

## GP Shared Antenatal Care Protocol

Gestation	Provider	Action
<b>Please ensure women book at 6-8 weeks for their 14 week ANC appointment</b>		
< 10 weeks	GP (1 or 2 visits)	<ul style="list-style-type: none"> <li>• Confirm pregnancy. Discuss options of care. Healthy pregnancy advice.</li> <li>• Consider dating scan if applicable (optimal around 8/40)</li> <li>• Full history and assess suitability for shared care               <ul style="list-style-type: none"> <li>- general/obstetric/gynaecological</li> <li>- depression risk factors - past history of depression, lack of social support, recent life stressors, drug and/or alcohol abuse, domestic violence.</li> </ul> </li> <li>• Pap smear (if nil in last 2 years)</li> <li>• <b>Arrange pathology tests with appropriate counselling</b> <ul style="list-style-type: none"> <li>- FBC</li> <li>- Rubella serology</li> <li>- HepB surface antigen</li> <li>- MSU</li> <li>- Blood group &amp; antibody screen</li> <li>- TPHA</li> <li>- HIV +/- Hep C</li> <li>- Varicella IgG</li> </ul> </li> <li>• <b>HbA1c for women with:</b> <ul style="list-style-type: none"> <li>- previous diabetes in pregnancy</li> <li>- previously elevated blood glucose</li> <li>- polycystic ovarian syndrome</li> <li>- Family history DM or sister with GDM</li> <li>- pre-pregnancy BMI &gt;30kg/m<sup>2</sup></li> <li>- Previous macrosomia (baby with birth weight &gt;4500g or &gt;90<sup>th</sup> centile)</li> <li>- medications: corticosteroids, antipsychotics</li> </ul> </li> <li>- maternal age ≥40</li> <li>- Ethnicity Asian, Indian subcontinent, Aboriginal, Torres Strait Islander, Pacific Islander, Maori, Middle Eastern, non-white African</li> <li><b>Results</b> &lt;5.4% no further action, 75g oGTT at 24-28 weeks ≥5.4% GDM, refer to GDM Care at booking hospital</li> <li>• <b>Genetic Counselling</b> at risk women inc <u>35+ years</u></li> <li>• Nuchal translucency counselling and referral</li> <li>• Referral for morphology U/S</li> <li>• Refer to Booking Clinic. <b>GP to provide patient with hardcopy of pathology results for 1<sup>st</sup> antenatal clinic visit</b></li> </ul>
11 - 13.6 weeks	Ultrasound	<ul style="list-style-type: none"> <li>• Nuchal Translucency screen + biochemistry</li> </ul>
11.5 - 14 weeks	GP	<ul style="list-style-type: none"> <li>• Review with woman / couple &amp; all results</li> <li>• Influenza vaccination</li> </ul>
14 weeks	Antenatal Clinic	<ul style="list-style-type: none"> <li>• 1st Hospital Antenatal Clinic visit with Midwife</li> </ul>
16 weeks	Antenatal Doctor's Clinic	<ul style="list-style-type: none"> <li>• Hospital Antenatal Clinic visit or notes review</li> </ul>
18 - 19 weeks	Ultrasound	<ul style="list-style-type: none"> <li>• Morphology ultrasound</li> </ul>
20 weeks	GP	<ul style="list-style-type: none"> <li>• Review 18/40 U/S Result</li> <li>• Routine visit               <ul style="list-style-type: none"> <li>- blood pressure</li> <li>- fundal height (symphysis to fundus in cms)</li> <li>- fetal movements</li> <li>- fetal heart sounds</li> </ul> </li> </ul>
24 weeks	GP	<ul style="list-style-type: none"> <li>• Routine visit</li> <li>• Discuss signs of preterm labour</li> <li>• <b>Arrange for 26-28 weeks</b> (with copy of results to ANC):               <ul style="list-style-type: none"> <li>- repeat Hb</li> <li>- repeat antibody screen (if Rh negative)</li> <li>- 75 gram oGTT (0, 1 and 2 hour)</li> </ul> </li> </ul>
28 weeks	Antenatal Clinic	<ul style="list-style-type: none"> <li>• Routine visit</li> <li>• Rh D immunoglobulin immunisation if Rh negative</li> </ul>
31 weeks	GP	<ul style="list-style-type: none"> <li>• Routine visit</li> <li>• Pertussis immunisation (if not administered at 28 week antenatal clinic visit)</li> </ul>
34 weeks	GP	<ul style="list-style-type: none"> <li>• Routine visit + Discuss Low Vaginal Swab</li> <li>• <u>Confirm 36/40 ANC visit</u></li> <li>• Repeat Hb if previous &lt;105 (with copy of results to ANC)</li> </ul>
36 weeks	Antenatal Clinic	<ul style="list-style-type: none"> <li>• Routine visit (Rh D immunoglobulin immunisation if Rh negative)</li> <li>• Low vaginal swab for Group B Streptococcus</li> <li>• Discussion re signs of labour + birth plan</li> </ul>
38	GP	<ul style="list-style-type: none"> <li>• Routine visit</li> </ul>
40 weeks	Antenatal Clinic	<ul style="list-style-type: none"> <li>• Arrange and discuss ANC visit at 41/40 - Induction of labour</li> </ul>
41 weeks	Antenatal Clinic	<ul style="list-style-type: none"> <li>• Routine visit + fetal assessment + plan for induction of labour</li> </ul>
D/C - 6 weeks postnatal	GP	<ul style="list-style-type: none"> <li>• Review summary of labour/puerperium sent by hospital</li> <li>• Assess mother - BP/PV/PAP/Contraception/Pelvic Floor Health/Breast Check</li> <li>• Assess for PND/EPDS</li> <li>• Assess baby</li> </ul>