



Dear Parents and Guardians,

On the, local Northern Sydney General Practitioners and Nurses will be facilitating a GPs in Schools workshop for year 11 students.

GPs in Schools is a 3-hour workshop that is delivered by Sydney North Primary Health Network who are funded and guided by the Australian Department of Health.

The evidence-based program brings registered General Practitioners and Nurses into their local schools to build confidence and health literacy in areas such as access to free healthcare, specific youth health issues, confidentiality, Medicare, bulk billing, and their healthcare rights.

GPs in Schools includes:

- What is health?
- How to use the Australian healthcare system
- Physical health, sexual health, mental health and alcohol and other drugs
- Student anonymous health questions

GPs in Schools empowers students to ask questions that matter to them in a safe environment, in their school with their self-selected friendship groups of approximately 12 students per GP or Nurse. Utilising a peer-centred health promotion approach that allows students to ask questions anonymously, invests in students to take an active and informed role in their healthcare as they transition to adulthood.

The GPs in Schools program has been running for 20 years in over 30 Northern Sydney high schools. There is over 100 General Practitioners and a dozen nurses that have contributed to the success of the program. The GPs and nurses have appreciated the ongoing support from Northern Sydney high schools and the parents and guardians of their students.

If you would like more information or have any queries about the GPs in Schools program or the Sydney North Primary health Network, please visit:

<https://sydneynorthhealthnetwork.org.au/programs/youth-health/>

Sincerely,

Sydney North Primary Health Network



Australian Government



SYDNEY NORTH
Primary Health Network

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