



TOWARDS  
**wellbeing**  
CONFERENCE  
2019

**2 DAYS**  
**OCT 31<sup>ST</sup>**  
**NOV 1<sup>ST</sup>**

**WATERVIEW  
BICENTENNIAL PARK  
HOMEBUSH NSW**

**SPEAKERS  
WORKSHOPS  
NETWORKING FUNCTION**

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INFORMATION,  
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**Now more than ever, children, young people, families and professionals navigate unprecedented change and significant life events including, loss and trauma.**

Join us to learn from experts about recent research and evidence-based strategies that can be integrated into organisation and education wellbeing practice.

Interactive workshops led by specialist practitioners will provide an opportunity to support professional wellbeing approaches and programs that build safe environments to empower children, young people and families to heal from their experience.

**KEY SPEAKERS • THE LATEST RESEARCH • PRACTICAL WORKSHOPS**

**Outcomes for Participants**

The Conference will help prepare participants to meet the needs of children, young people and their families along with the organisations and schools that care for them and educate them.

- **L**earn from international experts and practising professionals about the impacts of significant change, trauma and grief
- **E**vidence based research and presentations to inform safe and effective practice
- **A**cquire new ways to support the emotional wellbeing of children, young people and adults
- **R**ecognise and respond to the impact of adverse events on the culture and wellbeing of organisations and schools
- **N**etworks formed through conference attendance and workshop participation

**Who should attend?**

An audience that will consist of *Seasons for Growth* Trainers and Companions, Sanctuary and ReLate specialists and we invite curious and interested practitioners and organisations eager to lead the way towards better wellbeing outcomes for the children, young people and families they support.

- Professionals who work with children and young people
- Teachers and School Wellbeing / Learning Support Staff
- School Leaders – Year Coordinators/Assistant Principals
- Allied Health Professionals (Wellbeing professionals, Social Workers, Case Managers, Care Workers)
- Program trainers – Sanctuary, ReLATE and *Seasons for Growth*
- Professionals and organisations engaged with Sanctuary, ReLATE and *Seasons for Growth*

**Professional Learning**

- Application to appropriate education bodies for CPD points for teaching staff and other health professionals

The speakers, topics and program are subject to change without notice. Cancellation policy: [www.goodgrief.org.au](http://www.goodgrief.org.au)  
MacKillop Family Services ABN 79 078 299 288 For more information visit [www.goodgrief.org.au](http://www.goodgrief.org.au)



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