL Club).

#### How to register for the sessions or obtain more information

Please register by e-mail to cstowers@snhn.org.au with your name and contact details: telephone number and e-mail address.

#### Interested in more information on frailty?

For information on senior's frailty, frailty screening and management, please visit the Sydney North Health Network's website at <a href="https://www.snhn.org.au/programs/frailty">www.snhn.org.au/programs/frailty</a>

#### -Ends -

**MEDIA ENQUIRIES** 

Damien Long - 02 9432 8231 or after hours 0403 821 307

E: dlong@snhn.org.au

Address: Level 5, Tower 2, 475 Victoria Ave, Chatswood NSW 2067

Mail: PO Box 1083, Chatswood NSW 2057

Phone: (02) 9432 8250
Fax: (02) 8088 4770
Email: info@snhn.org.au

www.snhn.org.au





#### **About Sydney North Health Network**

The Northern Sydney Primary Health Network, operated by the Sydney North Health Network – a not for profit organisation, is one of 31 Primary Health Networks (PHNs) established by the Australian Government to increase the efficiency and effectiveness of medical services for the community. Our focus is on patients who are at risk of poor health outcomes. We work to improve the co-ordination of their care, so they receive the right care, in the right place, at the right time.

https://sydneynorthhealthnetwork.org.au/

Address: Level 5, Tower 2, 475 Victoria Ave, Chatswood NSW 2067

Mail: PO Box 1083, Chatswood NSW 2057

Phone: (02) 9432 8250
Fax: (02) 8088 4770
Email: info@snhn.org.au
www.snhn.org.au

