HORNSBY KU-RING-GAI Child & Family Health Nursing Service

All nursing staff are registered nurses with additional qualifications in Child & Family Health (CFH) & other speciality areas. The CFH Nursing Service is part of a multidisciplinary CFH team of professionals including psychologists, social workers, speech therapists, occupational therapists, physiotherapists, medical practitioners, etc.

ELIGIBILITY

FREE to all parents & caregivers with children, newborn to five years residing within the Hornsby & Ku-ring-gai Council areas & a small section of City of Parramatta Council area.

SERVICES PROVIDED*

- Child & Family Health Centres:
  - 1st Home Visit offered to all families with a newborn (Universal Health Home Visit – UHHV)
  - Appointments, phone consultations & parenting groups
  - Personal Health Record (PHR - Blue Book) child health growth & development assessment, surveillance & screening (ASQ-3 & ASQ:SE-2)
  - Oral health, vision, speech & hearing screening
  - Parenting help, information & anticipatory guidance including:
    ✓ Breast feeding support
    ✓ Infant/child nutrition
    ✓ Unsettled/crying babies
    ✓ Infant/child sleep difficulties
    ✓ Child growth & development
    ✓ Infant/child behaviour
    ✓ Infant/child play & safety
    ✓ Parenting support/education
  - Identification of child protection issues
  - Screening for Domestic Violence, postnatal depression/anxiety & other psychosocial/mental health issues
- Liaison & collaboration with GPs, Practice Nurses, community paediatrics & specialist practitioners
- Referral to Allied Health (e.g. speech pathology, occupational therapy, physiotherapy & social work)
- Child Health & parenting resources including multicultural resources
- Targeted services including Extended Home Health Visiting, Day Stay & Community Paediatrics

REFERRALS

Whilst NO referral is required & parents/ caregivers with children can self-refer, referrals from GPs or other health professionals are welcomed.

For general enquires such as hours of operation, parenting group details & appointments &/or consultation, referrals, additional information contact your nearest Child & Family Health Centre

HORNSBY KU-RING-GAI CHILD & FAMILY HEALTH CENTRES (Early Childhood Health Centres)

- Berowra - 123 Berowra Waters Rd, BEROWRA HEIGHTS NSW 2082 Phone 9456 2877
- Galston - 17 Arcadia Rd (cnr Glade & Arcadia Rd), GALSTON NSW 2159 Phone 9483 7955
- Hornsby - 59 Florence Street, HORNSBY, NSW 2077 Phone 9987 3055
- Pennant Hills - 5 Fisher Ave, PENNANT HILLS NSW 2120 Phone 9483 7955
- St Ives - St Ives Shopping Village, ST IVES, NSW 2075 Phone 9988 4999

EXTENDED SUPPORT (Secondary Service)**

- (Koala) Family Care Centre - Building 14, 3 - 7 Derby Rd, HORNSBY, NSW 2077 Phone 9485 6112

*Interpreters can be arranged if needed  **A fee may apply for families ineligible for Medicare

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