

# KU-RING-GAI LOCAL GOVERNMENT AREA HEALTH PROFILE

Ku-ring-gai Local Government Area (LGA) is one of 9 LGAs in the Sydney North Health Network (SNHN) region.

**Key Areas: Childhood immunisation and older population.**

## HEALTH DRIVERS

**Ku-ring-gai LGA is an affluent area**, ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage.



**0.7%** of people aged 16-64 years receive unemployment benefits  
SNHN: 1.3%; NSW: 4.5%



**44%** of people aged 17 years participating in tertiary education  
SNHN: 41.3%; NSW: 28.9%



**23.9%** of low-income families experience financial stress from mortgage or rent  
SNHN: 28.8%; NSW: 29.3%

## VULNERABLE GROUPS

### Children

**3.5% (946)**

of children in low-income, welfare-recipient families  
SNHN: 5.3%; NSW: 20.6%



### Older People

**17.8% (22,190)**

of the total population aged 65+ years  
SNHN: 15.7%; NSW: 15.9%

Between 2016-2036 there will be an increase of **48.8%** in the 65+ years population  
SNHN: 55.1%; NSW: 67.1%



### Disability

**3.6%** of the population have severe or profound disability  
SNHN: 3.7%; NSW: 5.4%



## HEALTH RISK FACTORS



### Obesity

**14.2 per 100** (18+ years) obese  
SNHN: 18.1; NSW: 28.2



### Alcohol

**17.2 per 100** (15+ years) engaging in high risk drinking  
SNHN: 17.9; NSW: 16.7



### Smoking

**7.2 per 100** (18+ years) current smokers  
SNHN: 9.5; NSW: 16

## CHILDHOOD IMMUNISATION

**IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%**



**1-year-old**

**93.5%** fully immunised  
SNHN: 93.9%  
NSW: 94%



**2-years-old**

**90.4%** fully immunised  
SNHN: 90.3%  
NSW: 90.2%



**5-years-old**

**92.9%** fully immunised  
SNHN: 92.5%  
NSW: 94.6%

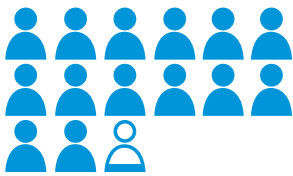
## CANCER SCREENING

**Bowel cancer screening** participation rates among people aged **50-74 years in Ku-ring-gai (39.2%)** similar to the SNHN rate (39%) and higher than the NSW rate (36.8%).

**Cervical cancer screening** participation rates among women aged **20-69 years (64.8%)** higher than both SNHN (62.7%) and NSW (55.9%) rates.

**Breast cancer screening** participation rates among women aged **50-74 years (52.9%)** similar to both SNHN (53.2%) and NSW (53.1%) rates.

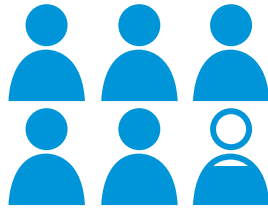
## MENTAL HEALTH



**14.2 per 100**

(15+ years) report mental and behavioural problems

SNHN: 15.8; NSW: 17.7



**5.5 per 100**

(18+ years) report high or very high psychological distress

SNHN: 7.3; NSW: 11

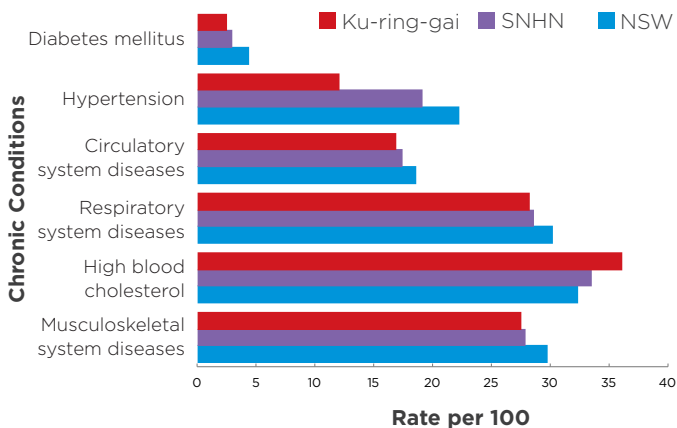


**1,996 per 100,000**

mental health related hospitalisations

SNHN: 2,222; NSW: 1,975

## CHRONIC CONDITIONS



## POTENTIALLY PREVENTABLE HOSPITALISATIONS



**1,575 per 100,000**

NSW: 2,213 per 100,000

## PRIMARY HEALTHCARE



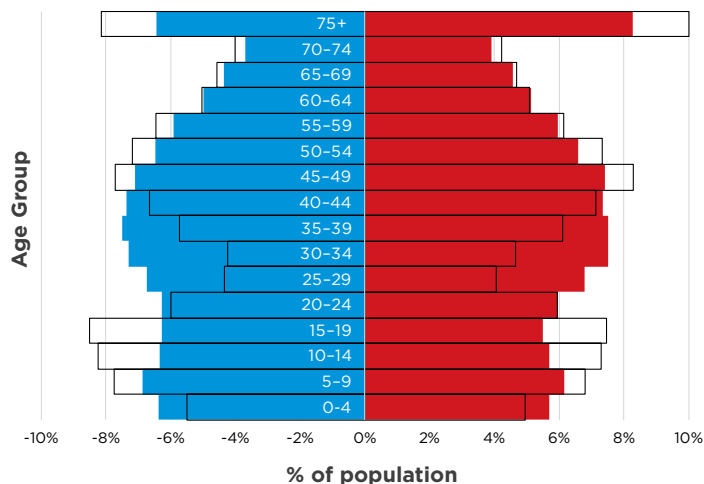
**40** GP practices in the Ku-ring-gai region

**122 GPs per 100,000**

SNHN: 129 per 100,000 people; NSW: 119 per 100,000 people

## DEMOGRAPHY

Age structure comparison by sex for Ku-ring-gai and SNHN



□ Ku-ring-gai males ■ SNHN males □ Ku-ring-gai females ■ SNHN females

**Total population 124,444.** Between

2016-2036, the total population will increase by 25.1% to 154,500

SNHN: 23.5%; NSW: 28.1%

Area: 85.4 km<sup>2</sup>

### CALD

25.7% of the population is from a culturally and linguistically diverse background (SNHN: 25.7%; NSW: 21%). Chinese and South Korean largest culturally and linguistically diverse groups.

3.3% of people born overseas report poor proficiency in English

SNHN: 3.4%; NSW: 3.8%

### Aboriginal

**0.2% (259)** of the population identify as Aboriginal and Torres Strait Islander

SNHN: 0.4%; NSW: 3.4%



## Sources

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