

HORNSBY KU-RING-GAI Child & Family Health Service

All nursing staff are registered nurses with additional qualifications in Child & Family Health (CFH) & other speciality areas. The CFH Service is part of a multidisciplinary CFH team of professionals including psychologists, social workers, speech therapists, occupational therapists, physiotherapists, medical practitioners, etc.

ELIGIBILITY

FREE to all parents & caregivers with children, newborn to five years residing within the Hornsby & Ku-ring-gai Council areas & a small section of City of Parramatta Council area.

SERVICES PROVIDED*

- Child & Family Health Centres:
 - 1st Home Visit offered to all families with a newborn (Universal Health Home Visit – UHHV)
 - Appointments, phone consultations & parenting groups
 - Personal Health Record (PHR - Blue Book) child health growth & development assessment, surveillance & screening (ASQ-3 & ASQ:SE-2)
 - Oral health, vision, speech & hearing screening
 - Parenting help, information & anticipatory guidance including:

✓ Breast feeding support	✓ Child growth & development
✓ Infant/child nutrition	✓ Infant/child behaviour
✓ Unsettled/crying babies	✓ Infant/child play & safety
✓ Infant/child sleep difficulties	✓ Parenting support/education
 - Identification of child protection issues
 - Screening for Domestic Violence, postnatal depression/anxiety & other psychosocial/mental health issues
- Liaison & collaboration with GPs, Practice Nurses, community paediatrics & specialist practitioners
- Referral to Allied Health (e.g. speech pathology, occupational therapy, physiotherapy & social work)
- Child Health & parenting resources including multicultural resources
- Targeted services including Extended Home Health Visiting, Day Stay & Community Paediatrics

REFERRALS

Parents/caregivers with children can **self-refer** & referrals from GPs or other health professionals are welcomed.

For more information & general enquires such as hours of operation, appointments, referrals, breast feeding support, parenting group details please contact your nearest Child & Family Health Centre

HORNSBY KU-RING-GAI CHILD & FAMILY HEALTH CENTRES (Early Childhood Health Centres)

- **Berowra** - 123 Berowra Waters Rd, BEROWRA HEIGHTS NSW 2082 **Phone 9456 2877**
- **Galston** - 17 Arcadia Rd (cnr Glade & Arcadia Rd), GALSTON NSW 2159 **Phone 9483 7955**
- **Hornsby** - 59 Florence Street, HORNSBY, NSW 2077 **Phone 9987 3055**
- **Pennant Hills** - 5 Fisher Ave, PENNANT HILLS NSW 2120 **Phone 9483 7955**
- **St Ives** - St Ives Shopping Village, ST IVES, NSW 2075 **Phone 9988 4999**

EXTENDED SUPPORT (Secondary Service)**

- **Hornsby Family Care Centre** - Building 14, 3 -7 Derby Rd, HORNSBY, NSW 2077 **Phone 9485 6112**

*Interpreters can be arranged if needed

**A fee may apply for families ineligible for Medicare