

# **Guide to useful medical internet sites**



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# Medical Internet Sites

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## Introduction

This list of Medical Internet sites has been compiled to assist medical practitioners in their day to day duties. Each site is categorised as *Patient* or *Clinical* (or both), focused to assist in determining who the information is useful for.

Sites are also marked with the HONcode  logo if they have achieved the HONcode certification. The HONcode is a code of ethics that guides site managers in setting up a minimum set of mechanisms to provide quality, objective and transparent medical information tailored to the needs of the audience.

Some of the content in this document is related to the Sydney North Health Network area and as such may only be useful to those in this area. Information in this document may be reproduced; if you use this document as a basis for your own publication please acknowledge the source.

### **Disclaimer:**

The websites linked to in this document are not under the control of Sydney North Health Network, and the Sydney North Health Network does not endorse and is not responsible for any material on, or linked to from these websites.

# Medical Internet Sites

## General patient information

**Health on the Net Foundation:** Patient   
Clinical

[www.hon.ch](http://www.hon.ch)

An important web-site with tool-bar to be able to provide appropriate certification about a site's reliability.

**Health Direct**  Patient   
Clinical

Provides easy access to trusted, quality health information and advice online.

**Quack Watch:**  Patient   
Clinical

Your guide to quackery information and medicine.

**Healthy Skepticism** Patient   
Clinical

Has large data base on issues relating to inappropriate or misleading advertising of medical products or services.

**General Practice Notebook:** Patient   
Clinical


A reliable, concise online encyclopedia.

**Mayo Clinic:**  Patient   
Clinical

Concise patient orientated overview of many disease states.

**Health Insite:**  Patient   
Clinical

Sponsored by the Australian Government, this site incorporates an A-Z of medical topics and appropriate and reliable links.

**myDr:**  Patient   
Clinical

Very comprehensive site of useful resources and animated clips.

**UpToDateInc.:** Patient   
Clinical

Useful, concise fact sheets on numerous medical topics.

**Patient UK:**  Patient   
Clinical


Excellent patient information leaflets.

**Medic8:**  Patient   
Clinical

Comprehensive patient information database.

**Medscape:**  Patient   
Clinical

Huge data base of up-to-date information on all branches of medicine for health professionals.

**Lab Tests on-Line:**  Patient   
Clinical


Very useful resource for patients enabling them better understanding of laboratory tests.

**Drugs.com:**  Patient   
Clinical

Concise patient orientated data base on medications, interactions, pill identifiers, side-effects.

**National Prescribing Service:**  Patient   
Clinical

Good Fact Sheets on Medications importable to Best Practice and Medical Director.

**NSW Clinical Information Access Service ( CIAP ):**  Patient   
Clinical

Provides clinical resources based on evidence based medicine on many aspects of medical care. Available to all doctors, nurses and allied health professionals working within NSW Public health system. A lot of this is available without registration but some needs registration access.

**National Library of Medicine:** Patient   
Clinical

Huge data base of disease states on Medline Plus link.

**Aetna Intellihealth:**  Patient   
Clinical

Comprehensive A-Z medical condition guide reviewed by Harvard Medical School.

**National Guidelines Clearing House:** Patient   
Clinical

Large data base of guidelines.

**National Library of Guidelines (UK):** Patient   
Clinical

Has a link to non-UK organisations.

**National Institute for Health and Clinical Excellence:** Patient   
Clinical

UK NHS site which allows for Google style searching for evidence on treatments of a very comprehensive


# Medical Internet Sites


range of medical topics.

[National Health Medical Research Council:](#) Patient   
Clinical   
Large data base of clinical guidelines.

[Health Translation Online Directory:](#) Patient   
Clinical   
Numerous medical topics and fact sheets in various languages.

[Google Translate:](#) Patient   
Clinical   
Copy and paste documents into appropriate box and automatic translations appear in many languages. Useful for typing out instructions for patients.


[Cleveland Clinic:](#)  Patient   
Clinical   
A wealth of patient information in A-Z format.

[WebMD:](#)  Patient   
Clinical

[It's My Health:](#) Patient   
Clinical   
Comprehensive information for patients managing their medicines and symptoms.

[Science Based Medicine:](#) Patient   
Clinical   
An excellent site that explores some of the issues of alternative medicines.


## Aboriginal and Torres Strait Islanders

[Australian Indigenous HealthInfoNet:](#)  Patient   
Clinical   
It is a comprehensive resource - a 'one-stop info-shop' on all facets of indigenous health for professionals.

## Adolescent health

[NSW Centre for Advancement of Adolescent Health:](#) Patient   
Clinical

## Allergy

[Australian Society of Clinical Immunology and Allergy:](#)  Patient   
Clinical   
Very useful fact sheets and information on all manifestations and treatment of allergic conditions.

[Royal Prince Alfred Allergy Clinic:](#) Patient   
Clinical   
Useful resource material on allergies and intolerances

## Cancer

[Cancer Council of Australia:](#)  Patient   
Clinical

[Cancer Council of NSW:](#) Patient   
[www.cancerCouncil.com.au](http://www.cancerCouncil.com.au) Clinical

[Cancer Treatments Online-eviQ \(Cancer Institute of NSW\):](#) Patient   
Clinical

This is a great local web site on cancer care. Free registration.

[Peter MacCallum Cancer Centre:](#) Patient   
Clinical

Excellent cancer information and links to other reliable cancer information websites.

[Virtual Cancer Centre:](#)  Patient   
Clinical

Excellent data on cancers, drugs  
It is part of [www.virtualmedicalcentre.com](http://www.virtualmedicalcentre.com) giving excellent overview of many diseases, 3D animations. Ignore the ads.

# Medical Internet Sites

[Australian Screening Mammography Decision Aid Trial:](#) Patient   
Clinical

Useful in deciding whether you need to start having mammograms.

[Department of Health and Ageing Cancer Screening Information:](#) Patient   
Clinical

Information on programs available for cancer screening.

[National Cancer Institute:](#) Patient   
Clinical

Very comprehensive guide to various cancers A-Z.

[Leukaemia Foundation:](#) Patient   
Clinical

Excellent resource material for carers, patients and health professionals on a variety of leukaemias and myeloproliferative disorders.

[Lymphoma Australia:](#) Patient   
[www.lymphoma.org.au](http://www.lymphoma.org.au) Clinical

Excellent resource material for patients and carers of lymphoma patients.

[Can Refer](#) Patient   
[www.canrefer.org.au](http://www.canrefer.org.au) Clinical

An excellent site for both professionals and patients on cancer resources in NSW and ACT.

[Cancer Australia](#) Patient   
[www.canceraustralia.gov.au](http://www.canceraustralia.gov.au) Clinical

Another resource for both professionals and patients on cancer resources.

[Breast Cancer Network](#) Patient   
Clinical

Another resource for both professionals and patients on cancer resources.

## Cardiovascular disease

[National Heart Foundation:](#) Patient   
Clinical

Also allows for direct advice via telephone – 1300 36 27 87

[National Stroke Foundation:](#) Patient   
Clinical

[Cardiac Society of Australia and New Zealand:](#) Patient   
Clinical

[Heart Rhythm Society:](#) Patient   
Clinical

Excellent patient and professional educational resources.

[Healthinsite:](#) Patient   
Clinical

Well resourced links to various arrhythmias.

[Arrhythmia Alliance : The Heart Rhythm Charity:](#) Patient   
Clinical

[www.arrhythmiaalliance.org.uk](http://www.arrhythmiaalliance.org.uk)

Excellent site with useful links and information.

[Youtube:- video on pacemakers](#) Patient   
Clinical

Good video on pacemakers.

[Youtube:- video on coronary artery stenting](#) Patient   
Clinical

Good video on coronary artery stenting.

[Youtube: – video on cardiac catheterisation](#) Patient   
Clinical

Good video on cardiac catheterisation.

This is a tool for GP's to explain to patients their heart risk. It is absolutely brilliant and should be a daily working tool for all of us!!

[Stop Afib:](#) Patient   
Clinical



Useful resource for patients and professionals on atrial fibrillation.

[Anticoagulation Europe:](#) Patient   
Clinical

Excellent guideline on coagulation pathways.

## Complementary medicine

# Medical Internet Sites

[US National Library of Medicine and National Institute of Health Medline Plus:](#)

Patient   
Clinical

Good comprehensive information.

[National Health Service –UK:](#)

Patient   
Clinical

Also good comprehensive information on a variety of topics.

[Blackmores Medical:](#)

Patient   
Clinical

Excellent drug interaction guide. Free registration.

## Dental

[Australian Dental Association:](#)

Patient   
Clinical

Some Useful Resources

[WebMD:](#)



Patient   
Clinical

Useful resource material.

## Dermatology

[Australasian College of Dermatologists:](#)

Patient   
Clinical

[Eczema Association of Australasia:](#)

Patient   
Clinical

[New Zealand Dermatological Society:](#)



Patient   
Clinical

Excellent and comprehensive site on skin diseases.

[All about Acne:](#)

Patient   
Clinical

Good patient orientated guide.

[National Psoriasis Foundation:](#)

Patient   
Clinical

[Occupational Dermatology Research & Education Centre:](#)

Patient   
Clinical

Useful site on common occupational dermatoses and their management.

## Drugs and Alcohol

[Australian Drug Foundation:](#)

Patient   
Clinical

[Alcoholics Anonymous:](#)

Patient   
Clinical

[Quit Campaign:](#)

Patient   
Clinical

[National Drug and Alcohol Research Centre:](#)

Patient   
Clinical

[The Right Mix:](#)

Patient   
Clinical

This is a great site from Dept. of Veterans' Affairs for assessment of alcohol consumption and strategies to reduce.

[Drink Wise:](#)

Patient   
Clinical

Outlines excellent strategies especially for parents.

[Australian Drug Information Network:](#)



Patient   
Clinical

Has an excellent, comprehensive quality database for Health Professionals on all aspects of Drug and Alcohol abuse.

## Ear, nose and throat

[Otolaryngology Houston:](#)



Patient   
Clinical

A well ordered comprehensive site on all aspects of ear, nose and throat.

[ENT Information:](#)



Patient   
Clinical

Excellent information for patients on a variety of ENT conditions.

# Medical Internet Sites

## [Dizziness and balance management, Prof Tim Hain](#)

Patient   
Clinical

Excellent resource for patients and GPs.

## Emergency Medicine

## [Emergency Care Institute of NSW](#)

Patient   
Clinical

An excellent NSW site which contains continually updated, highly relevant, peer reviewed clinical, patient and emergency care system relevant information resources.

## Endocrinology

## [Diabetes Australia:](#)

Patient   
Clinical

## [Mendosa: Living with Diabetes:](#)



Patient   
Clinical

Comprehensive patient information data base and links on all aspects of diabetes.

## [Australian Thyroid Foundation:](#)

Patient   
Clinical

## [Andrology Australia:](#)



Patient   
Clinical

Excellent A-Z guide on common male issues and reproductive health.

## [Thyroid Disease:](#)



Patient   
Clinical

Useful and very concise data on all aspects of thyroid disorders.

## [Australian Paediatric Endocrinology Group:](#)

Patient   
Clinical

Provides excellent resource material and links in various facets relating to paediatric endocrinological conditions.

## [National Institute of Diabetes and Digestive and Kidney Diseases:](#)



Patient   
Clinical

Excellent resource base for both Gastro-intestinal and

urological/ renal diseases.

## [WHO Fracture Risk Assessment Tool:](#)

Patient   
Clinical

A very useful online tool for predicting fracture risk.

## [Osteoporosis Australia](#)



Patient   
Clinical

Excellent resource material on all facets of management

## [Diabetes kids and teens:](#)

Patient   
Clinical

[www.diabeteskidsandteens.com.au](http://www.diabeteskidsandteens.com.au)

Good resource material for patients and health professionals on Type 1 diabetes.

## [Diabetes Counselling online:](#)



Patient   
Clinical

[www.diabetescounselling.com.au](http://www.diabetescounselling.com.au)

Excellent resources on diabetes management .Also option for online counselling.

## [Diabetes in General Practice \(RACGP\):](#)

Patient   
Clinical

Comprehensive resource manual on management and assessment of diabetes.

## Gastrointestinal

## [Gastroenterological Society of Australia:](#)

Patient   
Clinical

[www.gesa.org.au](http://www.gesa.org.au)

## [Australia Crohn's and Colitis Association:](#)

Patient   
Clinical

## [Irritable Bowel Information and Support Association of Australia:](#)

Patient   
Clinical

## [The Coeliac Society of Australia:](#)

Patient   
Clinical



# Medical Internet Sites

## [The Wales Day Centre:](#)

Patient   
Clinical

Excellent data base of common gastro-intestinal issues for patients.

## [National Institute of Diabetes and Digestive and Kidney Diseases:](#)



Patient   
Clinical

Excellent resource base for both Gastro-intestinal and urological/ renal diseases.

## Genetics

### [GeneTests:](#)



Patient   
Clinical

Excellent review and resource of common genetic conditions and links to international labs.

### [Centre for Genetics Education NSW:](#)

Patient   
Clinical

Comprehensive fact sheet data base and excellent link for professionals and patients.

### [Human Genetics Society of Australasia:](#)

Patient   
Clinical

Patient   
Clinical

### [Murdoch Children's Research Institute:](#)

Patient   
Clinical

This is an excellent guide on pre-natal testing and common scenarios.

## Geriatrics

### [Guardianship Tribunal:](#)

Patient   
Clinical

Very useful information and downloadable forms.

### [Planning Ahead Tools](#)

Patient   
Clinical

NSW Government site to assist patient and clinicians to making wills, Enduring Power of Attorney, Guardianship, Advanced Care Directives

### [Council on the Ageing NSW \(COTA\):](#)

Patient   
Clinical

Useful resources for the elderly.

### [Advance Care Planning :My wishes program:](#)

Patient   
Clinical

An excellent site on Advance Care Planning with simple, easy to read downloadable documents.

### [Respecting Patient Choices](#)

Patient   
Clinical

Advance Care Directive forms and information.

### [Coordinated Veterans' Care Program:](#)

Patient   
Clinical

This is a most valuable, comprehensive resource for assisting elderly patients with chronic diseases. It has a wide ranging list of links.

### [Aged Care Guide:](#)

Patient   
Clinical

It is a useful working tool for both professionals and the public on numerous aspects of Aged Care Services, Aged Care Facilities region by region. The publication is a useful adjunct to the website. The publication does cost.

### [My Aged Care](#)

Patient   
Clinical

A comprehensive guide to all things relating to aged care and services.

### [Active and Healthy NSW](#)

Patient   
Clinical

Excellent resource and exercise programs for the elderly

## Haematology

### [Australian Red Cross Blood Service:](#)

Patient   
Clinical

# Medical Internet Sites

## [Blood eLearning](#)

Patient   
Clinical

Useful site for professionals on modern day blood management issues.

## Immune system

### [Immunosuppression Screen:](#)

Patient   
Clinical

A good online tool for health professionals allowing them to assess patients risks when embarking a variety of therapies.

## Immunisation

### [Immunise Australia Program:](#)

Patient   
Clinical

Includes Myths and Realities Book and link to Australian Immunisation Handbook and covers schedules and A-Z disease link.

### [National Centre for Immunisation Research and Surveillance:](#)

Patient   
Clinical

### [Immunisation Facts](#)

Patient   
Clinical

A guide to safety concerns for vaccines.

### [National Centre for Immunisation Research and Surveillance :](#)

Patient   
Clinical

An excellent educational resource for parents on the importance of immunization. Excellent videos, Fact Sheets and Links.

### [National Centre for Immunisation Research and Surveillance:](#)

Patient   
Clinical

Excellent resource base of fact sheets for patients and professionals.

## Infectious diseases

### [U.S. Center for Disease Control:](#)

Patient   
Clinical

Excellent data base of diseases A-Z.

### [Infectious Diseases Society of America:](#)

Patient   
Clinical

Large data base of Guidelines by disease state/categories.

### [Northern Territory Government:](#)

Patient   
Clinical

Great database of fact sheets on numerous diseases & conditions.

### [Healthy Pets Healthy People](#)

Patient   
Clinical

A useful tool in guiding optimisation of interaction between pets and people.

## Lifestyle / behavioural

### [U.S National Institute of Ageing:](#)

Patient   
Clinical

Good data base of age related topics/ resources.

### [Navigating self-management:](#)

Patient   
Clinical

Useful guide to improving and implementing self-management strategies in General Practice.

# Medical Internet Sites

## Medico-legal

### ElderLaw

[www.elderlaw.com.au](http://www.elderlaw.com.au)

Excellent resource on common issues facing the elderly and their families / carers.

Patient   
Clinical

## Men's health

### [Men's Health Australia:](#)

Good information, guidelines and very comprehensive list of useful links.

Patient   
Clinical

## Mental health

### [Mental Health Online](#)

"eTherapy" based program either self-help ( free ) or therapy assisted program( at low cost ); an initiative of Swinburne University of Technology and funded by Dept Health and Ageing.

Patient   
Clinical

### [Black Dog Institute:](#)



Very comprehensive site for public and health professionals on diagnostic tools and fact sheets on depression ,bipolar disorder and mood disorder.

Patient   
Clinical

### [Beyond Blue - the National Depression initiative:](#)

Also excellent information on depression, anxiety and bipolar disorder for patients and health professionals.

Patient   
Clinical

### [Centre for Clinical Interventions:](#)

This excellent W. A. site offers information and training modules for a variety of mental disorders.

Patient   
Clinical

### [Royal Australian and New Zealand College of Psychiatry:](#)

Excellent resource of guidelines.

Patient   
Clinical

### [Kids Helpline:](#)

Good support for young people on common conditions. Provides telephone counselling.

Patient   
Clinical

### [Reach Out:](#)

Good support material on a wide range of issues.

Patient   
Clinical

### [Headspace:](#)

Site contains information about Headspace centres and other mental health issues affecting young people.

Patient   
Clinical

### [Blues Pages](#)



### [Gambling Help:](#)

A good site for support of both patients and health professionals.

Patient   
Clinical

Patient   
Clinical

### [Psychological self help:](#)

Very useful book on assisting behavioural changes.

Patient   
Clinical

### [CRUFADclinic:](#)

On-line courses in Depression, Social Phobia, Generalised Anxiety Disorder, Mixed Anxiety and Depression.

Patient   
Clinical

### [Australian Centre for Posttraumatic Mental Health:](#)

Excellent resource base for professionals and patients of this condition.

Patient   
Clinical

### [Beacon:](#)

Useful site for both professionals and patients.

Patient   
Clinical

### [Men's Line:](#)

A very good resource on many aspects of men's health.

Patient   
Clinical

### [Suicide Call Back Service:](#)

An excellent free support service for anyone affected by suicide.

Patient   
Clinical

### [eHeadspace:](#)

Excellent site for young people with mental health issues. It has links to online and telephone counselling.

Patient   
Clinical

# Medical Internet Sites

## [Mind Health Connect](#)

Patient   
Clinical

Pools numerous resources from a variety of different organisations. Fantastic site for both professionals and patients.

## [My Compass](#)

Patient   
Clinical

This is a really good site on mental health with self learning modules on anxiety and depression.

## Musculoskeletal

### [American Association of Orthopedic Surgeons:](#)

Patient   
Clinical

Excellent Resource base for patient information on all sorts of orthopedic issues.

### [Sports Medicine Australia:](#)

Patient   
Clinical

Some useful factsheets and downloadable injury reporting forms.

### [Wheeless' Textbook of Orthopaedics](#)

Patient   
Clinical

Comprehensive textbook on all things orthopaedic.

## Neurology

### [Alzheimers Australia:](#)

Patient   
Clinical

Great resource for patients, carers and doctors on every facet from diagnosis to management.

### [Brain Foundation:](#)

Patient   
Clinical

Excellent A-Z guide common neurological disorders.

### [Headache Australia:](#)

Patient   
Clinical

Good patient orientated guide on headaches and their management.

### [Multiple Sclerosis Australia:](#)

Patient   
Clinical

Good resource on diagnosis, treatment /management options.

### [Stroke Foundation:](#)

Patient   
Clinical

Useful guidelines; good overview on prevention, treatment and educational activities.

### [Parkinson's Australia:](#)

Patient   
Clinical

Excellent guide for patients and carers and some very helpful links.

### [Epilepsy Action of Australia:](#)

Patient   
Clinical

Helpful guide for patients and carers explaining epilepsy types, management and associated lifestyle issues.

### [Children's Epilepsy Resources for Families](#)

Patient   
Clinical

Good resource guide for families of children with epilepsy.

### [Syncope Trust and Anoxic Reflex Seizures\( STARS\):](#)

Patient   
Clinical

An excellent support for patients and carers with good information on how to get appropriate help.

### [Neurological Symptoms Guide](#)

Patient   
Clinical

Excellent resource for a variety of neurological presenting symptoms.

### [Motor Neurone Disease NSW](#)

Patient   
Clinical

Excellent resource for patients who have this condition

# Medical Internet Sites

## Nutrition

### [Dietitians Association of Australia:](#)

Patient   
Clinical

Comprehensive A-Z nutritional guides and self - assessment guides.

### [Food Standards Australia New Zealand:](#)

Patient   
Clinical

Excellent A-Z Fact Sheets.

### [Healthy Weight Guide](#)

Patient   
Clinical

Good overview of methods to achieve healthy eating and exercise.

### [Go for 2 and 5:](#)

Patient   
Clinical

Recipes on how to incorporate 2 servings of fruit and 5 servings of vegetables each day

### [Get Healthy Information and Coaching Service:](#)

Patient   
Clinical

Information on healthy eating and being active.

### [Eating Disorders:](#)



Patient   
Clinical

Families Empowered and Supporting Treatment of Eating Disorders: great resource for families of sufferers of eating disorders.

### [Australian Guide to Healthy Eating](#)

Patient   
Clinical

Superb site for both clinicians and patients with useful guides and calculators to get patients on track.

## Obstetrics and gynaecology

### [Royal Australian and New Zealand College of Obstetrics and Gynaecology:](#)

Patient   
Clinical

Some useful resources and helpful links.

### [Australasian Menopause Society:](#)

Patient   
Clinical

Excellent Fact Sheets, resources, video on menopausal treatments.

### [Jean Hailes Foundation:](#)

Patient   
Clinical

Comprehensive guide on a variety of female conditions for health professionals and patients.

### [ERC Endometriosis Research Center:](#)



Patient   
Clinical

Good presentations and information on this topic.

### [The Royal Women's Hospital:](#)



Patient   
Clinical

Excellent A-Z resource for both Health Professionals and patients on many women's conditions. Has online forum to post questions.

### [Children by Choice](#)

Patient   
Clinical

Useful information

### [The Pregnancy Advisory Centre \(SA\)](#)

Patient   
Clinical

Useful information on pregnancy options.

### [Marie Stopes International](#)

Patient   
Clinical

Useful information on contraception & pregnancy options.

### [Women and Children's Health Network Pregnancy](#)

Patient   
Clinical   
I

Excellent resource for pregnancy management.

# Medical Internet Sites

## Ophthalmology

[Royal Australian and New Zealand College of Ophthalmologists.](#) Patient   
Clinical   
Does have some information on a variety of conditions.

[Glaucoma Australia:](#) Patient   
Clinical   
Good information on various aspects of glaucoma.

[Macular Degeneration Foundation:](#) Patient   
Clinical   
Information on various aspects of the condition and available resources.

[Vision Australia:](#) Patient   
Clinical   
Good resource on all aspects of low vision. Excellent fact sheets.

## Paediatrics

[Clinical Practice Guidelines – Royal Children’s Hospital Melbourne:](#) Patient   
Clinical

[Sydney Children’s Hospital:](#) Patient   
Clinical

[Paediatric Surgery Update:](#) Patient   
Clinical   
Very concise update on numerous paediatric conditions.

## Palliative Care

[ACI Pain Management Network:](#) Patient   
Clinical   
An excellent resource on managing pain.

[DecisionAssist](#) Patient   
Clinical   
[Palliative Care and Advanced Care Planning Support for](#)

## [Aged Care](#)

[Palliative Care Australia:](#) Patient   
Clinical

[PEPA – Program of Experience in the Palliative Care Approach](#) Patient   
Clinical   
Support for Health Professions wanting skills and resources in palliation.

## Parenting

[Raising Children Network-Australian Parenting Website:](#) Patient   
Clinical   
Very thorough parent orientated guide on many conditions.

[Autism Spectrum Disorder](#) Patient   
Clinical   
Very useful information on the condition, available management and support services.

[Mothersafe:](#) Patient   
Clinical   
Useful Fact Sheets on pregnancy and breast-feeding and also links to similar organizations locally and internationally.

[Tresillian Family Care Centres:](#) Patient   
Clinical   
Good Fact sheets on a variety of topics.

[Australian Breast Feeding Association:](#) Patient   
Clinical   
Good Fact sheets on all aspects of breast-feeding.

[Parenting SA:](#) Patient   
Clinical   
Has very useful links to variety of child health sites and also common parenting issues.

# Medical Internet Sites

## Pathology

### [The Royal Australian College of Pathologists:](#)

Patient   
Clinical

Excellent data base of clinical resources.

## Radiology

### [Diagnostic Imaging Pathways:](#)



Patient   
Clinical

Excellent advice on appropriate imaging for various conditions.

### [Insider Radiology:](#)



Patient   
Clinical

This is an excellent site for both health professionals and patients on the most common radiological procedures and relevant background information.

### [Radiological Society of North America](#)

Patient   
Clinical

Excellent radiology resource for patients.

## Renal

### [Kidney Health Australia:](#)

Patient   
Clinical

Excellent database of guidelines.

### [Prostate Cancer Foundation:](#)

Patient   
Clinical

Excellent up-to-date presentations on prostate cancer treatments / guidelines.

### [Urological Society of Australia and New Zealand:](#)

Patient   
Clinical

Excellent data base on variety of urological conditions, cancers, treatments and links to continence foundations.

### [The Continenence Foundation of Australia:](#)

Patient   
Clinical

Excellent data base of available resources for continence issues affecting all age groups.

Gives links to financial assistances.

Also see: [www.bladderbowel.gov.au](http://www.bladderbowel.gov.au).

### [Sydney Urodynamic Centres:](#)

Patient   
Clinical

Excellent resources on various aspects of incontinence.

## Respiratory

### [National Asthma Council:](#)



Patient   
Clinical

Concise and practical database on all facets of treatment and monitoring.

### [Australian Lung Foundation:](#)



Patient   
Clinical

Good information on numerous lung conditions and clinical guidelines and tools.

### [Thoracic Society of Australia and New Zealand:](#)

Patient   
Clinical

Good links to other organizations. Good Fact sheets and professional information on variety of conditions.

### [Sleep Health Foundation](#)

Patient   
Clinical

Has excellent resources on all facets of sleep disorders

### [Australasian Sleep Association:](#)

Patient   
Clinical

Good information sheets on various sleep disorders and links e.g. to Harvard Medical School interactive educational sleep website.

[NSW STI Programs Unit:](#)



Patient   
Clinical

Excellent and comprehensive resource material for all facets of sexual health.

## Rheumatology

[Sjogren's Syndrome Foundation Inc:](#)

Patient   
Clinical

[Australian Rheumatology Association:](#)

Patient   
Clinical

[Arthritis Australia:](#)

Patient   
Clinical

## Sexual Health

[ASHM : Australian Society for HIV Medicine:](#)



Patient   
Clinical

Up-to-date data/ links on treatment of HIV and hepatitis.

[Melbourne Sexual Health Centre](#)

Patient   
Clinical

[NSW STI Programs Unit:](#)



Patient   
Clinical

Excellent and comprehensive resource material for all facets of sexual health.

An excellent site on the management of common STIs.

Has excellent information for both patients and GPs.

[Australian STI Management](#)

Patient   
Clinical

An excellent site on the management of common STIs.

## Sports Medicine

[Australian Sports Drug Medical Advisory Committee](#)

Patient   
Clinical

Useful information and links for both athletes and health professionals

[Australian Sports](#)

Patient

[Commission - Supplements:](#)

Clinical

Useful information for athletes on nutritional supplements.

## Travel

[U.S. Centre for Disease Control:](#)

Patient   
Clinical

Excellent data base of destination requirements and A-Z of diseases.

[WHO travel health site:](#)

Patient   
Clinical

Concise data base of travel requirements/ Fact Sheets/weekly outbreaks.

[Travelvax Clinics:](#)

Patient   
Clinical

Has some good travel information and vaccination advice.

[Travel Health Advisor](#)

Patient   
Clinical

Private organization-subscription based giving very comprehensive health briefs.

[The Vaccine Page vaccine news and Data base:](#)

Patient   
Clinical

Useful information on vaccines and links.

[Australian Department of Foreign Affairs and Trade:](#)

Patient   
Clinical

Concentrates on travel safety information on a country by country basis.

## Vascular

[Society for Vascular Surgery:](#)

Patient   
Clinical

Excellent update, fact sheets and guidelines.

[Specialist Vascular Clinic:](#)

Patient   
Clinical

Although a private vascular clinic, it gives good up-to-date advice on common vascular interventions.



# Medical Internet Sites

## Wound Care

[Australian Wound Management Association:](#) Patient   
Clinical

Useful resources and links to various aspect so wound care.

## Commonwealth

[Medicare Australia:](#) Patient   
Clinical

[Department of Veterans Affairs:](#) Patient   
Clinical

[Department of Health and Ageing:](#) Patient   
Clinical

[Pharmaceutical Benefits Scheme:](#) Patient   
Clinical

[Immunise Australia Program:](#) Patient   
Clinical

Provides links to useful information and publications and Fact Sheets, latest information bulletins, Australian Immunisation Handbook.

[Centrelink Australia:](#) Patient   
Clinical

Good database of forms and publications.

[Australian Institute of Health and Welfare:](#) Patient   
Clinical

Very concise data on many facets of Australian health and welfare. Publications and links.

[Therapeutic Goods Administration:](#) Patient   
Clinical

## State government authorities

[State Insurance Regulatory Authority](#) Patient   
Clinical

Has health professional guidelines and various claim forms.

[NSW Food Authority](#) Patient   
Clinical

It has very useful information on food handling/labelling and 'name and shame' list by localities.

[NSW Roads and Maritime Authority:](#) Patient   
Clinical

Has useful section for downloadable forms (see link to Publications, Statistics and Forms).

[Austroads:](#) Patient   
Clinical

Useful information on assessing fitness to drive.

[Department of Family & Community Services](#) Patient   
Clinical

Good list of links relating to services, the elderly and publications.

[Insurance & care NSW](#) Patient   
Clinical

[Keep Them Safe:](#) Patient   
Clinical

Useful site on updated Mandatory reporting requirements and child protection.

## Community

[Northern Beaches Disability Services](#) Patient   
Clinical

Comprehensive database on disability and community services.

[Manly Warringah Pittwater Community Aid Service:](#) Patient   
Clinical

Provides brief summary and contact details of services –transport/home modification services/social contacts.

[Community Care Northern Beaches:](#) Patient   
Clinical

Excellent overview of available services and links to other aged care and disability sites.

# Medical Internet Sites

**MWP Community Transport:** [www.mwpct.org.au](http://www.mwpct.org.au)  
Useful resource - available transport facilities/options.

Patient   
Clinical

**[Northern Sydney Carer Support Service:](#)**

Patient   
Clinical

Excellent resource for patients, professionals and carers.

**[Sydney Drug Education & Counselling Centre Support Service:](#)**

Patient   
Clinical

Some good resources for patients and families of patients experiencing drug addiction.

## Organisations

**[Australian Practice Nurses Association](#)**

Patient   
Clinical

Useful resources for practice nurses on a wide variety of topics. Nurse needs to be registered with this association.

**[Royal Australian College of General Practitioners:](#)**



Patient   
Clinical

Excellent site with copy of important Guidelines- Red Book, Standards for General Practice/ General College information and services.

**[Medical Board of Australia:](#)**

Patient   
Clinical

**[Primary Health Care Research and Information Service PHC RIS:](#)**



Patient   
Clinical

Good resources/data on state of Primary Care throughout Australia.

**[Australian Digital Health Agency](#)**

Patient   
Clinical

Important information on a variety of e-Health initiatives.

## Medical journals

**[Australian Doctor:](#)**

Patient   
Clinical

Good archive section on How to Treat and Common Sense Pathology. Latest news.

**[Medical Observer:](#)**

Patient   
Clinical

Good data base of guidelines and patient handouts.

**[Australian Prescriber:](#)**



Patient   
Clinical

Excellent subject index, support organisations.

**[Pulse+IT Magazine:](#)**

Patient   
Clinical

Useful information on various aspects of technology in health industry; back-issues available.

**[Medicine Today](#)**

Patient   
Clinical

**[Australian Family Physician:](#)**



Patient   
Clinical

A useful database for this journal articles and back issues.

**[6minutes:](#)**

Patient   
Clinical

Easy to read day-to-day overview of topical issues in medicine

## Technology

**[General Practice Computing Group:](#)**

Patient   
Clinical

Very useful information on using, maintaining security of computer systems in general practice.

# Medical Internet Sites

## Canning Extraction Tool

Patient   
Clinical

Excellent resource for data extraction.

## Directories

### [Medical Specialists Directory:](#)

Patient   
Clinical

Useful online specialist directory covering all states.

### [National Health Services Directory](#)

Patient   
Clinical