

For
Injured
Workers

Plus Social for Injured Workers Pilot Program

*Accepting referrals now.
Limited places.*



Do you have a patient who was injured at work and hasn't returned?



Do they need more than medical care and rehab?



After their injury, are they:

- Feeling isolated, lost or disengaged?
- Not coping as well with life?
- Disconnected from their local community or personal interests?



The Plus Social pilot program may be the answer.

It aims to improve the wellbeing and social participation of injured workers who have been unable to return to work or who have returned to work on reduced hours.



What are the eligibility criteria for Plus Social?

Eligible participants are:

- ✓ **injured workers**, who have a current
- ✓ **Certificate of Capacity** from an Australian workers compensation scheme, and who have been
- ✓ **unable to return to work** or who have returned to work on **reduced hours**.

Additionally, they should have psychosocial needs that are impacting their quality of life, and can benefit from linking to services that aim to meet their practical, social, and wellbeing needs or from increased social participation.



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How Plus Social works with a GP's medical care model



Standard medical care for workplace injury

Focus:
Treating the injury or illness

GP led care includes:

- Medical treatment
- Diagnostic and preventative care
- Rehabilitation
- Physiotherapy
- Referrals to specialists
- Pain management
- Care aimed at supporting the injured worker to recover at work

Output:
Recovery from
injury and ability
to return
to work

Plus Social (Social Prescribing)

Focus:
Improving wellbeing

**Link Workers provide non-clinical
interventions including:**

- Social work support to access local community services such as financial assistance, housing, NDIS, transport, and relationship counselling.
- Support in accessing a range of social participation groups such as health and wellbeing activities, arts and craft, men's social activities, and technology skills.
- Reconnecting injured workers with their local community.

Output:
Improved wellbeing,
quality of life,
and social
connectedness

How to refer?

- An Injured Worker, GP, Allied Health Professional, or SIRA Approved Workplace Rehabilitation Provider can refer. A Certificate of Capacity must be provided as part of the referral.
- Complete the one page referral form and email to referral@pccs.org.au or fax to 8244 1900.



For further information:

Visit our website
www.pccs.org.au

Call on **9477 8700** or

Email referral@pccs.org.au