

## SERVICES PROVIDED

- Drug & Alcohol Counselling
- Detoxification
- Rehabilitation
- Gambling Counselling
- MERIT (Magistrates Early Referral Into Treatment Program)
- Pharmacotherapy
- Opioid treatment Program
- Relapse Prevention
- Dual Diagnosis Management
- Hospital Inpatient Consultation & Liaison
- Specialist Medical Assessment & Treatment
- Controlled Drinking
- Smoking Cessation
- GP & Pharmacy support
- Health Promotion

## OTHER NUMBERS

Alcohol & Drug Information Service

**9361 8000**

Lifeline

**13 11 14**

Alcoholics Anonymous

**9488 9820**

Narcotics Anonymous

**9519 6200**

SMART

**9373 5100**

Northern Sydney Mental Health Helpline

**1800 011 511**

Gambling help

**1800 858 858**

Quitline

**13QUIT or 137848**

Emergency Accommodation

**9265 9087**

Youth Accommodation

**9698 5822 & 92675918**

Family Drug Support

**1300 368 186**

RUSH

Responsive User Services in Health

Northern Beaches **9388 5110**

RNSH **9462 9040**

Feb 2018



**Health**  
Northern Sydney  
Local Health District

# Drug & Alcohol Services

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In Northern Sydney

### ***Our Mission***

*To reduce the harm associated with problematic drug and alcohol use on individuals, their families and the communities of the Northern Sydney Local Health District*

## Counselling Services

### Lower North Shore

Level 1 RNS Community Health Centre  
2c Herbert Street  
St Leonards, 2065                   **9462 9199**

### Hornsby

Hornsby Hospital  
Building 51, Lowe Road  
Hornsby, 2077                   **9477 9567**

### Mona Vale

Mona Vale Community Health Centre  
Mona Vale Hospital  
Coronation Avenue  
Mona Vale, 2103                   **9388 5333**

### Northern Beaches

Brookvale Community Health Centre  
612—624 Pittwater Rd  
Brookvale, 2100                   **9388 5333**

### Ryde Drug & Alcohol

Ryde Community Mental Health Centre  
39-41 Fourth Avenue  
Eastwood, 2122                   **9858 7776**

*Provides counselling for people with drug,  
alcohol and gambling problems*

## MERIT

Level 1 RNS Community Health Centre  
2c Herbert Street  
St Leonards, 2065                   **9462 9199**

*Treatment program for people who have a  
substance problem & Local Court matters*

## Opioid Treatment Programs

### Herbert Street Clinic

RNS Community Health Centre  
2c Herbert Street  
St Leonards, 2065                   **9462 9177**

### Northern Beaches

Brookvale Community Health Centre  
612—624 Pittwater Rd  
Brookvale, 2100                   **9388 5111**

*Provide Methadone & Buprenorphine  
assessments, case management  
and dosing.*

## Herbert Street Clinic

### Inpatient Drug and Alcohol Services

Herbert Street Clinic  
Royal North Shore Hospital  
Building 8, Herbert Street  
St Leonards, 2065                   **9463 2533**

*11 bed, 7-14 day voluntary inpatient  
detoxification program. Medicated  
withdrawal from a range of drugs including  
alcohol.*

*4 bed Involuntary Drug and Alcohol  
Treatment program 28 days.*

## Non-Government Services

### SDECC

Sydney Drug Education & Counselling  
Centre

91 Pittwater Rd  
Manly 2095                   **9977 0711**

### Manly Youth Support

Mobile Outreach Service                   **8968-5100**

### Phoenix-Kedesh Rehabilitation Service

Residential rehabilitation service

Manly Hospital  
Darley Road                   **4222 1800**

*Residential rehabilitation program.*