

## GP Education

# All in the Mind

*an active learning module featuring case studies, presentations and role plays*

The Northside Group proudly present an active learning module in mental health. The themes included in this ALM have been developed after reviewing previous GP feedback, participating GP's topic suggestions and discussion with contributing specialists. Please join us for case discussions, role plays and developing care pathways with our expert team  
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### TOPICS & LEARNING OUTCOMES TO INCLUDE:

#### **Peri Natal Mental Health**

*Dr Nicole Burston, Psychiatrist*

- Recognise risk factors for perinatal depression and psychosis
- Undertake a psychiatric assessment of pregnant women and of women in the postpartum period and implement a care pathway for treatment

#### **Child and Adolescent Mental Health**

*Dr Mohsen Mirzaie, Psychiatrist*

- Identify the main differences in Mental Health assessment between adults and adolescents.
- Develop a collaborative safety plan with a teenager and their family when dealing with a suicidal adolescent

#### **Mindfulness for GPs**

*Ms Katrina Marchant, Clinical Psychologist*

- Develop mindfulness techniques for looking after your own mental health

#### **Adult Anxiety**

*Dr Matt Hannon, Psychiatrist*

- Understand the different types of anxiety disorders, contributing factors and successful treatment options
- Identify a systems approach to the safe management and follow up of people with anxiety disorders

#### **Patients You Love to Hate**

*Dr Joe Dunn, Psychiatrist*

- Describe the emotional reactions patients induce in you and what it means
- Engage with patients who are internet-educated and opinionated

**Application pending 40 Category 1 points**

*It's easy to register*

**Register online** [www.northsidegroup.com.au](http://www.northsidegroup.com.au)

**Email** [CorryL@ramsayhealth.com.au](mailto:CorryL@ramsayhealth.com.au)

**Call** Louisa Corry on 02 9433 3521

### WHEN

**8.30am-4.00pm**

**Saturday, 2 September 2017**

### WHERE

Hotel Urban Sydney  
194 Pacific Highway  
(Cnr Bellevue Ave),  
Greenwich NSW 2065

