

FREE Staff Seminar and Expo

The NSLHD Rehabilitation and Aged
Care Network and
NSLHD Health Promotion present:



Frailty and Sarcopaenia : what do we know and what can we do?

A **FREE Forum and Expo** for staff of Northern Sydney Local Health District Hospitals and Community Services with an interest in frailty and sarcopaenia.

Focus

- ◆ The latest evidence regarding Frailty and Sarcopaenia
- ◆ The latest developments with regards to management from medical, pharmacological, physical activity and nutritional perspectives, including work in NSLHD
- ◆ Discussion regarding next steps for the clinical application of frailty screening in NSLHD including leaders from a range of specialties & disciplines

When

Wednesday 11th April, 2018

8.15am - 12.15pm (Registration from 8.00am)

Where

Kolling Auditorium, Royal North Shore Hospital

VC links are possible by prior arrangement & with a local coordinator

Presenters Include:

Prof Sue Kurrle, Clinical Director Rehabilitation and Aged Care, NSLHD,
Prof Sarah Hilmer, Geriatrician and Pharmacologist, RNSH,
Prof Cathie Sherrington, School of Public Health, University of Sydney,
and Other NSLHD Clinical Leaders

Registration Essential

Morning Tea will be provided

Registration for NSLHD staff is via My Health Learning

Other registrations should be directed to Natalie Dawes, Clinical Network
Administration Officer; natalie.dawes@health.nsw.gov.au

Falls Prevention[®]
is everyone's business



Health
Northern Sydney
Local Health District