

Clinical Online Help

Alcohol Tab

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Audit-C Alcohol Assessment

The AUDIT-C assessment can help identify persons who are hazardous drinkers or have active alcohol use disorders (including alcohol abuse or dependence). The AUDIT-C is a modified version of the 10-question AUDIT instrument. The AUDIT-C is scored on a scale of 0–12. Each AUDIT-C question has five answer choices. Points allocated are:

a = 0 points

b = 1 point

c = 2 points

d = 3 points

e = 4 points

- In men a score of 4 or more is considered positive, optimal for identifying hazardous drinking or active alcohol use disorders.
- In women a score of 3 or more is considered positive (same as above).

Note that prior to your first use of the Audit-C Assessment, MedicalDirector Clinical will read the last assessment recorded using the *old* alcohol assessment tool (pre Clinical v3.16a), and attempt to map it to the Audit-C fields. See the [table](#) below for data-mapping information.

Patient Details

Pt. Details Allergies/Adverse Reactions/Warnings Family/Social Hx Notes Smoking Alcohol Personal Details

Date of assessment: 10/11/2016

Audit-C Assessment

1. How often do you have a drink containing alcohol?
 Never Monthly or less 2-4 times a month
 2-3 times a week 4 or more times a week

2. How many standard drinks containing alcohol do you have on a typical day?
 1 or 2 3 or 4 5 or 6
 7 to 9 10 or more

3. How often do you have six or more drinks on one occasion?
 Never Less than monthly Monthly
 Weekly Daily or almost daily

Audit-C Total Score: 9

In men a score of 4 or more and in women a score of 3 or more is considered positive, optimal for identifying hazardous drinking or active alcohol use disorders. The guidelines to reduce health risks from drinking alcohol provide further assessment and treatment options.

Patient concerned about drinking?
 Yes No Don't know

Currently displaying data from assessment performed on 10/11/2016. Click 'New Assessment' to conduct a new assessment.

Date	Time	Score	Concerns	Comments
10/11/2016	10:55:22	9	Don't know	No
10/11/2016	09:53:28	2	Don't know	No

Comments

Update address for all family members
 Auto-capitalise names

The recording of data on this tab is for your records only; it plays no part in the functioning of other modules within Clinical, except for the [Letter Writer](#) where some of this information can be merged into letters.

- Click to open a window of [information on alcohol consumption](#).
- Click to open the World Health Organisation's web page '[Screening and brief intervention for alcohol problems in primary health care](#)'.
- Click to record a new assessment. This clears data from the window, ready for your new assessment. Once you completed the assessment, click to save the data. A new entry will be added to the list of assessments, located at the top-right of this window.
 - A note is also added to the patient's [Progress Notes](#).
 - Information you save here is reflected in the patient's [Health Assessment](#), and [ATSI Health Assessment](#) (for eligible patients).
 - The latest assessment is always displayed by default when you access the Alcohol tab.
- To view a previous assessment, locate and double-click a previous assessment from the list at the top-right of this window.
- Click to delete a previous assessment.

Update Address for All Family Members check box

Content taken from v3.17.2 - [Become an Early Adopter](#) - Leave us [feedback](#)

For Internet Explorer users, this web site requires a minimum IE9.

Update the address details for other family members with the details of the current patient. Clinical uses the Head of Family setting to determine which patients are members of the same family. This option is only available when editing Patient Details from the [Clinical Window](#).

Auto-Capitalise Names check box

Tick the **Auto-Capitalise Names** check box to automatically capitalise the first letter of each word you type. There are numerous windows throughout MedicalDirector Clinical that offer this functionality, including the various [Options](#) tabs.

Alcohol Guidelines

A "standard drink" contains 10 grams of alcohol (equivalent to 12.5mL of alcohol)

Summary of the Guidelines

Guideline 1: Reducing the risk of alcohol-related harm over a lifetime

The lifetime risk of harm from drinking alcohol increases with the amount consumed.

For healthy men and women, drinking no more than two standard drinks on any day reduces the lifetime risk of harm from alcohol-related disease or injury.

Guideline 2: Reducing the risk of injury on a single occasion of drinking

On a single occasion of drinking, the risk of alcohol-related injury increases with the amount consumed.

For healthy men and women, drinking no more than four standard drinks on a single occasion reduces the risk of alcohol-related injury arising from that occasion.

Guideline 3: Children and young people under 18 years of age

For children and young people under 18 years of age, not drinking alcohol is the safest option.

A. Parents and carers should be advised that children under 15 years of age are at the greatest risk of harm from drinking and that for this age group, not drinking alcohol is especially important.

B. For young people aged 15–17 years, the safest option is to delay the initiation of drinking for as long as possible.

Maternal alcohol consumption can harm the developing fetus or breastfeeding baby.

A. For women who are pregnant or planning a pregnancy, not drinking is the safest option.

B. For women who are breastfeeding, not drinking is the safest option.

Source: "NHMRC" Australian Guidelines to Reduce Health Risks from Drinking Alcohol

Endorsed February 2009

Mapping of Old Assessment Data

Prior to your first use of the Audit-C Assessment, Clinical will read the last assessment recorded using the *old* alcohol assessment tool (pre Clinical v3.16a), and attempt to map it to the Audit-C fields. The following table outlines data mapping guidelines.

Question	Legacy Assessment Answers	Audit-C Assessment Answers
Days a week patient usually drinks alcohol	Never (Non-drinker)	Never
	Less than monthly	Monthly or less
	1-2 days a month	2-4 times a month
	1-2 days a week	2-3 times a week
	3-4 days a week	2-3 times a week
	5-6 days a week	4 or more times a week
	Every day	4 or more times a week
On a day patient drinks alcohol, how many standard drinks?	0	Left blank
	1,2	1 or 2
	3,4	3 or 4
	5,6	5 or 6
	7,8,9	7 or 8
	10 to 99	10 or more
Six or more standard drinks on one occasion?	Never	Never
	Less than monthly	Less than monthly

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Alcohol Tab

Weekly

Weekly

Daily or almost daily

Daily or almost daily

Patient concerned about drinking?

Yes

NA

No

NA

Don't know

NA

