



# **SUBSTANCE USE IN PREGNANCY & PARENTING SERVICE**

## **HAVING A BABY?**

If you are pregnant,  
thinking of becoming pregnant,  
or you have just had a baby

**SUPPS** would like to support you!

### **CONTACT US**

#### **DRUG AND ALCOHOL SERVICES**

##### **NORTHERN BEACHES**

0418 617 960 / 0404 005 247

Brookvale Community Health Centre

Level 3, 612-624 Pittwater Road

Brookvale

##### **NORTH SHORE**

0422 004 080 / 0429 941 800

North Shore Community Health Centre

Level 1, 2C Herbert Street

St. Leonards

# WHO ARE WE?

We are a Drug and Alcohol team who work with women during pregnancy and up to two years following birth.

## WHAT DO WE DO?



Give support and treatment to women who are using (or have used) alcohol and other drugs during their pregnancy



Work with women to make changes to their current drug or alcohol use



Help women to adjust to their role as parents



Assist women to access other support services if needed



Support family members to access drug and alcohol treatment services

### For Professionals

SUPPS can provide training and education to health service providers to build confidence, skills and knowledge regarding substance use and its impact during pregnancy and parenting.



**Health**  
Northern Sydney  
Local Health District