



# NORTHERN BEACHES LOCAL GOVERNMENT AREA HEALTH PROFILE

Northern Beaches Local Government Area (LGA) is one of 9 LGAs in the Sydney North Health Network (SNHN) region. Northern Beaches LGA was formed in May 2016 through the merger of Manly, Pittwater and Warringah LGAs.

**Key Areas: Childhood immunisation rates, obesity and risky alcohol consumption.**

## HEALTH DRIVERS

Northern Beaches LGA is an affluent area ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage. There is a small area of comparatively high socio-economic disadvantage in the suburbs of Narraweena, Narrabeen, Brookvale and Allambie Heights.



**1.3%** of people aged 16-64 years receive unemployment benefits  
SNHN: 1.3%; NSW: 4.5%



**34.1%** of people aged 17 years participating in tertiary education  
SNHN: 41.3%; NSW: 28.9%



**23.1%** of low-income families experience financial stress from mortgage or rent  
SNHN: 28.8%; NSW: 29.3%

## VULNERABLE GROUPS

### Children

**5.3%**  
**(2,925)**

of children in low-income, welfare-recipient families  
SNHN: 5.3%; NSW: 20.6%



### Older People

**16.4% (44,118)**

of the total population aged 65+ years  
SNHN: 15.7%; NSW: 15.9%

Between 2016-2036, there will be an increase of **46.3%** in the 65+ years population  
SNHN: 55.1%; NSW: 67.1%



### Disability

**3.7%** of the population have severe or profound disability  
SNHN: 3.7%; NSW: 5.4%



## HEALTH RISK FACTORS



### Obesity

**21.5 per 100**  
(18+ years) obese  
SNHN: 18.1; NSW: 28.2



### Alcohol

**22.1 per 100**  
(15+ years) engaging in high risk drinking  
SNHN: 17.9; NSW: 16.7



### Smoking

**11.4 per 100**  
(18+ years) current smokers  
SNHN: 9.5; NSW: 16

## CHILDHOOD IMMUNISATION

**IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%**



**1-year-old**

**93%**  
fully immunised  
SNHN: 93.9%  
NSW: 94%



**2-years-old**

**90.1%**  
fully immunised  
SNHN: 90.3%  
NSW: 90.2%



**5-years-old**

**92.8%**  
fully immunised  
SNHN: 92.5%  
NSW: 94.6%

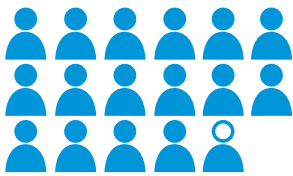
## CANCER SCREENING

**Bowel cancer screening** participation rates in **50-74 years in Manly (42.9%), Pittwater (40.7%) and Warringah (39.6%)** compared to 39% in SNHN and 36.8% NSW.

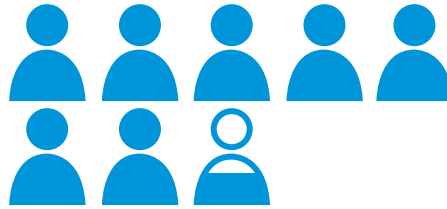
**Cervical cancer screening** participation rates among women aged **20-69 years in Manly (68%), Pittwater (68.5%) and Warringah (65.4%)** compared to 62.7% in SNHN and 55.9% in NSW.

**Breast cancer screening** participation rates among women aged **50-74 years in Manly (55.8%), Pittwater (53.8%) and Warringah (54%)** compared to 53.2% in SNHN and 53.1% in NSW.

## MENTAL HEALTH



**16.7 per 100**  
(15+ years) report mental and behavioural problems  
**SNHN: 15.8; NSW: 17.7**

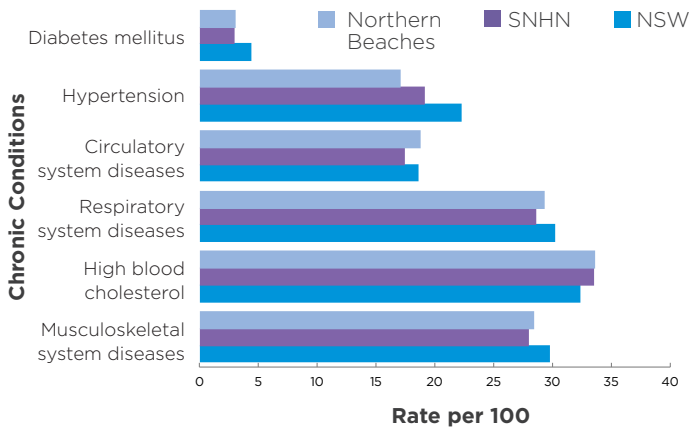


**7.6 per 100**  
(18+ years) report high or very high psychological distress  
**SNHN: 7.3; NSW: 11**



**2,251 per 100,000**  
mental health related hospitalisations  
**SNHN: 2,222; NSW: 1,975**

## CHRONIC CONDITIONS



## POTENTIALLY PREVENTABLE HOSPITALISATIONS



**1,808 per 100,000**  
NSW: 2,213 per 100,000

## PRIMARY HEALTHCARE

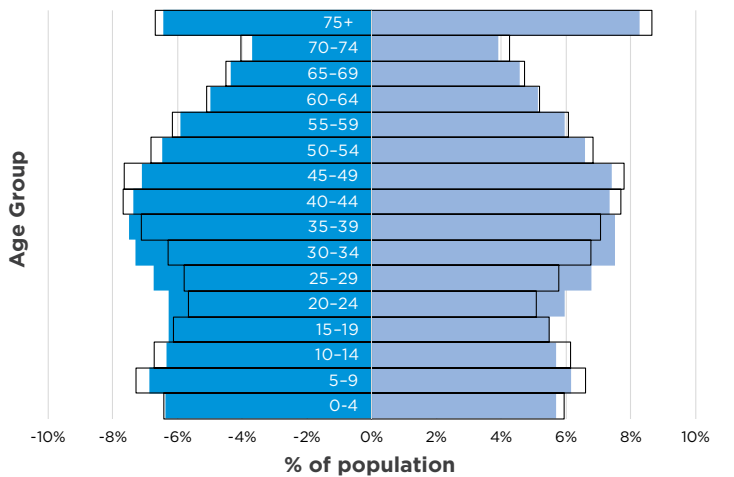


**66** GP practices in the Northern Beaches region

**107 GPs per 100,000 people** SNHN: 129 per 100,000 people; NSW: 119 per 100,000 people

## DEMOGRAPHY

### Age structure comparison by sex for Northern Beaches and SNHN



□ Northern Beaches males ■ SNHN males □ Northern Beaches females ■ SNHN females

**Total population 268,666.** Between 2016-2036, the total population will increase by 13% to 297,950  
**SNHN: 23.5%; NSW: 28.1%**

**Area: 254.2 km<sup>2</sup>**

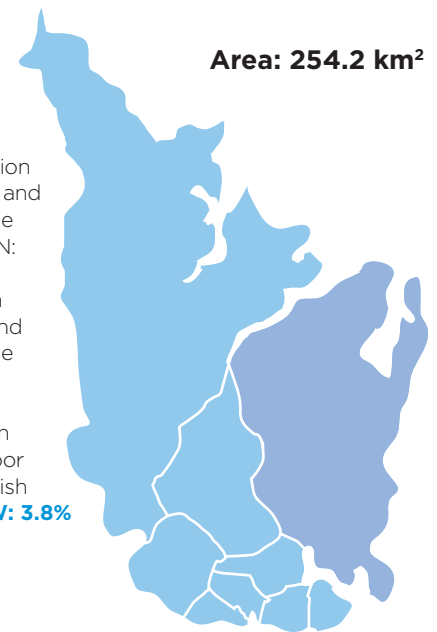
### CALD

14% of the population is from a culturally and linguistically diverse background (SNHN: 25.7%; NSW:21%) Chinese and Italian largest culturally and linguistically diverse groups.

1.3% of people born overseas report poor proficiency in English  
**SNHN: 3.4%; NSW: 3.8%**

### Aboriginal

**0.6% (1,720)** of the population identify as Aboriginal and Torres Strait Islander  
**SNHN: 0.4%; NSW: 3.4%**



## Sources

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