The first placebo-controlled trial of opioid analgesia for acute spinal pain

**What is the Study Treatment Period?**
- Up to 6 weeks

**Which Patients?**
- Acute Low Back Pain and/or Neck Pain
- Pain duration no more than 12 weeks

**What Treatment?**
- Oxycodone/Naloxone (Targin®) up to 20mg/day VS placebo for up to 6 weeks

**What are the Study Aims?**

**Primary:** Does short course oxycodone reduce pain severity in acute low back pain or neck pain?

**Secondary:** Improvement of physical functioning and quality of life, global improvement, time to recovery, tolerability, cost effectiveness, and opioid misuse

**What’s involved for GPs?**
- Initial training session with OPAL study researcher

**For Each Participant:**
- Screening/Baseline visit:
  - Explain study → Obtain consent → Initial prescription
  - Follow up appointments every week for up to 6 weeks
  - Assess participant → Guideline care/advice → Prescription if required

**What’s involved for Patients?**
- Collect study medication from an affiliated nearby pharmacy
- Take study medication daily for up to 6 weeks
- Follow up visits to GP every week for up to 6 weeks
- Complete a baseline questionnaire by phone with a George Institute researcher (30 mins)
- Complete a daily pain & medication diary until recovery or for a maximum of 12 weeks (1 min)
- Complete a phone or online questionnaire with a George Institute researcher at 2, 4, 6 weeks and 3, 6, 12 months (15min)