

Hornsby type 1 diabetes EXPO

Do you have type 1 diabetes? Does one of your family have type 1 diabetes?

The Hornsby type 1 diabetes expo brings together experts from various fields to discuss a range of topics especially important to you.
There will be time to ask questions!

A trade display will allow you plenty of time to talk to the various companies and support groups involved in diabetes management
and see the latest diabetes devices.

11th November 2017 Hornsby RSL Club 9 am—3pm

Cost— Free!

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| 0900 – 0930 | Registration and trade |
| 0930 – 0940 | Introduction to the day. |
| 0940 – 1025
Dr Kirstine Bell | Beyond Carb Counting: Do Protein & Fat Affect Blood Glucose Levels? |
| 1025 - 1050.
Sarah Lam | Navigating Diabetes Distress. |
| 1050 – 1120 | Morning tea Trade |
| 1120 – 1200
Justin Morris | Exercise and type 1 diabetes from a type 1 athlete perspective. |
| 1200 – 1230
Dr Sarina Lim | Type 1 diabetes. Lessons from the EDIC Trial. |
| 1230 – 1250
Assoc Prof Jane Holmes – Walker | The Cure and the role of transplantation in 2017. |
| 1250 – 1300
Sharon Scott Director of Training Paws for Diabetics Inc. | Paws Hypo Dogs. |
| 1300 | Lunch trade display 1500 Close |

Registration is essential! Numbers are strictly limited! Register by contacting:

Deb: 0438 531 086 or Miriam: 9880 9116

Hornsby Diabetes Education Services & the Hornsby Diabetes Support Group