

## Managing your child's My Health Record

### What

Parents can create, access and manage their child's My Health Record



My Health Record is a secure online summary of an individual's health information. You can choose to share your child's health information with doctors, hospitals and other healthcare providers.

### Why

My Health Record helps parents keep a track of their child's health, including:



- ✓ immunisations
- ✓ developmental milestones
- ✓ healthcare provider or hospital visits
- ✓ medications
- ✓ and other important medical information.

Parents can also record notes and set access and privacy controls.

### How

You can create a My Health Record for your child in one of four ways:



1. Go to [www.myhealthrecord.gov.au](http://www.myhealthrecord.gov.au)
2. Ask staff at your local general practise to register you
3. Call our Help line on 1800 723 471
4. Visit a Medicare Service Centre

As Authorised Representatives parents can view, upload, and delete documents, and cancel their child's My Health Record.

You can also set privacy and access controls, and add others to view your child's My Health Record.

### When

You can create a My Health Record for your child at any time up to 18 years of age



Note: if your child wishes to manage their own My Health Record and is capable of managing their own digital record, they can apply to do so by visiting a Medicare Service Centre.

### Do you live in a trial area?

If your child lives in Nepean Blue Mountains or Northern Queensland, you will not need to create a My Health Record as they may have had one automatically created for them. You can access your child's record online by visiting:

- [myhealthrecord.gov.au](http://myhealthrecord.gov.au) or
- [my.gov.au](http://my.gov.au)

### What is an Authorised Representative?

In the My Health Record system someone who is managing a My Health Record on someone else's behalf is called an Authorised Representative. For people under 18 years of age an authorised representative can be a person with parent responsibility, or if there is no person with parental responsibility, a statutory or court-appointed person, or some other appropriate person.

## For more information

For more information on registering or accessing a My Health Record visit: [myhealthrecord.gov.au/stepbystep](http://myhealthrecord.gov.au/stepbystep)

For more information on setting privacy controls visit: [myhealthrecord.gov.au/privacy](http://myhealthrecord.gov.au/privacy)

For more information on Authorised Representatives visit: [myhealthrecord.gov.au/parentsandcarers](http://myhealthrecord.gov.au/parentsandcarers)

## Inviting others to view your child's My Health Record

### What

Inviting a Nominated Representative to your child's My Health Record



Parents can invite others involved in their child's care, like a family member, friend, or carer to be a Nominated Representative on their child's My Health Record.

My Health Record is a secure online summary of health information. You can choose to share your child's health information with doctors, hospitals and other healthcare providers.

### Why

Important health information can be accessed when in the care of others



Parents can add a Nominated Representative so that their child's important health information can be accessed when they are in the care of others, including fast access to health information in an emergency.

### How

A Parent can add a Nominated [my.gov.au](https://my.gov.au) Representative to their child's My Health Record by visiting [myhealthrecord.gov.au](https://myhealthrecord.gov.au) or [my.gov.au](https://my.gov.au)



Nominated Representatives can manage a My Health Record in three ways:

1. **Full access:** The Nominated Representative can view, edit, upload and delete information, but cannot cancel the My Health Record.
2. **Restricted access:** The Nominated Representative can view all documents including those you have marked as restricted.
3. **General access:** The Nominated Representative can view all documents except those that you have marked as restricted.

Note: Nominated Representatives access your child's record with a Personal Access Code (PAC).

### When

You can register your child at any time up to 18 years of age.



Note: all Authorised Representatives and Nominated Representatives are automatically removed from the record when your child turns 18.

### What is a Nominated Representative?

In the My Health Record system someone who is able to access another person's My Health Record is called a Nominated Representative. For people under 18 years of age a nominated representative is appointed by the child's Authorised Representative, usually a parent.

### For more information

For more information on registering or accessing a My Health Record visit: [myhealthrecord.gov.au/stepbystep](https://myhealthrecord.gov.au/stepbystep)

For more information on setting privacy controls visit: [myhealthrecord.gov.au/privacy](https://myhealthrecord.gov.au/privacy)

For more information on Nominated Representatives visit: [myhealthrecord.gov.au/parentsandcarers](https://myhealthrecord.gov.au/parentsandcarers)