

Clinical or Registered Psychologist

Gidget Foundation Australia

Locations: Gidget House

North Sydney | Randwick | The Mater | North Shore Private | Merrylands

- Part time positions available
- Opportunity to specialise in perinatal mental health
- Medicare bulk-billed service
- Head office based in North Sydney
- Opportunities available immediately at North Sydney, Randwick, The Mater as well as North Shore Private (from February 2018) and Merrylands (from March 2018)
- Start w/c 15 January or earlier - Flexible start dates available and ongoing recruitment opportunities due to organisational growth

About us:

Gidget Foundation Australia is a not-for-profit organisation chaired by leading Obstetrician Gynaecologist and Vice President of RANZCOG, Dr Vijay Roach. Gidget Foundation Australia exists to promote emotional wellbeing for expectant and new parents and to raise awareness of perinatal anxiety and depression amongst women and their families, their health providers and the wider community to ensure those in need receive timely, appropriate and supportive care.

The Foundation leverages its impact and strengthens its outcomes by working collaboratively with many professionals who support vulnerable parents. Its programs include:

- Gidget Emotional Wellbeing Screening Programs at hospitals (The Mater and North Shore Private) with two more to come in 2018
- Gidget House, providing free psychological support (10 sessions) for families experiencing emotional distress during pregnancy and early parenthood, located at North Sydney, Randwick and The Mater Hospital (and new opening in Western Sydney at Merrylands and Wetherill Park in 2018)
- *Start Talking*, providing free video call psychological support (10 sessions) where available for families experiencing emotional distress during pregnancy and early parenthood, due to launch in early 2018
- Education and awareness programs for health professionals and the community
- Advocacy and active memberships of professional networks
- Research and contribution to mainstream and professional publications
- Development and distribution of resources

About the program

Gidget House is a specialist centre offering perinatal mental health services to expectant and new parents in need of support around perinatal depression and anxiety.

This is a GP referred program that requires a mental health plan. Gidget Psychologists support new mums and dads living with PNDA or who may have experienced some other forms of perinatal trauma such fertility issues, miscarriage and stillbirth.

The program is underpinned by a basic belief that early detection and intervention are key in ensuring those living with PNDA address the issues with specialist treatment and can go on to live happy and fulfilling lives.

Gidget House is currently looking for qualified, skilled and experienced psychologists who will work within a team under the supervision and guidance of perinatal psychiatrist, Professor Bryanne Barnett.

The people we are looking for understand the value of a person-centred recovery approach, have a can-do attitude, are able to work independently and as part of a team.

Gidget House is open Monday to Thursday from 8am to 7pm, Friday 9am to 3pm and Saturday 9am to 4pm. A range of days/hours is available and the role/s can accommodate school hours or shorter early evening shifts.

Essential selection criteria

- Demonstrated proficiency in comprehensive psychological assessment and evidence-based therapy relevant to parents with perinatal mental health issues
- AHPRA registration and endorsements in psychology
- Demonstrated ability to work within a recovery oriented model, utilising a person/family centred approach
- Demonstrated capacity to work independently under approved professional supervision
- Demonstrated ability to plan and facilitate effective management of a caseload
- Demonstrated high level communication, interpersonal and problem-solving skills
- Proven ability to develop and maintain effective partnerships and linkages with other relevant stakeholders and communities of interest to ensure better outcomes for target group
- Excellent verbal and written communication skills
- Excellent organisational skills with thorough attention to detail
- Computer literacy including sound knowledge and proficiency of Microsoft applications, in particular Word and Outlook.
- Commitment to perinatal mental health

The applicant will need to have

- Registered status as a Clinical Psychologist or Psychologist
- Medicare eligibility
- Valid Police Clearance or Criminal Record Check
- Current first Aid Certificate
- Working with Children Check
- An Australian Business Number
- Current indemnity insurance

Research skills are seen as desirable but not essential.

Remuneration - Medicare rebate

Other benefits

- Career growth and training opportunities in a valuable sector
- Car parking provided at some locations, where required
- Full administration support

Closing date

Open until end Jan 2018

Apply now

Please submit a cover letter with your resume and regular availability to Jacquie Murray at jacquie@gidgetfoundation.org.au Referees will be sought upon short list completion.

The suitable applicant will be subject to the relevant pre-employment checks for appointment to positions at Gidget Foundation Australia.