



WORKSHOPS IN MENTAL HEALTH SKILLS TRAINING AND CPD

FOR GENERAL **PRACTITIONERS**

MENTAL HEALTH ASSESSMENT AND MANAGEMENT: HOW TO DEVELOP A GP MENTAL HEALTH PLAN, SAFETY **PLAN AND REVIEW**

TWO DAY WORKSHOP

DATE Sat 14 - Sun 15 April 2018 **LOCATION** HETI North Parramatta Campus

COST \$750

GPMHSC approved for Mental Health Skills Training (MHST)

The Mental Health Assessment and Management workshop is a two day workshop that aims to develop skills in comprehensive mental health assessment, management planning and review processes, derived from the person's experiences of illness, and is based on a recovery-focused model. It provides a context for mental health practice in Australia and an overview of patient barriers to accessing mental health services. Participants benefit from an interactive experience with experts from psychiatry, general practice, trauma-focused care and addiction medicine, along with shared perspectives from Carer and Consumer representatives.

Who should attend?

General Practitioners and AGPT registrars who require GP Mental Health Skills training or a comprehensive update of skills.

Components

Day 1: Mental health assessment and formulation; Day 2: Risk assessment and complexity in mental health assessment and management (see adjacent).



RISK ASSESSMENT AND COMPLEXITY IN MENTAL HEALTH ASSESSMENT AND MANAGEMENT

ONE DAY WORKSHOP

(a component of the two day workshop)

Sun 15 April 2018

LOCATION HETI North Parramatta Campus

COST

The Risk Assessment and Complexity in Mental Health Assessment workshop is a one day workshop that aims to develop skills in risk assessment, identifying complexity of care, providing introduction to management and treatment planning, including development of a safety plan and review processes. This is derived from the person's experiences of illness, and is based on a recovery-focused model. Participants learn in a collaborative and interactive forum facilitated by experts from psychiatry, general practice, trauma-focused care, and addiction medicine, along with shared perspectives from Carer and Consumer representatives.

Who should attend?

General Practitioners and AGPT registrars. This workshop is targeted to those who have already completed their GP Mental Health Skills training (Level 1) and require additional mental health CPD.





