

Nutrition and Hydration – Eating well to prevent falls

How to Refer to a Dietitian in NSLHD

Dietitians are university qualified health professionals who are the experts in nutrition and hydration. Dietitians work across NSLHD in a variety of different roles.



Inpatients

Admitted patient referrals to a Dietitian via 'eMR Orders - Allied Health Dietitian Inpt.'

Although every effort will be made to see referred patients, all Dietitian referrals are prioritised as per site-based departmental priority lists.

Ensure your reason for referral is clear so that the Dietitian can assess both the priority and level of intervention required.

Community

Commonwealth Home Support Programme (CHSP) Dietitians

Offering home visits and outpatient visits for clients > 65 years, living at home.

Referrals to be made via My Aged Care (MAC):

<https://www.myagedcare.gov.au/referral>

Chronic Disease Community Rehabilitation Service (CDCRS) Dietitians

For clients with a pulmonary or heart failure diagnosis.

Referrals to be made via the Health Contact Centre on 1300 732 503

Outpatients

Please contact the Nutrition & Dietetics department closest to the person's residential address to determine eligibility criteria for outpatient Dietetic services.

The patient will require a referral letter from their GP.

Private Practice

Search for an Accredited Practising Dietitian (APD) on The Dietitians Association of Australia website: <https://daa.asn.au/find-an-apd/>

Clients may be entitled to a rebate through Medicare as part of the Chronic Disease Management plan (made by their GP) or via their private health insurance.

Additional Options to support Nutrition in the Community:

Carer Support Men's Cooking Classes:
<http://internet.nslhd.health.nsw.gov.au/Services/Carer/carerevents/Pages/Carer-Leisure-Programs.aspx>

