### Usual Pregnancy Tests to Expect

<table>
<thead>
<tr>
<th>Week</th>
<th>Where</th>
<th>What to Expect</th>
</tr>
</thead>
</table>
| < 10 weeks    | GP             | • Confirm pregnancy.  
                        • Routine blood and urine tests. Ask GP to provide hardcopy of pathology results for 1st antenatal clinic visit.  
                        • Dating scan if required.  
                        • Contact booking-in clinic. |
| 11 - 13.6 weeks | Ultrasound     | • Nuchal Translucency screen + biochemistry. |
| 11.5 - 14 weeks | GP             | • Review NT screen & all results.  
                        • Influenza vaccination. |
| 14 weeks      | Booking-in Clinic | • 1st Hospital Antenatal Clinic visit with Midwife. Take hard copy of pathology results provided by your GP. |
| 16 weeks      | Antenatal Clinic | • Hospital Antenatal Clinic visit or notes review. |
| 18 - 19 weeks | Ultrasound     | • Morphology ultrasound. |
| 20 weeks      | GP             | • Review ultrasound result.  
                        • Routine visit. |
| 24 weeks      | GP             | • Routine visit. Obtain request forms for oral glucose, FBC and Rh D tests. Results needed at the 28 week clinic visit.  
                        • Discuss signs of preterm labour. |
| 28 weeks      | Antenatal Clinic | • Routine visit.  
                        • Rh D immunoglobulin immunisation if Rh negative. |
| 31 weeks      | GP             | • Routine visit.  
                        • Pertussis immunisation. |
| 34 weeks      | GP             | • Routine visit. |
| 36 weeks      | Antenatal Clinic | • Routine visit (Rh D immunoglobulin immunisation if Rh negative).  
                        • Low vaginal swab for Group B Streptococcus.  
                        • Discussion re signs of labour + birth plan. |
| 38 and 39 weeks | GP             | • Routine visit (39 weeks optional for 2nd and subsequent babies). |
| 40 weeks      | Antenatal Clinic | • Arrange and discuss ANC visit at 41 weeks - Induction of labour. |
| 41 weeks      | Antenatal Clinic | • Routine visit + fetal assessment + plan for induction of labour. |
| Up to 6 weeks postnatal | GP | • Review summary of labour/ puerperium sent by hospital  
                        • Assess mother  
                        • Assess baby |

**Note:** This timeline is a guide only, there may be variations between hospital clinics.

### SAC Contacts

**GP Phone:**

**Antenatal Booking Offices:**

- Hornsby Ku-ring-gai: 9477 9254
- Northern Beaches - Manly: 9976 9727
- Northern Beaches - Mona Vale: 9998 0712
- Royal North Shore: 9463 2378
- Ryde: 9858 7549

**Antenatal Clinic Phone:**

**Contact Us**

**Address:** Level 1, Building B, 207 Pacific Highway, St Leonards NSW 2065

**Post:** PO Box 97, St Leonards NSW 1590

**Phone:** (02) 9432 8250

**Fax:** (02) 8088 4770

**Email:** admin@snhn.org.au

**www.snhn.org.au**

Sydney North Primary Health Network is supported by funding from the Australian Government under the PHN Program.
What are the advantages of GP Shared Antenatal Care?
Choosing GP Shared Antenatal Care enables you to:
• Have most of your antenatal appointments with your Doctor at a time convenient to you, and
• Still have access to specialist care at the hospital.

How does GP Shared Antenatal Care work?
Your check-ups will be shared between your Doctor’s surgery and the Hospital Antenatal Clinic.

How do I choose GP Shared Antenatal Care?
As soon as you know you are pregnant, let your Doctor know which antenatal care option you would prefer. If you choose GP Shared Antenatal Care, you still need to book in for the birth of your baby with your nearest hospital as soon as the pregnancy is confirmed (6-8 weeks after the last menstrual period.)

What is an Antenatal Care Record Card?
When you commence GP Shared Antenatal Care, your Doctor will give you a yellow Antenatal Care Record Card. It is important that you take this with you to all your visits to your doctor and the Hospital Antenatal Clinic as it contains important information about how your pregnancy is progressing.

Usual baby and mother checks
Your Doctor will be providing most of the routine baby checks and immunisations for your baby. GP Shared Antenatal Care can help establish a good relationship with your Doctor for you, and your baby’s future medical needs.